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VOLUME 7, ISSUE 5

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Downtown Living

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www.RaleighDowntowner.com

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features

- 3. Downtown Living
- 22. Where's it @?
- 22. Kickball Anyone?
- 24. Local History: The Sesquicentennial—Raleigh in North Carolina's Secession

arts & entertainment

- 12. @Art: CAM Lives!
- 21. Art to Wear

food & wine

- 8. Let's Do Lunch: Ruben's Downtown
- 17. The Many Faces of Sauvignon Blanc
- 18. Triangle Dining: Margaux's Restaurant

business

- 25. Downtown Snapshot From the Downtown Raleigh Alliance
- 27. Designing Great Places: Cultural Landscape Matters

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Puzzle answers from page 26

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If you have suggestions for another location where you'd like to see the Downtowner, email us at delivery@raleighdowntowner.com. We love hearing from our readers!

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 Morning Times
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 Capital City Club lounge
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 The Pit Restaurant
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 Q Shack (North Hills)
 Glo de Vie Medspa (North Hills)
 Whole Foods

DOWN TOWN Living

BY CHRIS MOUTOS

Since our first issue almost six years ago, downtown Raleigh has continued to grow and evolve, faster than almost every other city in America. A little over a year ago, I wrote in another article that prosperous downtowns fill their entire community with energy and life and are the measure of a healthy city. Even with the economic woes encountered since 2008, our city center seems to continue to grow as a cultural, economic, governmental, and social epicenter for the region. Although the growth in these areas may not be as vigorous as hoped in the past few years, we still have cranes in the sky and lights fill the night, giving downtown a twinkling glow atop the activity below on its streets and in its homes. Everyone has a different idea of the geographic area that is considered downtown depending on the organization or person compiling data, but we include both downtown proper (city center), Glenwood South, Cameron Village, Seaboard, and Five Points. According to the Raleigh Chamber of Commerce, at the end of the third quarter of 2010 there were approximately 2,229 businesses located downtown with approximately 38,848 employees. The residential population was about 9,492. Fortunately, our downtown continues to grow and is making a unique identity that is desirable to prospective companies and residents moving into the area.



The Districts

There are several locations to choose from when selecting a place to live downtown, with your choice perhaps reflecting your lifestyle. The easiest way to divide downtown is in districts: Glenwood South, Warehouse, Capital, Moore Square, Fayetteville Street (or Center City) as well as the contiguous areas of Cameron Village, Glenwood-Brooklyn, Chavis, Mordecai, Oakwood, and Boylan Heights. Whether you prefer to buy or rent, all of the districts provide a variety of housing from single-family to multi-family in varying price ranges. Our downtown renaissance has created many choices in living, dining, entertainment, shopping, schools, employment, arts, and culture.

Navigating between the districts to enjoy what each has to offer is simple and pedestrian-friendly. **Glenwood South District** is a bustling area and is best known for its multitude of dining and nightlife options from early day until the late hours of morning. Nightlife, restaurants, salons, and shopping are plentiful in this vibrant area. It's probably not the quietest of the districts, but does have several housing options. There are apartments and low-, mid- and high-rise condominiums as well as a few smaller homes. The adjacent Cameron Village and Glenwood-Brooklyn areas offer a variety of housing including single-family homes, duplexes and apartments.

The **Warehouse District** is just south of Glenwood Avenue and is still in revitalization, but finding a creative niche. There are clubs and restaurants in the area and is fast becoming an arts district with the opening of the Contemporary Art

Museum, 311 Galleries, the relocation of Flanders from Seaboard Station, and the new home of the Visual Art Exchange moving from City Market. The Warehouse District is also home to the outdoor Raleigh Amphitheater and The Depot, a renovated 100+ year old train station that offers dining and entertainment as well as a dedicated beer store coming later this summer. This district has limited residential offerings but does have some condominium options.

The **Fayetteville Street and Moore Square Districts** offer a wide variety of activities. These central districts offer plenty of daytime destinations and lunch spots. In the evening, it's easy to grab a bite to eat, dance, have a drink and listen to your favorite band, stroll through Artspace, catch a movie at Marbles IMAX, or enjoy a play, ballet or symphony at one of the theaters in the Progress Energy Center for Performing Arts. His-



toric City Market is located in this district and its cobblestone streets offer a unique dining and shopping experience. Condominiums prevail in this area and offer some of the first multi-family living spaces built in downtown. The City Plaza in downtown's center is a popular location for many community events, festivals, exhibitions, >>>





the Winterfest Ice Skating Rink, and the weekly downtown Raleigh Farmers Market.

The quieter **Capital District** is known for its museums and official legislative capacity for North Carolina. Green Square opens in autumn and promises to be a one-of-a-kind experience for children and adults featuring museum space, a research center, offices, and the new SECU tower. Bicentennial Mall across from the legislative complex is always a popular spot for kids' visits from all over the state. The Capital district is a bit more limited in housing options, but Blount Street Commons is underway with the renovation of magnificent historical homes as well as new townhomes and carriage houses. The adjacent historic Oakwood and Mordecai neighborhoods offer urban dwellers the option of living in single-family homes—many over 100 years old—in a downtown setting that is very pedestrian-friendly and within walking distance of downtown's center.

Whether you live downtown or come to work, dine or be entertained, the progression of vitality and energy is exciting. The evolution of our city core is helping to create a name for Raleigh, with the City of Oaks garnering a top spot in many national "best of" lists. Let's keep dreaming and growing, and keep those accolades coming.

We reached out to some of our great readers to tell us where they live and what they like best about their neighborhood and downtown living.



**Trish and John Healy,
Owners Hyde Street Holdings**

Neighborhood: Oakwood Having moved from San Francisco to Raleigh about five years ago we are always asked "Why?" While the full answer is complicated, the bottom line is that we wanted to move to the Triangle region and to Raleigh in particular. We like the spirit, diversity, universities and all the downtown activity. Since moving here Fayetteville Street has re-opened, the Convention Center and amphitheater have attracted significant downtown activity and we have many great restaurants in the area.

Raleigh and the Triangle remind me a lot of San Francisco. Ok...before you think I have lost my mind, consider my reasons: entrepreneurial spirit fostered by great universities, a business community that retains a large percentage of local

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graduates, cultural activities are many and varied, and a climate that accommodates outdoor activities year round.

We live in Oakwood and could not be more excited about the area. Neighbors are welcoming, community spirit is very strong and there are endless ways to both socialize and contribute. Every year there is the Candlelight Tour which brings thousands of visitors to Oakwood. Activities in our neighborhood include a monthly neighbor social, Christmas parade, pig pickin', garden tour, and jazz picnic in our community park. I think you get the picture of how great our neighborhood is.

One of the great pleasures of living in Oakwood is sitting on our porch with our beagle Barclay and having a glass of wine with neighbors or just watching the neighborhood activity while savoring the great southern smells of the four seasons.

April Stroth, Writer and Art Gallery Owner

Neighborhood: Southeast Raleigh Yes, absence does make the heart grow fonder. I returned to downtown Raleigh on April 18th shortly after receiving an alarming phone call notifying me that my home of eight years in downtown Raleigh had all but been destroyed by a tornado.

I have lived in downtown Raleigh for nearly



thirteen years. Due to my affinity for travel and my career choices, I often find myself away from home. Having lived downtown in some short or long stint in most of the major cities in the United States (and many abroad), I always feel delighted when I return to see the beauty and progress of Raleigh. Anyone who lives here should be grateful to call the City of Oaks home.

The kindness of the residents of our city is above any other. Living in Southeast downtown is like having a beautiful garden block party every day. When I need tunes, I stop by Mr. Freeze, when I need a pretty dress for a Saturday night, I swing by Citi Trends, and the best New York style pizza hands down is around the corner at Frank's. And there's not a better butcher or friendlier place to be than Larry's Supermarket.

I know all of my hard-working, horticultural, Baptist, multi-cultural, mixed-race, soul-swingin', funk-loving, rock-n-roll neighbors, and I have watched their kids grow up, and their parents age.

The progress that has been made in the way of arts, technology, and innovation is amazing. Yet, we still maintain a small town culture. I am proud to be a resident of downtown Raleigh, and when I am away, I miss this fair city, the opportunities, and the positive community spirit dearly.

Rainey Ashcraft, Fitness Trainer at O₂ Fitness

Neighborhood: Fayetteville Street I moved here to attend NC State fell in love with the city. I love how downtown has a great mix of old and new architecture. It's really cool to see a lot of new construction using contemporary design nestled in areas mixed with older historic buildings. I also love the neighborhood feel and how downtown still has a comfortable small town charm. Though we live in a fairly large city, I sometimes I still feel like I'm in the smaller town I grew up in. I love walking through my neighborhood in the center of Fayetteville Street with countless restaurants, shops, parks, gyms, and other amenities all within a few blocks.

The feel of downtown Raleigh is unique compared to other downtown areas I've visited. >>>



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There is a buzz around town and certain feeling of growth with new things to come.

State Representative Deborah Ross

Neighborhood: Boylan Heights I love living in downtown Raleigh because I can reside in an historic neighborhood and walk to great restaurants and galleries, the new Contemporary Arts Museum, the amphitheater, and First Friday venues. A perfect Saturday morning is walking with my husband and our dog from Boylan Heights up Glenwood Avenue to Fred Fletcher Park. And now we can stop at the Farmer's Market by the Boylan Bridge on the way home for fresh local items.



It is also great to live so close to the NC General Assembly and my law office. Seaboard and the neighborhoods just north of downtown have some fun new restaurants and shops, in addition to special places like Logan's and the Person Street Pharmacy. We have a wonderful community in downtown.

Chris Moutos, Office Manager at Raleigh Downtowner Magazine and City of Raleigh Human Relations Commissioner

Neighborhood: Glenwood South Prior to moving into downtown Raleigh in 2004, I lived in a suburban and almost rural area just beyond what is considered north Raleigh. I came to downtown Raleigh for work-related matters often but never really considered living here. One day I simply got tired of my daily commute and decided it was time to move closer. After looking for over a year, I stumbled across the uniqueness of the downtown Raleigh residential scene. Just a couple of weeks after moving, I felt like I had come alive again. My



dogs even love the activity and lights (not to mention the many different scents). Living downtown offers me the ability to walk just about everywhere. Its central location to major thoroughfares and roads makes it a snap to get anywhere in the Triangle in just a few minutes. I live just a short walk from over 160 restaurants and I can shop along the unique shops on Hargett, Martin and Glenwood plus those in Cameron Village. The theater, symphony and nightlife are right at my doorstep. I have to admit, I love all the lights and noises that come with urban living.

City Council Member at-large Mary-Ann Baldwin

Neighborhood: Capital District I like the energy that comes from an urban environment like downtown Raleigh. I like to be able to walk to restaurants and events instead of having to get in my car. I enjoy the sense of community and the connectivity to downtown neighborhoods such as Oakwood, Cameron Park and Boylan Heights and I like to be in the middle of all the great things happening in our City—the ballet and symphony, the amphitheater, the arts, events, and now our new Contemporary Art Museum. It suits my lifestyle and Raleigh gives us a great quality of life.



Nancy McFarlane, Raleigh City Council, Mayoral candidate

I have lived in Raleigh for 27 years. I have raised a family, and started and grown a business here. During that time, Raleigh has experienced a lot of growth and change. We have seen Raleigh emerge as a place that consistently tops the rankings of "Best Places to Live," "Best Places for Business," and "Best Places to Raise a Family."

Over the past several years, downtown Raleigh has experienced a great revitalization. From the re-opening of Fayetteville Street to automobile traffic to the building of the Convention Center, downtown has truly become a fantastic place to live, work and play. It's been great to see all of the small businesses and local restaurants opening up downtown, and I plan to continue doing whatever I can to help these small business owners succeed.

I enjoy the energy that events such as First Friday bring to downtown. It's great to see so many people enjoying the art galleries, restaurants, and parks. With the incredible amount of creative talent here, we have unlimited potential in our city and especially downtown. I can't wait to see what's next!

Lisa Grele Barrie, North Carolina Theatre President & CEO

Neighborhood: Historic Oakwood When our family moved to Raleigh from Michigan in 2002 and



began the search for a new home, it became clear right away that we were destined to live downtown and we happily settled in the Oakwood neighborhood. Perhaps it was the Oakwood newsletter nestled in the small display case that got my attention—a newsletter, in a neighborhood—that's for me! As an avid gardener, I was enthralled and amazed by the colors and fragrances of that first visit. For my husband, who is an architect, the prospect of bringing a 100-plus-year-old home back to life was enticing. My two young boys found a pack of neighborhood boys close by and settled right into skateboarding and biking adventures.

The downtown community is second to none for building community. There are a number of ways to participate and be a part of the community fabric. And what a colorful, beautiful fabric it is! I would like to see more retail downtown including a bookstore, grocery store and better public transportation. Every year, our roots run a bit deeper and we celebrate our timely decision to move to Raleigh, North Carolina.

Mayor Charles Meeker

Neighborhood: Boylan Heights I moved to Boylan Heights in 1975 and it was a great decision! Boylan Heights is an eclectic and innovative downtown community—yet very family-friendly. I enjoy being able to walk to work and bumping into all of the friendly people on the streets. Boylan Heights just started a small farmer's market on Saturday mornings and it's a fun way to start the day.

I'm pleased that downtown has added more performance spaces and I would love to see a few more performing arts spaces opened up. We have been fortunate to have large-scale multi-family communities built, but I would



like to see some smaller apartment buildings that provide a sense of place. We are lucky to have large corporations show interest in our city's core and that we have projects such as Stanhope Village to look forward to in the near future.

**Ann-Cabell Baum Anderson,
President The Glenwood Agency**

Neighborhood: Warehouse District I don't just like living Downtown, I LOVE IT!! It's hard not to love the people we have downtown with all the walks of life and diversity they bring. I'm a longtime Downtowner, coming here after I graduated from NC State. After five years in the Hayes Barton/Five Points area, we moved back downtown. Every time I walk outside our condo at The Dawson, I meet new faces and see lots of friends. I'm able to walk to my office, grab a drink with friends



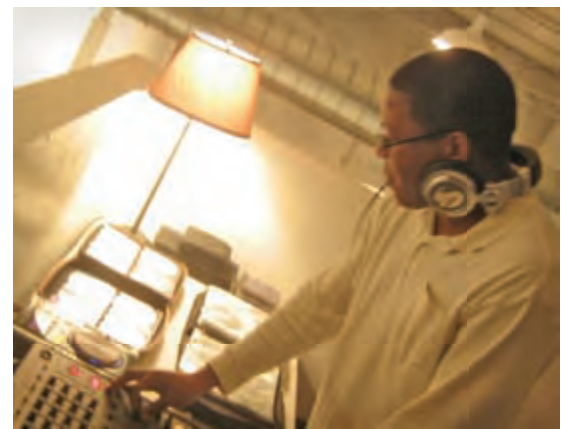
or have dinner with my husband. I love having a dog in the city. My yellow lab Irene and I take daily walks to the green grass of the State Capitol grounds, sometimes seeing the Governor, down Glenwood South and all around downtown.

Downtown Raleigh is here because of hard working, special people that feel just the way I do, and they open businesses, renovate buildings and risk everything to be a part of the urban fabric of Raleigh.

**Chico Scott, Co-founder
Neu Romance Entertainment**

Neighborhood: Fayetteville Street/Moore Square District I'm a native of Raleigh, and I've always thought it was a wonderful place to grow up. I was blessed to be born inside the beltline, and my first views of downtown Raleigh were from Chavis Park. Downtown is where a city starts, and where people come to do business. It's where the action is, and where you'll find the heartbeat of any city. Downtown Raleigh, being one of the first, if not *the* first, planned city in America is organized and logical the way it is laid out around the Capitol and surrounding parks.

Before they originally turned Fayetteville Street into a mall, we had two grocery stores, a movie theater, lots of places to buy clothes, a hardware store, and The Mecca Restaurant and Hamlin Drugs. The Mecca and Hamlin's are still there (thank goodness!), and we have world class



museums and concert halls, but the little things have gone away. I would love to see the return of the butcher, the baker, and the candlestick maker. A haberdashery would be nice along with a ladies dress shop, a place to get a nice men's shirt, and an art house theater with tickets under ten bucks. How about a roller rink or some other place for the kids to get their youth on? I would definitely enjoy pizza by the slice after 5pm.

All in all, Raleigh is arguably the finest city in North Carolina, with downtown representing the city at its best. Super giant thanks to Mayor Meeker for being a great champion of downtown. Events like Raleigh Wide Open, Sparkcon, Hopscotch, and the classic Artsposure facilitate sharing and caring among folks from all over Raleigh and the Triangle, all experiencing how stimulating and wonderful a vibrant downtown can be, together!

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Ruben's Downtown BY BRIAN ADORNETTO, Food Editor



After a long year of renovations and frustrations, Ruben and Amber Bowens have finally opened the doors to Ruben's Downtown. The couple remodeled the inside of the old Biscuit Station, cleaned up the outside, added free wifi and satellite radio, and rebuilt the kitchen from the ground up. This enthusiastic couple has already set into motion plans to update the façade and build a deck for outside dining and have also begun scheduling weekly poetry nights, musical entertainment and art shows to take place later this summer.

The three faces of Ruben's all have interesting stories that led them to the opening of the restaurant. While working as a Federal government employee, Ruben ate lunch at the same place every day—a small café in the Federal building in which he worked. The owner told Ruben he wanted to sell the restaurant and retire, which changed Ruben's entire career focus. He immediately set out to learn everything he

could about the business and later bought the restaurant, his first of several. What makes Ruben's endeavors even more remarkable is that he's blind, but that doesn't slow down this restaurateur a single step.

Amber, Ruben's wife and business partner, comes from a long line of cooks; her great-great-grandmother was General Robert E. Lee's personal cook and at one point also cooked for General Sherman. Several of her family recipes are on Ruben's menu.



Cherryl, the restaurant's manager, is a nationally-renowned poet, author and artist—and has even appeared on Oprah for one of her books. Delightfully cheerful and sunny, Cherryl is also responsible for painting the scenes on the restaurant's walls and tables and helped to create some of the restaurant's recipes and sauces.

Ruben insists on using only all-natural products, just as he has with his four previous establishments. Nothing is processed at Ruben's: all pork products (including bacon and sausage) are grown and butchered in Eastern NC while his produce comes from local farmers' markets. All burgers are hand-formed daily using fresh ground meat.

This commitment to quality products is evidenced in the food; you can definitely taste the freshness in Ruben's Everything Omelet. It's loaded with bacon, sausage and a plethora of wonderfully crisp vegetables. It was one of best omelets I've eaten in a long, long time. To complete our breakfast, we tried

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the Grits Casserole (one of Amber's recipes), a home-style cheesy bowl of soul and it was unlike any grits I've had before—truly a hearty flavorful dish.

For lunch, we had the Turkey Nuggets (Ruben's signature menu item): huge, moist, turkey tenders of all white meat, juicy and cooked to perfection. Calling them nuggets doesn't do them any justice at all. They were lightly battered, fried, and served with the restaurant's secret "Ru" sauce, which really complimented the turkey flavor. Our next dish was the Sausage Dog, loaded with chili, onions, slaw, mustard, and ketchup. You could tell the meat was made and cooked fresh. If I had to pick a standout for lunch, it would be Ruben's Turkey Burger, a whole pound of hand-formed fresh ground turkey and a blend of special house seasonings. Juicy and packed with flavor, the hefty burger also came with the special Ru sauce, which tasted just as good on the burger as it did on the nuggets.



The next great palatable discovery we made were the side of crinkle cut Sweet Potato Fries. They're accompanied by a sweet cinnamon dipping sauce that's so good you'll want to dip everything in it.

Ruben's Downtown is a locally owned and operated old school, neighborhood luncheonette. It offers fresh down home cooking at affordable prices while adding a healthy portion of culture and Southern soul. We're looking forward to checking out the new items they plan on adding to their breakfast lunch and soon-to-be-added dinner menus. If you're in the neighborhood, stop by and say hello to Ruben, Amber and Cheryl, and treat yourself to some really good food. 🍴



Brian is a culinary instructor, food writer and personal chef. His business, Love at First Bite, specializes in private cooking classes and intimate dinners. For more information, please visit Brian at www.loveatfirstbite.net. Brian can be reached at brian@raleighdowntowner.com.

Ruben's Downtown

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\$\$\$

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Thursday-Sunday 7am until

Meals: Breakfast and Lunch with eventual plans for Dinner

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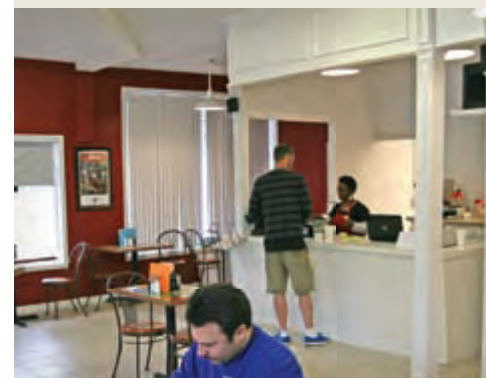
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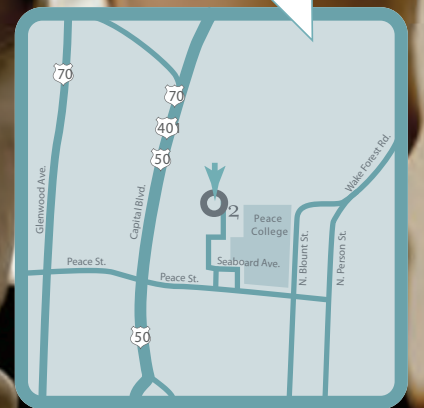
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CAM LIVES!

The Long-Awaited Contemporary Art Museum Opens at Last BY MAX HALPEREN

A good many years ago, my two boys insisted I watch “Dr. Who,” a BBC sci-fi intended for children, and I’ve been hooked ever since. Its single, quite delightful gimmick: the doctor travels through time and space in what appears to be from the outside, a perfectly ordinary telephone phone booth (named the Tardis), but whose door opens into a spacious interior filled with noisy, unclassifiable gadgetry.

What brought this to mind when I visited our new Contemporary Art Museum? First, a great shapeless mass in CAM’s main gallery, a bulging “skin” of white greenhouse plastic inflated by streams of air blown in by several industrial fans. Rising 24 feet, the huge bag curls over metal struts near the ceiling. Once inside the Dan Steinhilber installation (entering through the door of a recycled refrigerator, the back removed serving as the entry point), you will, as in the doctor’s Tardis, discover a spacious, seemingly endless world. It is, as Gallery and Exhibitions Manager Kate Shafer puts it, “a world without angles”—domes, tunnels, near-hidden passageways, all decorated with speckles of colorful plastic—oranges, yellows, reds, greens and blues. They may seem to be scattered haphazardly but they follow a clear pattern, with greens and blues near the entryway, brighter hues as we move inside.

For a month before it rose like two immense white elephants sitting on their haunches, the installation was a piece of performance art, as



Ubiquitous by Naoko Ito. Jars, tree, 50h x 70w x 35d in., installation at CAM Raleigh

Steinhilber spread the outer covering across the entire floor, used a lawnmower to shred the colored plastic, arranged it, walked over it on shoes outfitted with heated pancake griddles to glue plastic to plastic; and then, using everything he could find, from hair driers to curling irons, Steinhilber sealed the covering. It is an astonishing feat, both in its creation and in its completion.

Second, there is the museum itself. An old warehouse in a line of others on the street, only its red brick wall, punctuated by two lines of barred windows, is visible from its perch on the lowest end of South West Street. But the interior has been entirely cleared and restructured, with floors, walls, passages, and galleries opening into one another in a seemingly endless flow. Also unseen from West

Street, the far side of the museum boasts a new structural addition: a dramatic modern entryway and pebble garden, welcoming visitors to the museum into the West Martin Street address.

The Steinhilber work is one of 13 untitled pieces the D.C. artist has installed, all composed of materials you will never find in an art shop. Counterpointing the nebulous plastic mass at one end of the main gallery, hundreds of wire coat hangers covered in white paper soar from floor to ceiling at the opposite end—looking as if a huge flock of birds, soaring in unison up towards the roof. Then counterpointing the hangers, clusters of long, narrow cardboard boxes appear on the floor below. Tethered and leaning against each other, they seem capable of bearing considerable weight—containers becoming sustainers.

Steinhilber’s show, “Hold On, Loosely,” runs through August 22. It is superbly matched by the first in CAM’s Emerging Artists Series, Naoko Ito’s “Urban Nature.” In three of her installations, columns of glass jars hold bits of tree limbs, separating the pieces that otherwise might form an organic whole. In urban settings like New York City, where Ito lives, nature survives within the artifice created by man. Ito’s work is elegant, the jars delicately poised, perhaps ready to fall. The natural and the artificial join again on a long wall where Ito has placed nets of thin hand-knotted wire made to look

The striking exterior of CAM Raleigh.
PHOTO BY CRASH GREGG



like moss—nets that took six months to complete. In a metropolis such as New York, nature must be sought in parks, flower shops or mimicked with unnatural materials. Her remarkable work will be visible through July 11.

CAM is the third attempt to create a viable staging area for contemporary art in the Capital City. For some years in the '80s, Raleigh sponsored a flourishing enterprise—the City Gallery of Contemporary Art at Moore Square. Unfortunately, it was closed down by a City Council led by a short-sighted mayor (here I was persuaded to delete the words I saved to describe Mayor Tom Fetzer and his acolytes). But prodded by a small group of visionaries, the gallery was kept alive with shows in other venues around town and in the dim, unrenovated warehouse purchased in 1997. Under Mayor Charles Meeker, the city has again recognized the importance of an unfettered art scene in the state's capital city, committing \$1 million to CAM.

Almost everything else is now privately funded and in the determined hands of the Contemporary Art Foundation. As a retired professor at NCSU, I am, I confess, particularly interested in the role of the College of Design in the museum's revival, a role fashioned by the college's dean, Marvin Malecha.

The college is currently paying several staff salaries and this summer will hold classes at CAM, giving design students some necessary expertise in museum management and curating.

With Flanders Art Gallery sitting opposite CAM on West Street, it would not take much to create a new cultural center in the old warehouse district. According to Rosemary Wyche, director of development at CAM, the gallery had over 2,000 visitors in the first two days of its opening. Preservation North Carolina is expected to meet in the space this month and September will see a reception by the national AIA.

What's next? An ambitious wide-ranging exhibition, "Deep Surface: Contemporary Ornament and Pattern," opens September 23. According to Shafer, it will include designers from around the world, and designs from the merely elaborate to the fantastic in furniture, clothing, architecture, dinnerware, wallpapers, typefaces, logos, and items yet to be announced. At the end of July, CAM will reveal a group of mixed media installations by its second emerging artist, Rebecca Ward, who works in New York. And early next year, CAM will open its third major show—work that, like digital art, employs technology in its creation.

Most importantly, by the time this issue of the Raleigh Downtowner Magazine is on the street, CAM should see its new director, Elysia Borowy-Reeder, who, from everything I hear, is a powerhouse. She'll take it from there.



Untitled by Dan Steinhilber. Greenhouse plastic sheeting, mulched plastic bags, upright freezer, electric fans and mulching mower, 288h x 325w x 365d in., installation at CAM Raleigh

To learn more about the Contemporary Art Museum or to purchase a CAM Raleigh Membership, visit www.camraleigh.org.

Max can be reached for comment by e-mail at max@raleighdowntowner.com.

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Raleigh Institute of Contemporary Art class instructor Marty Baird & owner Mia Yoon at their Open House



WRAL-TV 5's Pam Saulsby before her performance at the City's recent OUTRaleigh Festival



Hamlin Drug's pharmacist Mr. Johnson accepting the Legacy Award from his alma mater Howard University



Birthday shout-outs (left to right): Amanda Dearinger (lead singer from Scarlet), Laurice Howard (with husband Jason & kids), Michelle Pichardo, and Dan Douglas

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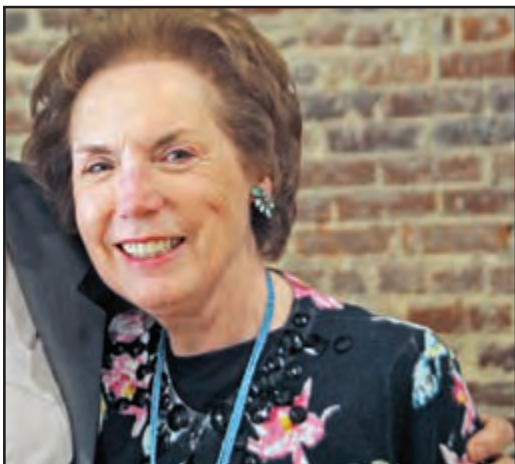
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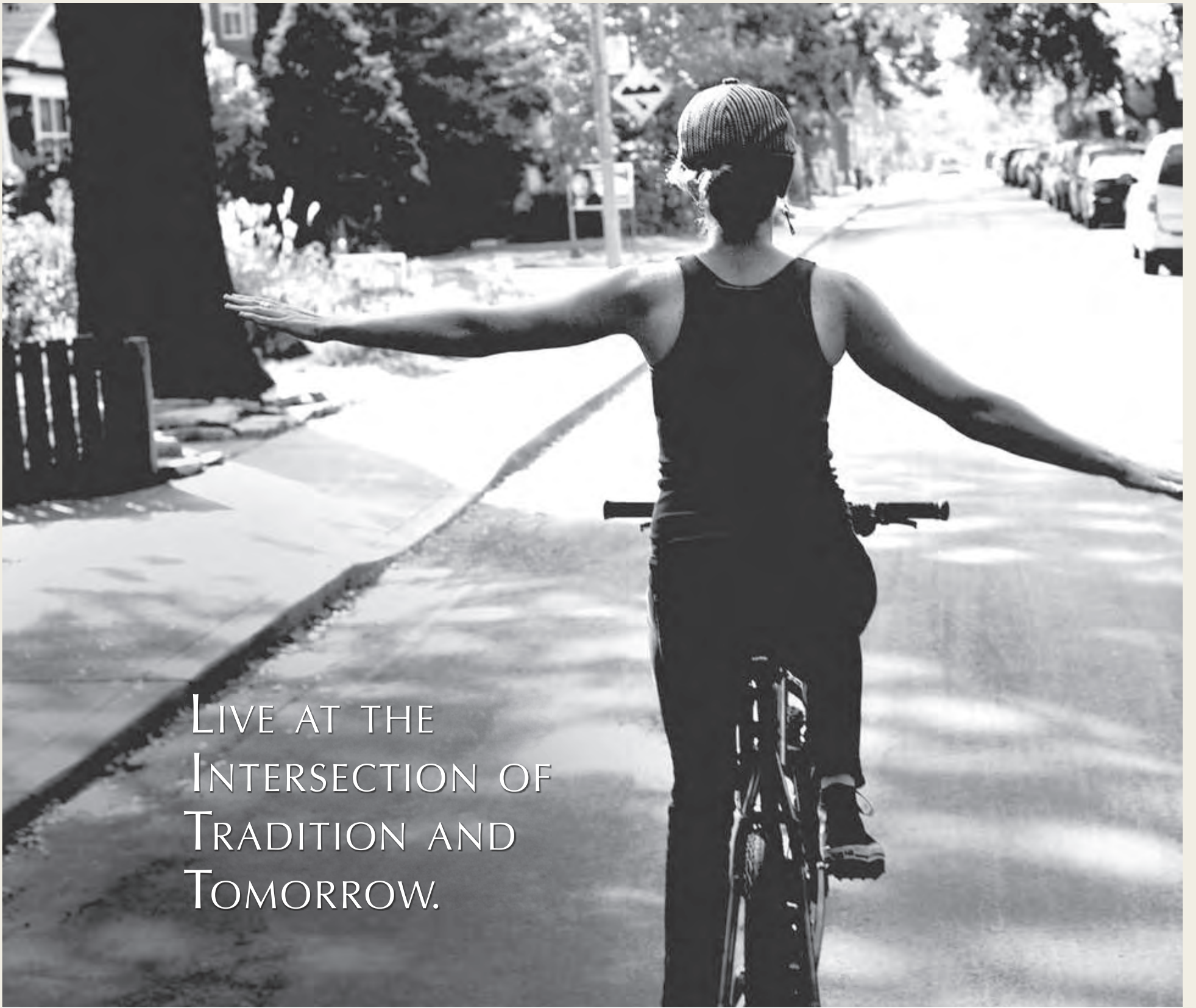




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THE MANY FACES OF

Sauvignon Blanc

BY JEFF BRAMWELL



After not being a Sauvignon Blanc fan in my early wine-drinking life, I've slowly come around to the appeal of the grape. The crisp acidity makes it a wonderfully refreshing wine, particularly with the hot and humid days that are about to descend upon us. Couple that with Sauvignon Blanc's overall food-friendliness that comes from its elevated levels of acidity, and there are ample reasons to try the various styles of this wine that exist.

Sauvignon Blanc is a world traveler, with a significant number of plantings traversing various winegrowing regions across continents and hemispheres. The grape is highly expressive of where it's grown, so many of these wine regions have cultivated a signature style that is derived from their unique combination of soil and climate. Sauvignon Blanc is typically fermented and aged in stainless steel, rarely seeing significant exposure to oak barrel. This allows the purity of its varietal character take center stage.

The most classic representations of Sauvignon Blanc are found in the Loire Valley of France, where vibrant acidity, lemony flavors and a subtle herbaceousness are the norm. Throughout the Loire, riper, fleshier styles boast inviting aromas and flavors of melon, while those from the more pedigreed appellations of Sancerre and Pouilly-Fumé introduce chalky notes and smokiness.

A couple hundred miles south along the western coast of France, Bordeaux is the likely birthplace of Sauvignon Blanc. It shows a different personality here though, as it is often blended with the grape Semillon. This addition softens the acidity a tad and contributes more body to the finished wine than Sauvignon Blanc possesses on its own. Here, these grapes are made into a range of styles, from humble quaffing wines meant for immediate consumption to seriously age-worthy treasures, as well as some of the world's most sought-after dessert wines in Sauternes.

While Sauvignon Blanc arguably does its finest work in the more northerly climes of Europe, it adapts to warmer weather admirably. When grown in California, the grape shifts its lean and herbaceous qualities to the backburner, instead boasting notes of grapefruit, sometimes complemented by a

dose of creamy oak. In my opinion, it's best when the oak plays a minor role because it helps soften the acidity and texture of the wine rather than add any overt vanilla notes. It's grown throughout California, but Sauvignon Blanc does best in the Napa Valley. In fact it's the most important white grape grown in Napa, as most of those Chardonnays from Napa-based producers are actually farmed in cooler locales closer to the Pacific Ocean.

Perhaps the best-known and most popular example of Sauvignon Blanc these days is found in New Zealand, particularly in the sub-region of Marlborough. The tell-tale aromas of fresh-cut grass, ammonia and an obscure little fruit called gooseberry are present in just about every example of Kiwi Sauv Blanc out there. My only gripe with these wines is that their assertive style can wear out your palate quickly and it tends to dominate many food pairings. On the flip side, it's one of the few wines out there that can stand up to asparagus and artichokes, notorious wine-killers.

Reminiscent of the New Zealand style, only dialed down a bit, the Chilean version of Sauvignon Blanc maintains that grassy quality, but trades in the ammonia and gooseberry for a subtle jalapeno-laced peppery bite. The most refined examples tend to come from Leyda and the Casablanca Valley, but a number of good values can be found throughout the country's viticulture zones.

In wine terms, South Africa is perhaps best known for its local specialty, Pinotage, though Sauvignon Blanc (along with Chenin Blanc and Chardonnay) tends to outperform it by a good margin. When grown here it can show a clear resemblance to those from the Loire, but with more lemon and lime zest qualities and the occasional hint of white flowers.

At the dinner table, Sauvignon Blanc is best paired with seafood, in particular shellfish and white-fleshed fish. For the ultimate summertime first course, try pairing it with a chilled cucumber soup and some fresh, young goat cheese. Of course it's also pretty tasty on its own.

Jeff Bramwell began working in the wine industry in Atlanta and has worked in both wine distribution and retail since moving to Raleigh in 2006. He is a co-owner of The Raleigh Wine Shop (along with fellow wine industry veterans Seth Hoffman and Ryan Fulkerson), located at 126 Glenwood Ave, across Jones St. from 518 West. Drop Jeff a line at Jeff@TheRaleighWineShop.com.



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Margaux's Restaurant BY BRIAN ADORNETTO, Food Editor

From the manicured landscaping and patio to the beautiful custom-made wooden surfboard in the rear of the dining room, Margaux's is a complete work of art. Abstract glass fixtures provide romantic lighting while the sleek "L" shaped bar, cocktail tables, funky sculptures, and world music impart a hip, fun vibe. Conversely, the sunken dining room, plush booths, massive aquarium, and huge stone fireplace help give off a sense of comfortable coziness. Another fabulous feature is the open kitchen, where guests can stop and greet the chefs between courses.

All of the artwork in Margaux's is commissioned to local artists and change every three to four months, giving art lovers plenty to feast their eyes on. The restaurant bar even houses a one-of-a-kind collection of shot glasses and hand-sculpted dipping bowls. While Margaux's owners are enthusiastic patrons of local art, the restaurant's feel is far from that of an art museum. The atmosphere and service are neither stuffy nor pretentious but instead are comfortable and relaxed.

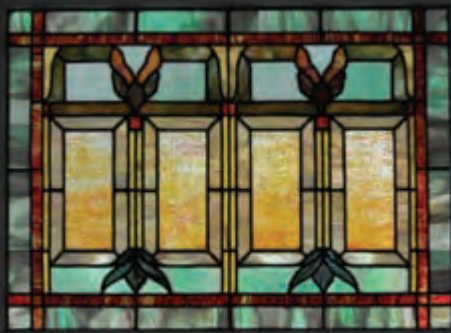
While the menu begins with the

familiar "Starters" and "Soup and Salad" headings, the "Entrées" portion is subdivided into "Margaux's Entrées with Garden Salad," "Spring Fare" (or whichever current season is under way), "Vintage: Circa 1992," and "3-Course Prix Fixe." With the exception of the Vintage section (which features Margaux's long-standing signature dishes), the rest of the menu is subject to change daily based on what the kitchen can procure fresh from its army of local farmers. This not only offers a wide variety of dining options, but also presents patrons with a range of prices sure to fit any budget.

A restaurant doesn't thrive for 19 years on looks and atmosphere alone. Its cuisine and the execution of it must also be stellar—and this is where Margaux's truly excels. Our meal began with the Rillettes (pronounced 'reeyet') of Duck (\$7.95). The rillettes (imagine a paté of duck confit) were served with a small salad, cornichons (small French pickles aka gherkins) and spicy wholegrain mustard. It was almost smooth with a slightly silky texture. It was also somewhat sweet,



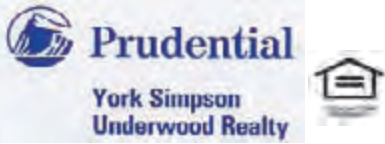
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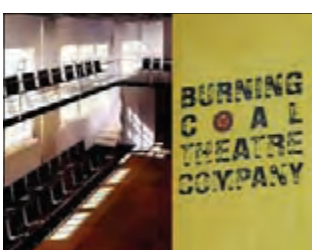
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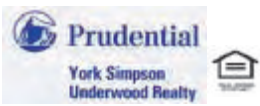


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vaguely earthy and had just the right level of saltiness.

At most restaurants, salads are merely an entrée accessory. However, at Margaux's they're given the same thought, care and attention as the rest of the menu. For example, our Organic Baby Greens Salad (\$8.95) was magnificently presented. The salad and strawberries were tossed with a wine such as verjus (the sweet and tart juice of unripe grapes) vinaigrette, set atop whipped goat cheese and was sprinkled with toasted homemade breadcrumbs. The result was a symphony of textures and a salad unlike any I've had before. Our salad was paired with the strawcolored Knubel Riesling "Troocken" from Germany (\$8). The bright, faintly sweet wine had a dry finish that matched the verjus, strawberries and goat cheese note for note.

Our entrées were Wild Striped Bass with Polenta and Roasted Cauliflower (\$19.95) and Grilled Kangaroo (yes, kangaroo) with a Cherry Port Reduction, Bacon Sauté and Swiss Chard (\$25.95). The expertly cooked bass was topped with Stracchino (a white, semi soft, Tuscan cheese) and roasted. Whereas I'm usually opposed to the combining of fish and cheese, this preparation was brilliant. The incredibly fresh fish (with its tender skin) and the creamy, delicate flavor of the cheese were simply sublime. Not to be outdone and continuing with the Tuscan motif, the cauliflower (cooked with olives, capers, and tomatoes) was seamlessly balanced. This entrée's counterpart was the light and crisp Steele Pinot Blanc



from California (\$9). The kangaroo steak was cooked to a textbook medium rare. It was somewhat sweet, a cross between venison and bison, with a "to the tooth" texture. The Port Cherry reduction was sugary, tart and chewy—a fantastic

foil to the kangaroo. The smoky bacon sauté was so good I could have eaten an entire bowl of it. To go with this entrée, we drank a rich Michael David Petit Syrah/Petit Verdot from Lodi, California (\$9). This blend was an explosion of cherries, blackberries and vanilla. It was thick, jammy and savory—another excellent suggestion from our server Mandy.

To end the evening, we chose the Clafoutis (pronounced 'kla-foo-TEE') for dessert. This warm French classic (\$8.95) was loaded with an assortment of red berries and cherries and baked in a sweet, golden, almond batter. It was light, moist and bursting with berry flavor. With an extensive after-dinner drink list, it was difficult to decide between port, single malt scotch, cordials, small batch bourbon, and dessert wine. Ultimately, we took Mandy's advice and went with something that wasn't too sweet: Robertson's Late Harvest Riesling.

Margaux's is stylish, casual, locally inspired, and delectable. It's where food meets art, tradition meets innovation and soul meets hip.

Brian is a culinary instructor, food writer, and chef. His business, Love at First Bite, specializes in private cooking classes and intimate dinners. For more information, please visit www.loveatfirstbite.net. Brian can be reached at brian@raleighdowntowner.com.

Margaux's Restaurant

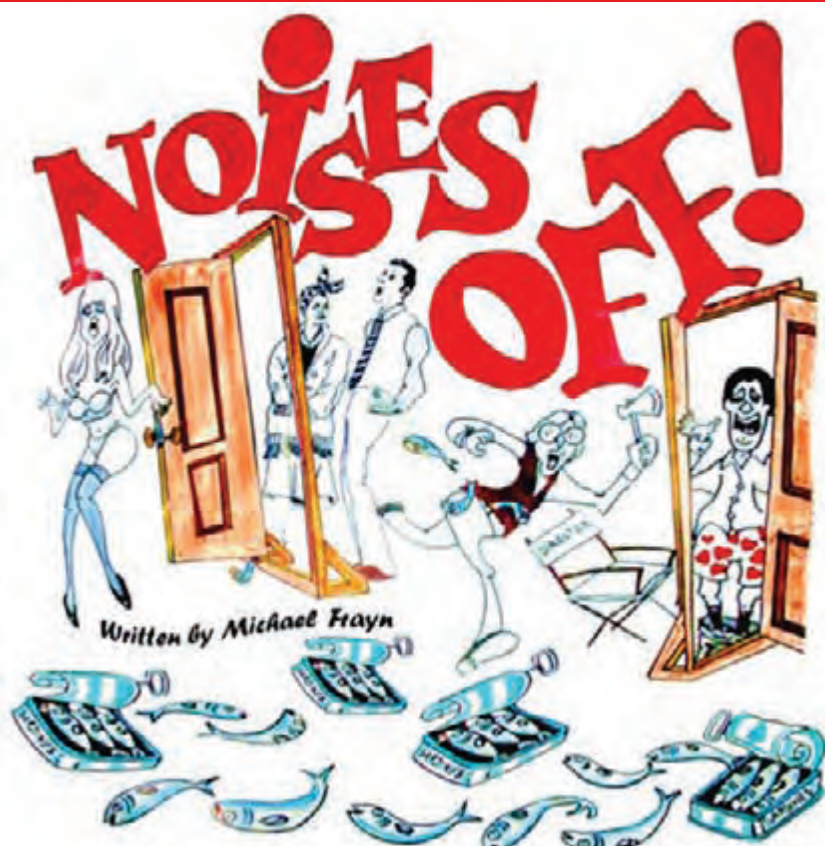
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Art to Wear

A FASHION SHOW TO REMEMBER



BY CHRISTINA S. DOHENY
PHOTOS COURTESY MICHAEL WELLS
AND ROSS DAVIDSON

The 10th anniversary of *Art to Wear* was truly something to behold. Being from Los Angeles, I didn't know about this yearly NCSU event, but was fortunately tipped off in the nick of time. If you missed it, go ahead and put it on your calendar for next April because it's definitely worth checking out. My highest compliments to the students and professors who donated huge amounts of time and effort in creating a night to remember.

So, what is *Art to Wear*? It began in 2002 in Associate Professor Vita Plume's Fiber Studio as a concept to encourage her students to do a runway show in order to showcase their work. But not just anyone can enter; there is a judging process which produces the best emerging designers who get to show off their creative talent and wares. What started small has blossomed into the culminating show for NC State's College of Design and College of Textile's students, growing from a small crowd in the Plume's studio to over 2,000 people in Reynolds Coliseum.



So, for the fashionistas who didn't make the show, here's what you missed:

The first collection on the runway was a nod to the "seven wonders of the architectural world." This team's inspiration came from buildings around the globe—a dress that had an outer shell which was reminiscent of the Sydney Opera House, a column dress with a train that represented New York, etc. This work had lots of structure and big shapes; taking the

pieces individually would create an amazing outfit but the whole effect definitely fit for runway style.

The next act to strut their stuff was a take on the everyday T-shirt, but deconstructed. That's right, this designer took wearing the basic grey "T" to a whole new level by cutting, roping and layering. There were ballet skirts and even a long dress with a train made out of grey t-shirt material. For color, she inserted hints of hot pink by adding tulle or sneaking in the edge of a bra. Again, edgy and runway-oriented, but with a few twists it would be ready-to-wear in no time.

Bring on the techno music; the third designer used lights on everything. Forget the '80s and day glow, this stuff literally lit up the catwalk. From patches of light on the back of jackets to hot pink lace-up lights on jeans, this one brought fiber optics and clothes to a whole new dimension. My only question is how do we dry clean it?

From one extreme to the next, we went from fluorescent lights to soft romantic floral for a whimsical old-meets-new take on fashion. My first thought was the end of "Pretty in Pink" when Molly Ringwald steps-out in her re-worked prom dress. With frilly overlays and lacey confections, these re-worked outfits are for the ultra-feminine chick who wants to make a definitive ladylike statement.

Please put your "hands" together for this stand-out designer. The next exhibition used muted colors and created dresses, trains, capes, and collars out of cut-out hands. Not real hands, but 3-D fabric hands. This show was truly unique in its inception and showcased how this designer translated her love of hands to the realm of fashion.

Shiny, coppery and we all have them; yes I'm talking about pennies. All of these black dresses were formalized by the use of pennies. These cents made perfect sense to liven up the "little black dress." Although the dresses can be a little heavy, it was well worth the light-reflecting statement they made.

Next up came the showstopper pieces that would make Lady Gaga's heart sing and were very much geared towards environmentally-conscious fashionistas. The much-talked about "road kill" skirt and wrap was an interesting piece, hided and tanned by the designer herself. These designs would do well under the big lights of a fabulous concert.

Tubes and more tubes wrapped around the models' bodies. The designer's focus was to make us think about jewelry and turning it into wearable art pieces. These tubes wrapped artfully around the body the way a bracelet wraps around your wrist. Although difficult to wear to work (or out), her interpretation came through loud and clear.

It's not just about animal prints; it's about a collar that snaps up and looks like a chameleon or a beautiful evening gown that fans out in the back into a peacock's tail. This collection is a fascinating take on nature and how to capture it in fabric around the wearer.

The final collection utilized leather and fur, including hard-angled leather corsets and fur wraps. Set in a post-apocalyptic society, these outfits are what the individual might need to survive. The detailing of the leather was quite well done, and the corsets could be paired with jeans for a more wearable look.

I think the event's creator and steadfast ring-leader Vita Plume said it best "This event is about performance, collaboration, showcase, and energy." The heart and soul of the students and the faculty pour forth so forcefully that the moment you walk into the coliseum, you are immediately consumed by their passion.

Visit www.ncsuarttowear.com for more fashion show information and check out more event photos on Michael Well's and Ross Davidson's flickr pages:

<http://bit.ly/a2w2011-michael>

<http://bit.ly/a2w2011-ross>

Born and raised in Los Angeles, Christina has recently relocated to Raleigh. She is currently working on her own fashion site which will host clothes, accessories and jewelry from up and coming fashion designers.



KICKBALL ANYONE?

Summer Fun with Tri-Sports Social Club

BY GEORGE CHUNN

If you're looking for a unique social experience in Raleigh and the surrounding area, Tri-Sports Social Club offers something new for the social sports warriors. Founded in 1991 by Danny Lefebvre (pronounced luh-FAVE), Tri-Sports has been organizing sports leagues and social events targeted towards professionals in their 20s, 30s and 40s. Lefebvre, originally from Detroit, recognized the challenges facing young- and middle-aged professionals who are new to the area and looking for a way to socialize and meet people. Utilizing his experience gained while working for the NHL Detroit Redwings and MLB Detroit Tigers, Lefebvre has created one of the fastest growing social clubs in the area.

Tri-Sports is exceptional because of its masterful blend of well-run sports leagues and social events in and around downtown Raleigh. In addition to traditional organized games like basketball and flag football, Tri-Sports has league games for non-traditional sports like kickball and dodge ball. In



fact, there are more than 20 competitive and semi-competitive leagues through all four seasons from which to choose. Teams are co-ed or single gender depending on your preference of game, and enrollment can be done as a team or as an individual.

For those less motivated by the energy of competition and more by the energy of social activities, Tri-Sports also organizes incredible social events and trips. The turnout for these events

generates hundreds of lively professionals gathered in one venue. Their recent "Saint Patrick's Day Pub Crawl" had more than 400 participants swarming participating bars in the Glenwood South district of downtown Raleigh. Tri-Sports also plans and organizes adventure trips, fitness events and theme parties all designed to allow professionals an easy way to make friends and to create a social calendar. Who knows, one could even meet their future spouse at one of their events—and over 150 couples already have. Whatever your preference may be, Tri-Sports is sure to appeal to those young professionals who seek more out of their social lifestyle than just the club and bar scene.

For more information on social events and activities, sports leagues and trips, go to their website at www.meetandcompete.com or call 919.293.0105. Have Fun! 🍷



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Do you know where this photo was taken? Then send us an email to where@raleighdowntowner.com with the subject "Where's it @" by the 15th of next month and you might win a Downtowner T-shirt. We'll select a random winner from the correct answers. (Correct answers can be the spot where the photo was taken FROM or the SUBJECT of the photo. It's just for fun, so we're not picky).

Don't worry, we have new T-shirt designs coming soon you can order in case you don't win. They're \$15 and \$7.50 of each shirt going to local charities. Cool shirts for a good cause. What could be better?



<<<

Congratulations to **Dayne Townsend** who correctly identified last month's photo as the loading crane used in the Union Depot located in the Warehouse District of downtown Raleigh. The Depot was Raleigh's first centrally located train station, opening in 1892. Driving under the crane, visitors enter the parking lot of the Old Depot's original building which is currently home to Jibarra Gourmet Mexican, Tuscan Blu Italian Restaurant, Union Tavern, and later this summer, Tasty Beverage Company.

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The Sesquicentennial: Raleigh in North Carolina's Secession

BY STORMI SOUTER, RALEIGH CITY MUSEUM

One hundred and fifty years ago this month, on May 20, 1861, North Carolina seceded from the United States and joined the rebelling Confederate States. Often overlooked when remembering the turmoil and bloodshed of the actual war is the process by



which North Carolina became one of those rebel states. Far from a foregone conclusion despite its geographic location and the decisions of its neighbors, North Carolinians needed convincing to leave the Union.

The issues that ultimately divided the nation had long been evident; many had caused bitter disagreements since the

country's foundation. In the last decades before the Civil War, immigration, westward expansion, industrial progress, slavery and other issues helped divide the nation and gave different sections of the country unique social and economic perspectives. The Presidential election of 1860 was the last straw that finally divided the nation. North Carolinians split their support between Democrat John Breckinridge and conservative but pro-Unionist John Bell, however Republican Abraham Lincoln won nationally, despite being left off most Southern ballots.

Upon hearing the news of the election, many Southerners began to move towards acts of secession. On December 20, 1860, South Carolina was the first state to act upon their threats and officially leave the Union.

Most of North Carolina's small farmers who still drove the state's economy did not rely heavily on slavery, and therefore, were not interested in secession or a resulting war. Their plantation-owning neighbors, however, who kept many people enslaved to work their land supported secession passionately. North Carolina's General Assembly considered joining the Confederacy immediately following South Carolina's departure from the Union, but did not even have the support for a vote on the measure. Governor John W. Ellis was a secessionist, but prominent figures such as Congressman Zebulon Vance and Wake County's three representatives still had loyalty to the Union.

Despite not being in the majority, secessionist North Carolinians did make their feelings known. In April 1861, a secession flag was raised in a vacant lot on Fayetteville

Street. Supporters of the Union were torn between wanting to cut or shoot it down or letting it remain standing as a testament to the freedoms of those who put it up. It was not until later in April, when South Carolina fired upon Fort Sumter—still a Union-held fort in Charleston Harbor, and Governor Ellis refused President Lincoln's request for troops—that pro-secession feelings gained momentum in the state. One resolution stated that "language is inadequate to express our disgust at the foolish and insulting proclamation of Abraham Lincoln, and we heartily endorse the patriotic answer of Governor Ellis to the insulting requisition made upon him for two regiments."

On May 1, the legislature voted to have the counties elect delegates for a secession convention. They convened at the Capitol Building in Raleigh on May 20, 1861. North Carolina's vote for secession passed unanimously, showing how much the events of Fort Sumter had affected the former supporters of the Union. At 5:30, a handkerchief was dropped from the west balcony of the Capitol as a prearranged signal to the crowd waiting in the square below. Men cheered and women waved their own handkerchiefs in joyous celebration. North Carolina had just become the tenth state of eleven to secede from the Union and join the Confederacy. 🗳️

The Raleigh City Museum is located at 220 Fayetteville Street in downtown Raleigh and is open from 10am–4pm Tuesday through Friday, and 1pm–4pm on Saturdays. Check out their newest exhibit, Painted Archives, New Works by Pete Sack. For more information, please call 919.832.3775 or check out their website at www.raleighcitymuseum.org.

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Ask the Pharmacist



Pharmacists John Johnson and Jamie Freehling work side-by-side at Hamlin Drugs in Raleigh to handle all of the pharmacy needs for several generations of Raleigh customers. Email your pharmacy questions to askthepharmacist@hamlindrug.com.

Q: I just turned 60, and am thinking about switching from the same multivitamin I've been taking for years, but there are so many to choose from. Do you have any suggestions on the supplements needed for someone my age?

A: For healthy adults 50 to 70 years of age who regularly eat a balance diet of fresh vegetables and fruits, whole grains and lean protein, I often recommend adding a daily vitamin that addresses your individual need for calcium, magnesium, zinc, folate, iron, B12, and Vitamins C, D and E. For best results, ask your doctor about your individual needs for vitamin and mineral supplements and recommended dosages for maintaining optimal health as you age.

Q: Because my husband and I are retired and on a fixed income, we are hesitant to make what can be a very costly trip to the emergency room or call an ambulance unless we are certain that the situation may be life threatening. Besides the obvious, how do you know when it's serious enough to go to the emergency room?

A: Your doctor or hospital can best advise you on when your symptoms warrant emergency medical attention. There are several types of seemingly non-serious pain and symptoms that may be indicative of a life threatening event and should be given the benefit of seeking prompt medical attention. Some of these include 1. Unusually severe headaches. 2. Pain or discomfort in the chest, throat, jaw, shoulder, arm or abdomen. 3. Pain radiating down one arm. 4. Severe abdominal pain. 5. Sudden onset of confusion, garbled speech or dizziness.

About Hamlin Drugs

Originally opened in 1904 as People's Drug Store and renamed in 1907, Hamlin Drugs on Hargett Street in downtown Raleigh is the oldest African American owned pharmacy in the United States. Pharmacist John Johnson has owned and operated Hamlin Drug Store since 1957, and prides himself in keeping the old-time traditions of hospitality and excellent customer service that the pharmacy was founded on over a century ago. Hamlin Drugs offers free delivery, accepts all major insurance programs including Medicaid and Medicare, and is certified in medication therapy management for the purpose of maximizing better health outcomes for their patients. For more information, visit www.hamlindrug.com, or follow us on Facebook and Twitter @HamlinDrug.

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DOWNTOWN SNAPSHOT

From the Downtown Raleigh Alliance

Dear Reader,

The Downtown Raleigh Alliance is excited to present the 7th Annual Downtown Raleigh Home Tour on Saturday, May 21 from 10am-6pm. Discover the benefits of contemporary urban living during this self-guided tour. From sleek condos overlooking the city to beautifully restored historic homes and new construction in burgeoning neighborhoods, this one-day event is your gateway to experience the ambience, conveniences and advantages of a downtown lifestyle. Admission passes are \$10 online in advance and \$14 the day of the event. Learn more about the tour, including the \$1,000 closing cost incentives, and purchase your pass in advance at www.DowntownRaleigh-HomeTour.com (through Friday, May 20 at 5pm). Tour headquarters will be located at 150 Fayetteville Street.

You will find a convenient calendar of downtown events scheduled during the upcoming months and information about parking, maps and the free R-LINE circulator bus at www.YouRHere.com.

Please enjoy this issue of the *Downtowner Magazine*.

DAVID DIAZ

President and CEO, Downtown Raleigh Alliance, www.YouRHere.com

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May 21-22 (Sat-Sun)

Join the fun at the 32nd annual Raleigh **Artsposure** arts festival in downtown Raleigh in Moore Square and City Market. More info at www.artsplosure.org.

June 3 (Fri)

First Friday in downtown is one of Raleigh's most popular evening escapes and is a great fun-filled self-guided tour to Raleigh's exciting art, music and dining scene held on the first Friday of every month. Galleries, live music and culinary delights abound. Experience art in all the downtown districts. Use the R-Line for convenience!

June 3-19

The Threepenny Opera presented by the **The Raleigh Little Theatre**. RLT Sutton Main Stage Theatre. The exotic musical saga of the villainous but irresistible Mack the Knife and his marauding band of beggars. A revolutionary musical theater piece that inspired such hits as *Cabaret*, *Chicago*, and *Urinetown*. An opera in name only, composer Kurt Weill created the sound of 1920s Berlin dance bands and playwright Bertolt Brecht created its book that, 82 years after its premiere, remains an outrageous and cunning satire of society. Contains some adult subject matter and language. Suggested for ages 17 and older. Tickets can be purchased online at raleighlittletheatre.org or by calling the RLT Box Office at 919-821-3111.

June 5 (Sun)

Raleigh Ringers Spring Concert at Meymandi Concert Hall. The Raleigh Ringers is an internationally acclaimed, advanced community handbell choir based in Raleigh, North Carolina. Since its founding in 1990, The Raleigh Ringers has been dazzling concert audiences with unique interpretations of sacred, secular and popular music, including famous rock 'n' roll tunes arranged just for handbells. Call 919.831.6060 or visit www.broadway-seriesouth.com.

June 8-13

Hot Summer Nights at The Kennedy presents **The 39 Steps**. The amazingly brilliant cast of four play over 140 characters in this fast-paced comedy thriller that's great for ages 9-90. The New York Times calls it "Absurdly Enjoyable" and the Daily News says it's "A Dizzy Delight." Visit www.hotsummernightsatthekennedy.org for information and to buy tickets.

June 10-26

Theater in the Park presents **Noises Off**. Brimming with slapstick comedy, Noises Off is a backstage farce of slamming doors, falling trousers and flying sardines! Take a fond look at the follies of theatre folk, whose susceptibility to out-of-control egos, memory loss and passionate affairs turn every performance into a high-risk adventure. This comedy-within-a-comedy captures a touring theatre troupe's production of "Nothing On" in three stages: dress rehearsal, the opening performance, and a performance toward the end of the run. Each performance is portrayed from behind the scenes, progressing from flubbed lines and missed cues in the dress rehearsal to mounting friction between cast members in the final performance. Call 831-6936 for ticket information.

June 12 (Sun)

The Common Woman Chorus and the Triangle Gay Men's Chorus present the Triangle premiere performance of **"A Proclamation of Hope"**—featuring Sing for the Cure. Sing for the Cure, an uplifting and positive musical experience, tells the stories of breast cancer survivors, their families and friends. This emotionally charged and powerful work was commissioned in 2000 by Susan G. Komen for the Cure as a result of founder Nancy Brinker's belief that more would listen to the message if it was delivered through the powerful medium of music. This world-

renowned choral work with orchestra and narration has moved and delighted thousands with its examination of the fears, trials, and even the humor of dealing with breast cancer. Meymandi Concert Hall. Call 919.831.6060 for ticket information.

June 21 (Tues)

Miss North Carolina Pageant at Memorial Auditorium.

June 29-July 10

Marvelous Wonderettes presented by Hot Summer Nights at The Kennedy takes you back to the 1958 Springfield High School prom where we are privy to the hopes and dreams of four local girls, as they take us on a 1950s trip down memory lane. Visit www.hotsummernightsatthekennedy.org for information and to buy tickets.

(If you would like to have your downtown Raleigh events listed, please email to chris@raleighdowntowner.com. Space is limited, but we will try.)

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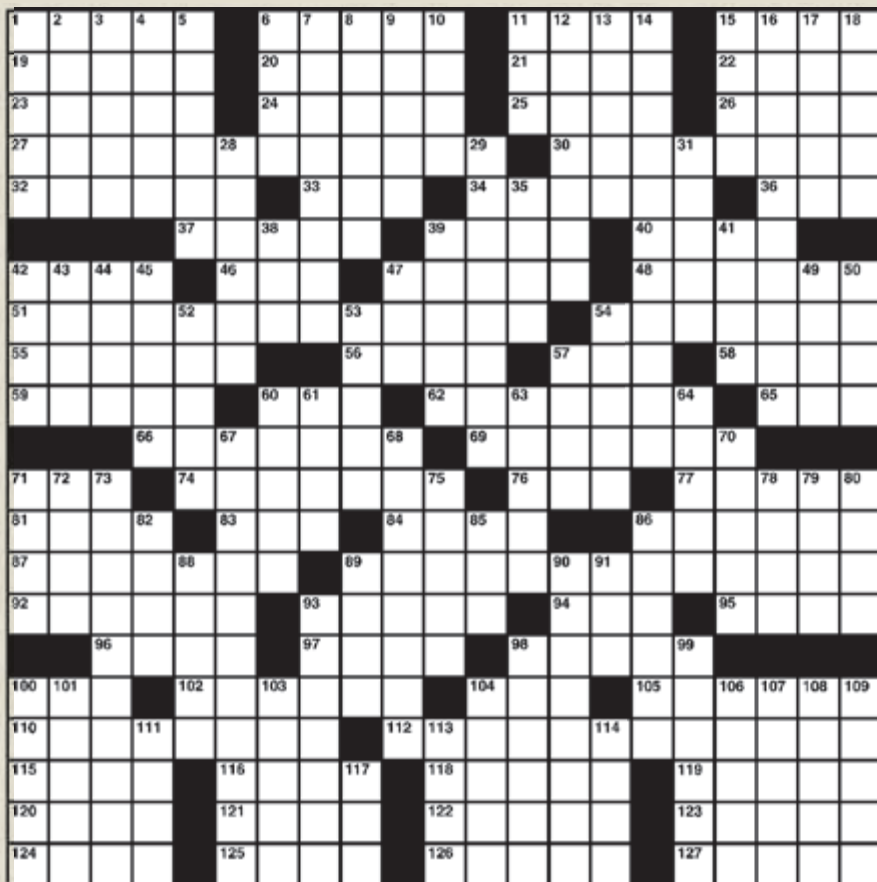
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- "LOW AND BEHOLD"
- ACROSS**
- 1 Bovine milieu
 - 6 Pasture units
 - 11 Terrible twos types
 - 15 Crack in a lip
 - 19 Fine Japanese porcelain
 - 20 The Pemaquid Point Light is on its state quarter
 - 21 Throw
 - 22 1953 Original Music Score Oscar-winning film
 - 23 Alluded to
 - 24 Skirt
 - 25 Tribe affiliated with the Missouri
 - 26 Long look at a looker
 - 27 Farm vet's reference?
 - 30 Wings choice
 - 32 Elite
 - 33 Perp chaser, with "the"
 - 34 New York city or county
 - 36 Where the bucket slops?
 - 37 Pueblo people
 - 39 ___ Brasi, "The Godfather" hatchet man
 - 40 Offend
 - 42 Type
 - 46 Casino roller
 - 47 Berlin's "Call Me ___"
 - 48 Procreates
 - 51 Milkmaid?
 - 54 Fish alternative?
 - 55 Fine fiddles
 - 56 Sheet purchase
 - 57 Email letters
 - 58 Arcade game starter
 - 59 Guitar string choice
 - 60 Uni- + uni- + uni-
 - 62 Log processor
 - 65 Logical conclusion?
 - 66 Loser's demand
 - 69 Ratings name
 - 71 Father of the bride's offering
 - 74 Exactly correct
 - 76 Pharm. receipts
 - 77 Crier of Greek myth
 - 81 B&B offering
 - 83 Colorless
 - 84 "The Way We ___"
 - 86 The way we word
 - 87 Imprudent
 - 89 Calf's folks?
 - 92 Nautical patron
 - 93 Nautical maneuvers
 - 94 Avis output
 - 95 Nautical storage
 - 96 Like heedless ears
 - 97 Stately trees
 - 98 Pang of conscience
 - 100 Improvise with the band
 - 102 Jewel box
 - 104 "___ House": 1970 CSNY hit
 - 105 Like feet of no concern to a podiatrist?
 - 110 Squad cars
 - 112 Where orphans go while their adoptive moms give milk?
 - 115 Revolutionary sewer
 - 116 River islets
 - 118 Assertion of faith
 - 119 Filmmaker Welles
 - 120 Exude
 - 121 Tax evasion investigators
 - 122 Jackson Hole's county
 - 123 Wet season events
 - 124 City on the Brazos
 - 125 Rescuer, e.g.
- DOWN**
- 1 "Lethal Weapon" cop
 - 2 Sardinian passion
 - 3 Birth-related
 - 4 Fad
 - 5 Like "CSI" procedures
 - 6 Call from the flock
 - 7 Supercilious
 - 8 Vaqueros' ropes
 - 9 Provide with funding
 - 10 Appear
 - 11 Small but
 - 12 Beat in an individual medley
 - 13 Figure of speech
 - 14 Santa's backup
 - 15 Overdo the sweetness
 - 16 Expensive cuts?
 - 17 Distribute
 - 18 Religious devotion
 - 28 Disagreeing like bookies?
 - 29 "Way to go, bro!"
 - 31 Place to press a suit?
 - 35 Scrutinize
 - 38 Graphic symbol
 - 39 Asian teachers
 - 41 CSA soldiers
 - 42 Baseball's Musial
 - 43 "Heavens to Betsy!"
 - 44 Down-to-earth
 - 45 Aid for a struggling student
 - 47 Curly poker
 - 49 Godot's god
 - 50 Watch projection
 - 52 Sups
 - 53 Twist and squeeze
 - 54 Helices
 - 57 Green-card maker
 - 60 Numbers is part of it
 - 61 Trash
 - 63 Sent a message to, old-style
 - 64 "The Threepenny Opera" star
 - 67 Bovine hitmen?
 - 68 Rapped with something flat
 - 70 Climactic inning, often
 - 71 Barking sounds
 - 72 Tree anchor
 - 73 Easy listening in the pasture?
 - 75 Hardwood trees
 - 78 German aviation pioneer Lilienthal
 - 79 Black eight, e.g.
 - 80 Struck (out)
 - 82 Fr. miss
 - 85 [Some OR staffers]
 - 86 Longest-serving current Supreme Court justice
 - 88 Desktop models
 - 89 Serpico's biographer
 - 90 Covered with liberally, as a liquid
 - 91 "The Barefoot Contessa" star
 - 93 Browning gadget
 - 98 Calms
 - 99 City chiefs
 - 100 Polo competitor
 - 101 Scent
 - 103 Job that doesn't pay?
 - 104 Shrek and Fiona
 - 106 Bluesy Carmen
 - 107 "___ Street Blues": Dixieland classic
 - 108 Fairway choices
 - 109 Burn sandalwood, say
 - 111 :, in analogies
 - 113 Tetra- + tetra-
 - 114 Family heads
 - 117 Cone head?

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By John Lampkin from the Los Angeles Times
Edited by Rich Norris and Joyce Nichols Lewis

Cultural Landscape Matters BY KOFI BOONE, ASLA

Just outside of our doors are great places with great stories that remain undocumented and undervalued. These cultural landscapes enrich our daily lives by giving references to the significant people, places and events that make our city unique and memorable. Cultural landscapes need to be documented to edify the lived experiences of people, position those places for supportive policy and resources, and move them along the path to historic designation.

Cultural landscapes include varying types ranging from designed places to vernacular and ethnographic places. What holds this wide range of landscapes together is values of place shared by the people who live, work, recreate, learn, and worship there. The identification and documentation process for cultural landscapes requires a range of engagement approaches with the people who value these places. People partner with professionals and researchers to analyze cultural landscapes and determine their significance. From there, treatments are determined to protect and enhance these places; preservation focuses on protection of existing elements of cultural landscapes, reconstruction addresses the need to rebuild areas now lost, and rehabilitation provides a combination of honoring previous place values but also addressing contemporary community needs.

The South Park East Raleigh Preservation and History Program, in partnership with the City of Raleigh and College of Design at NC State University, have been engaged in an interdisciplinary and multi-year effort to document the cultural landscape of South Park East Raleigh. The results of this partnership include a proposed heritage trail which would connect significant cultural features in the area. Additionally, infrastructure enhancements and redevelopment of strategic sites along the trail would enhance the social, cultural and economic well being of the area.

Immediately adjacent to downtown Raleigh,

Shaw University and Chavis Park, South Park East Raleigh is a historic African American neighborhood with numerous cultural assets. Community stakeholders in the neighborhood are active participants in many efforts designed to identify, protect and enhance key features that make their neighborhood unique. Sweeping changes in the area are impacting the quality of the cultural landscape and community stakeholders have been articulate in describing these challenges.

For example, Chavis Park, the open space heart of South Park East Raleigh, is currently undergoing two processes that community stakeholder identified as cultural landscape opportunities. One change is a state-sponsored landscape restoration of Little Rock Creek. Through rehabilitation, it is possible to retain the valued water quality benefits provided by naturalized areas while honoring the more manicured and garden qualities associated with the living memory of park users.

Another example is the proposed relocation of the historic carousel in Chavis Park. Through archival research, interviews and a cellphone-based research study identifying significant places in Chavis Park, community stakeholders identified the current location of the carousel as “the heart of the park.” In the Jim Crow era, Chavis Park was the analogous “black” park to nearby “white” Pullen Park. In addition to sharing carousels, both parks included miniature trains, Olympic-sized pools, bathhouses and concessions. Since legal desegregation, Pullen Park has greatly expanded and become a regional park. Over the same period, Chavis Park has been considered a neighborhood park and lost many of its historic assets.

Archival research confirmed stakeholder perceptions that South Park East Raleigh was and remains a significant regional destination for African Americans. Historically, African American leaders

traveling between Washington, DC, and Atlanta, Georgia, saw South Park East Raleigh and Chavis Park as safe and dynamic destinations. Within North Carolina, school church groups used the park for meetings and gatherings. These cultural landscape qualities suggest that the location of the carousel is less an issue of the specific facility, but its symbolic importance as the last trace of a historically significant gathering place.



This collage shows cultural landscape themes revealed through research with community partners in Chavis Park.

CREDIT: KIDDEE CHAREONPANITKUL

Raleigh’s cultural heritage is important to the City’s identity. There are many opportunities to engage communities and uncover compelling stories that can add value to cultural landscapes. The first step is identifying potential places. Contacting historic preservation offices, community organizations and local institutions is a good place to start. Online resources, including the “What’s Out There?” program via The Cultural Landscape Foundation (www.tclf.org), are helpful in building the database of places. Cultural landscapes matter. Get involved! 📍

Kofi is an Assistant Professor in the College of Design’s Department of Landscape Architecture at NC State University. See Kofi Boone’s recent presentation held at the Raleigh Urban Design Center: <http://bit.ly/kofi-presentation>.



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