



# RALEIGH DOWNTOWNER

MAGAZINE

VOLUME 5, ISSUE 2

ENTERTAINMENT, ARTS & CULTURE, BUSINESS, DINING, EVENTS, MUSIC, AND MORE

FREE



## Getting Around Downtown



Fayetteville St



**BIZ PROFILE**  
Lulu.com and Bob Young move downtown



**LOCAL BANDS**  
Our newest column features Raleigh's Bright Young Things

**RALEIGH DOWNTOWNER**  
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Are you getting married in downtown? Email us! [knot@raleighdowntown.com](mailto:knot@raleighdowntown.com)



### ON THE COVER

The first installed sign of the new wayfaring signage system the city is implementing to help direct visitors into downtown and to local destinations.

LEFT: The free R-Line circulator bus runs "green" and travels through all the downtown districts seven days a week.



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**[www.RaleighDowntowner.com](http://www.RaleighDowntowner.com)**

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If you have suggestions for another location where you'd like to see the Downtowner, email us at [delivery@raleighdowntowner.com](mailto:delivery@raleighdowntowner.com). We love hearing from our readers!

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# Getting Around in Downtown Raleigh

**#1 Best Place to Live in the U.S.**  
MSNBC, 6/08

**#1 Best Place for Young Adults**  
BIZJOURNALS, 5/08

**#1 Best Place for Businesses and Careers**  
FORBES.COM, 3/08

**#1 Top City for Small Business**  
BIZJOURNALS, 2/09

**#6 Healthiest Housing Market**  
BUILDERONLINE.COM, 02/09



These are just a few of the positive accolades that Raleigh has earned recently, giving Raleigh invaluable national exposure—something money and advertising can't buy. The city continues to be a magnet for new residents from around the state and the country (more than 10,000 annually), making Raleigh the fastest growing metropolitan region in the Carolinas and one of the fastest nationwide. Attracted by our above-average economy, numerous universities and businesses, easy way of life, and flourishing downtown filled with nightlife, arts and culture, and a myriad of restaurants, these soon-to-be Raleighites, as well as visitors, are coming to downtown in unprecedented numbers.

For these new residents and visitors, downtown Raleigh, like most larger cities' downtowns, can often be difficult to navigate. Below are a few tips to make getting around easier.

## Hoofing It

Though many travelers prefer to navigate downtown in the safety and comfort of their own vehicle, there are other modes of transportation to consider. The simplest and oldest form of transportation is walking. Health benefits aside, walking is the "greenest" way to traverse from one destination to another and also eliminates the time and cost of parking. This is a viable, albeit less popular, mode of transportation for the nearly 5,000 residents living in the downtown area. If more residents walked

to just a few of their daily or weekly outings, it would eliminate much of the traffic and congestion downtown as well as decrease the automotive pollutants expelled into the environment.

To see how walkable your neighborhood is, visit [www.walkscore.com](http://www.walkscore.com) and type in your address. The resulting number, with 100 being the highest, is calculated by the proximity to destination points like grocery stores (currently the most lacking necessity downtown), restaurants, bars, libraries, parks, etc. Overall, San Francisco, New York and Boston boast the highest walkability scores, 86, 83 and 79 respectively. By typing in Raleigh, NC, with no street address, [walkscore.com](http://walkscore.com) centers the city at the corner of West Morgan and South Dawson, giving the capital a "Walker's Paradise" score of 94. This may be a bit skewed as some of the amenities listed close by are closed (most notably Capital City Grocery) or in the wrong category (a real estate company was listed under Grocery Stores). Even so, most destinations within the downtown core are easily accessible on foot.

## Pedal-Powered Transport

Another non-vehicular, pollution-free way to get around downtown is cycling. Downtown Raleigh is not particularly known for being bicycle-friendly, although there are a substantial number of riders in the area. The Raleigh Bicycle Transportation Plan, drafted by more than 800 Raleigh citizens, has been presented to the City Council and is scheduled to appear

before the Comprehensive Planning Committee within the coming weeks. This plan aims to improve the riding conditions for cyclists with an emphasis on the downtown area, where pedaling is a feasible alternative to driving for those who live nearby. One lofty goal of this plan is to become designated as a "Bicycle-Friendly Community" by the year 2010 by the League of American Bicyclists. Read more about the Bike Plan at [www.greenways.com/raleighbike\\_download.html](http://www.greenways.com/raleighbike_download.html) (short URL: <http://tinyurl.com/raleighbikeplan>)

We spoke with Eric Lamb, Manager of the Transportation Services Division for the city, who told us, "One of the other pieces of the plan was bike parking. It's great if you can ride your bike downtown, but you have to be able to park it somewhere. Following in the heels of the Bike Plan, we're also undertaking a 'public realm' study for downtown where we're looking at the environment along the streets and sidewalks. Bike parking is a big component of that [and] we are assessing where the needs are and developing standards for where to place new racks and parking stations."



To view the current bike paths around Raleigh, visit one of the following sites: [www.ncdot.org/it/gis/DataDistribution/BikeMaps/Thumbs.html?thumb=Raleigh](http://www.ncdot.org/it/gis/DataDistribution/BikeMaps/Thumbs.html?thumb=Raleigh) (short URL: <http://tinyurl.com/ncdotbikepaths>)

This map from the NCDOT highlights a 150-mile system of designated bicycle routes.

>>>

Nine cross-town routes connect neighborhoods, parks, schools, and points of interest. Four short recreational loop routes, one in each quadrant of the city, highlight good places for novice cyclists or families to ride. The system of off-road greenways and bike paths is also shown. A park matrix shows the facilities at 45 parks in the area.

[www.raleighnc.gov/portal/server.pt/gateway/PTARGS\\_o\\_2\\_135021\\_o\\_o\\_18/Capital\\_Area\\_Greenway\\_Map.pdf](http://www.raleighnc.gov/portal/server.pt/gateway/PTARGS_o_2_135021_o_o_18/Capital_Area_Greenway_Map.pdf) (short URL: <http://tinyurl.com/raleighgreenways>)

This link shows Raleigh area greenway trails (including paved, unpaved trails, on-street bike routes, and urban bike loops), parks, and points of interest.

[www.bikely.com/listpaths/country/254/region/155/city/1317](http://www.bikely.com/listpaths/country/254/region/155/city/1317) (short URL: <http://tinyurl.com/bikepaths>)

This website includes information on 157 bicycle trails in and around Raleigh, complete with distance and descriptions from riders.

#### Ride the “Green” Blue Bus

In mid-February the Raleigh Transit Authority launched their new Downtown Circulator bus service, dubbed the R-line, to further brand the new “You R Here” slogan and web address for the city’s marketing arm, the Downtown Raleigh Alliance ([www.YouRHere.com](http://www.YouRHere.com)). Two buses run concurrently around a loop that circles through the different downtown districts. The service is free and runs from seven days a week, 7am to 11pm Monday through Wednesday; 7am to 2:15am Thursday through Saturday; and 1pm to 8pm Sunday. Evening routes are added after 6:30pm which include stops in the Warehouse and Moore Square Districts.

These 40-foot low-floor transit buses are powered by a hybrid-electric engine and run on both bio-diesel fuel and an electric system similar to the same technology in the Toyota Prius. The hybrid-electric engines create less air pollution and less noise than a standard diesel-powered bus.

Initial rider usage has been slow, as was expected, but as word about the R-Line spreads, ridership has started to increase. The city predicts that more people will use this service to travel throughout downtown on the weekends—when the number of riders is greatest—as well as to commute downtown during work hours. Planned updates to the service should also help to increase ridership. The city is currently working on two additional rider scheduling tools: The first is real-time data signs that should be installed by this

summer. Beacons in each bus will communicate with electronic signs at each stop, calculate bus speed and remaining stops and then display how many minutes before the next pickup. The second tool will involve connecting the GPS capabilities already built into the circulators to a website so readers can view the location of the buses online to know when they should arrive at a bus stop. NC State’s student bus service, the Wolfline, currently uses TransLoc, a local company based on Centennial Campus, to track their buses in real-time. By visiting the Wolfline TransLoc website, via



computer or smartphone, <http://ncsu.transloc.com>, riders can see the exact location of all the buses on a Google-style map of Raleigh. Since the R-line circulator buses run on an irregular loop schedule (every 12-18 minutes depending on traffic, the number of rider pick-ups and drop-offs, and the number of stops the buses have to make) as opposed to a time schedule—for example, every quarter on the hour—seeing the location of the bus would allow riders to estimate its arrival time, which is especially helpful during inclement weather or when riders are pressed for time.

#### Downtown Rickshaws

The word “rickshaw” originates from the Japanese word *jirikisha*, which means “human-powered vehicle.” Founded in April 2007 by Donald Mertrud, Raleigh Rickshaw has become an integral part of downtown culture. Inspired by the pedicabs in his hometown of Charleston, South Carolina, and the recent trend of environmentally-green vehicles, Mertrud saw an opportunity to launch a similar service in Raleigh. He recognized that many local

destinations were too near to drive, yet too far to walk, and saw rickshaws as a convenient, sensible way to travel the few blocks separating downtown destinations.

“I saw a need for point-to-point transportation that would connect the five growing downtown districts as well as downtown historic neighborhoods,” says Mertrud. Now comprised of 22 rickshaws, Mertrud has expanded the rickshaw service to run from 10am to 11pm on Sunday through Wednesday; and 10:30am to 3am on Thursday, Friday and Saturday. The day service often transports riders from parking decks and perimeter parking to their destination, and workers downtown are using the rickshaws to ride from work to their parked cars. Raleigh Rickshaw has expanded its services to other events and locations as well. Weddings book transportation to chapels and receptions, and neighborhood and corporate events hire rickshaws for novel alternative transportation.

With the new website launched earlier this year, scheduling a rickshaw pickup is just a click away. Riders can go online and choose a time and location where a rickshaw is needed and the website will send a text message to the closest rickshaw driver, who then proceeds to the sender’s specified location. Raleigh Rickshaw has also begun giving rickshaw tours of historic downtown, educating their drivers through the Raleigh City Museum to learn about landmarks, buildings and Raleigh history. Learn more about the Raleigh Rickshaws on their website, [www.RaleighRickshaw.com](http://www.RaleighRickshaw.com), or give them a call at 919.623.5555 to take an emission-free ride around downtown.

Incidentally, Mertrud has initiated an effort to start a rent-a-bike program downtown and is currently soliciting interest and funding for this idea. Patrons would be able to rent bicycles from a kiosk using a credit card. Bike-sharing companies such as the Velib in Paris, which has over 20,000 bikes in use, have shown that the systems can be

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highly popular. A U.S. company, B-cycle, is opening a similar program this summer in downtown Denver, and is funded in part by the cycling company Trek. Raleigh may soon see its own bike-sharing program downtown if Mertrud's efforts pay off.

### Wayfinding

The City of Raleigh has begun implementing their new wayfinding sign program with several signs already in place. The first sign was installed last week, a vehicular parking sign for the Convention Center, and appears on this issue's cover. The City of Raleigh worked in conjunction with the Downtown Raleigh Alliance, the Greater Raleigh Convention and Visitors Bureau, and Michigan-based Corbin Design to evaluate the city's existing signage and develop the new wayfinding system. Corbin has created systems for other cities including Atlanta, Indianapolis, Los Angeles, and Kansas City.

There are five types of wayfinding signs:

- **GATEWAY IDS**—"Welcome to Downtown Raleigh"



- **TRAILBLAZER**—Directional signs into and out of downtown from the city's major entryways
- **VEHICULAR GUIDES**—Signs that guide vehicular traffic to parking, entertainment venues, universities, government buildings, etc.
- **PEDESTRIAN GUIDES**—similar to vehicular guides but constructed for pedestrians and guide walking/biking traffic to the same types of destinations and attractions
- **KIOSKS AND PEDESTRIAN MAPS**—informational displays including streets maps with locations of destinations and other points of interest

Many of the signs are internally illuminated, making them useful 24-hours a day. All 132 wayfinding signs are scheduled to be installed by early April, benefiting both downtown visitors and residents alike.

### Working Toward the Future

Since the publication of the Raleigh Downtowner's first issue four years ago, downtown Raleigh has seen substantial growth and has become one of the fastest growing cities in the country. Currently a small-town city, Raleigh is poised to earn world-class status in the not too distant future. As the city matures, it will hopefully retain the positive small-town attributes like its friendliness and charm, while simultaneously attracting new residents and development. The continued renaissance of downtown is central to Raleigh's success and dependent on the continued support of its visitors and residents. We encourage our readers to become an active part in their community by visiting local restaurants and businesses and getting involved in city government. Only through these efforts will downtown be able to sustain our existing growth and success. 📍

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**May 5 - May 10...**Don't miss the chance to travel Over the Rainbow and experience this national treasure on stage.



**May 15 - May 17...**When Thomas makes a big mistake, all the engines on the Island of Sodor must work together to prepare for the exciting event under the Big Top as Thomas proves he's a really useful engine once again.



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# RALEIGH DOWNTOWNER MAGAZINE

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# WRITERS WANTED

The Raleigh Downtowner Magazine is searching for contributing writers for our new website launching this summer. If you're passionate about any of the topics below, or have another idea for a column, send us an email to [writers@raleighdowntowner.com](mailto:writers@raleighdowntowner.com).

- |                 |                  |               |
|-----------------|------------------|---------------|
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# RALEIGH DOWNTOWNER MAGAZINE

# East Raleigh | South Park

HISTORIC DOWNTOWN NEIGHBORHOODS: PART 3 of 7

BY CHRIS MOUTOS

Just a few steps from the glittering Progress Energy headquarters and the vibrant City Market is an area steeped in history of which few of us are aware. The East Raleigh-South Park area, also known as Downtown East, began as a predominantly African-American community in the southeast quadrant of the original Raleigh city limits. Approximately 260 acres in size, this downtown community is bounded by Cabarrus Street to the north; Little Rock Creek, Chavis Park, Holmes



Street, and Carnage Drive to the east; Peterson and Hoke Streets to the south; and Wilmington Street and Garner Road to the west.

Significant development began during the Reconstruction period after the Civil War when a large number of Freedmen needed a place to live. Fortunately, land became available at reasonable prices with the demise of plantation estates.

This area is home to a lot of history and several structures that are part of the nationally registered East Raleigh-South Park Historic District. Chavis Park served an important function in this community as it was the only park during the days of Jim Crow that African Americans were able to use.

Shaw University is one such place steeped with history, mainly because of its then avant-garde opportunities for blacks. In 1865 Henry Martin Tupper wanted to organize a class to teach Freedmen to read and interpret the Bible.

Unexpected numbers signed up and land was purchased to build a school and church. The school was known as the Raleigh Institute until an important benefactor, Elijah Shaw, provided funding for Shaw Hall which was erected in 1871. Around this time, the school became Shaw Collegiate Institute and four years later was incorporated as Shaw University.

In 1885, The Leonard School of Medicine at Shaw University was founded; it was not only the first four-year medical school in the nation to train African-Americans to become physicians and pharmacists, but also the first four-year medical school in North Carolina. Originally named Leonard Medical Center (then Leonard Medical School), Leonard Hall was established when medical schools were professionalizing. Just beside Leonard Hall was Estey Hall. It was the first building constructed for the higher education of African-American women in the United States. Built in 1873, Estey Hall is the oldest surviving building at the University.

The construction of the Masonic Temple in 1906 at 427 S. Blount Street played a key part in helping to bring businesses and residents to the area. The 1920s were a prosperous time for downtown Raleigh. The area around East Hargett Street became a hub for African-American commercial development. Many of the business owners and other professionals who worked in the area lived in South Park.

Does the name Dr. Manassa T. Pope sound familiar? A graduate of the Leonard School of Medicine, he was one of only seven persons of color eligible to vote in the entire city of

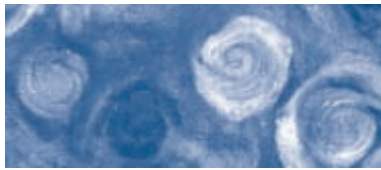


Raleigh. The state had passed an amendment disfranchising the African-American vote, but Pope was eligible under a grandfather clause. Around 1919, decades before the Civil Rights Movement but in a time of racial tension, Pope ran for mayor of Raleigh. Mr. Pope's home, located at 511 S. Wilmington Street is on the National Register of Historic Places and currently serves as a museum.

New visions are on the horizon for Downtown East due to revitalization efforts. No doubt this area has had an era of deterioration and abandonment. Most of the modest homes built between 1900 and 1940 have been torn down and redeveloped; some were renovated while others remain boarded. The East Raleigh community is very active in promoting a diverse mix of housing and development at all socio-economic levels in order to continue being an integral part of downtown Raleigh. 🏠

PHOTOS Top Left: Sculpture "Glimpses of the Promised Land" by sculptor Mike Roig and view of downtown from Chavis Park | Bottom: Built in 1873, Estey Hall is the oldest surviving building at Shaw | Top Right: The twin-turreted Leonard Hall at Shaw University, originally named the Leonard Medical School, was the first four-year medical school in NC.





## Artspace Summer Program Celebrates 20th Anniversary

Summers are lively at Artspace, with children from around the city filling the building with laughter and energy as they create their own works of art with the guidance of professional artists.

Every year more than 500 children fill the downtown haven for artists and engage in intensive-yet-fun project-oriented classes. Artspace believes that cost should not hinder a child's creativity, so this year Artspace will award 50 scholarships to children for a week of full-day instruction.

### How You Can Support Artspace the Children's Summer Program

Artspace is hosting a fundraiser for the Summer Arts Program Scholarship Fund on Thursday, April 2nd, from 7-10 pm. The cost for the event is only \$10 and includes live music with DJ Madcow, light hors d'oeuvres from Green Planet Catering and a cash bar with wine and beer.

### 50 for \$50

The highlight of the evening will be 50 original works of art on sale for \$50 each, with the proceeds directly supporting the Summer Arts Program Scholarship Fund. Noted local and national artists are donating an original 12" x 12" work of art in honor of the evening. Artists include Luke Miller Buchanan, Gerry

Lynch, Casey Porn, Meredith Steele, Kent Williams, Chris Scarborough, and Tisha Edwards along with others. You can preview all the artwork that will be on sale that night on Artspace's website, [www.artspacenc.org](http://www.artspacenc.org).

For just \$60, you can attend a worthwhile and fun event, take home a work of art and give a child a unique art experience this summer. Tickets are available in advance at [www.artspacenc.org](http://www.artspacenc.org) or at the door.

### About the Artspace Summer Arts Program

Through the Artspace Summer Arts Program, a variety of classes are available for youths, from acrylic painting to collage to stained glass and paper making. Youths selected for scholarships must demonstrate financial need, participate in the free or reduced lunch program, and be recommended by their art teacher.

But you don't have to be a kid to enjoy Artspace in the summer. This is the 20th year of the Summer Arts Program and there are plenty of classes for all-age children, from rising third through tenth grade, college prep courses for rising ninth through twelfth grade and several workshops for adults ages 16 and up. You can find this year's course catalogs at [www.artspacenc.org](http://www.artspacenc.org) or by calling Artspace at 821.2787 for more information.



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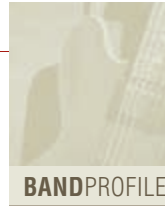
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**BANDPROFILE**

## Bright Young Things BY DAN STROBEL

**Q**uick, give me your favorite band named after a Catholic apologist. Drawing a blank? No surprise—they're in short supply. Here to fill that void is Bright Young Things, a baby-faced five-piece band who got their name from a satirical G.K. Chesterton essay in which the early 20<sup>th</sup> century writer pokes fun at the nascent idea of celebrity culture. "It's just a little tongue-in-cheek," says bassist Kalib Smith with a wry smile.

Until last month the band was comprised of all NC State graduates or current students. Bright Young Things started as a group of friends who all played instruments and eventually decided to form a band. Original drummer Josh Germeroth

recently moved to New York City for a behind-the-scenes gig with the New York Mets, but underground hero Will Goodyear is temporarily filling Josh's place.

Smith and Josh are childhood friends, and both are optimistic about Bright Young Things' future. Says Smith, "...[we] are happy to have Will playing with us and are glad he's on board for now."

I caught Kalib in between class periods at NC State where he is a public speaking teacher and graduate student. He was quick to stress that although he and his band are young (the average age is 24), they are as experienced and dedicated to their music as more seasoned bands.

"We've all been in bands before and

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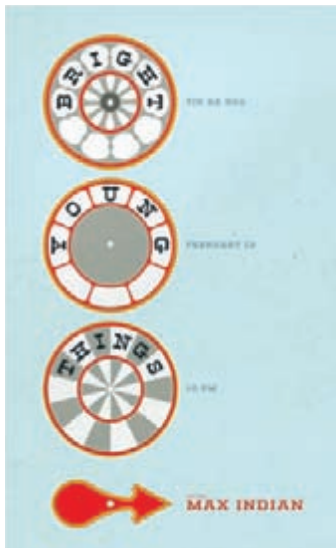
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Cameron and Matt have been writing songs for years, so I think that you can say that we are as serious about this band as you can get," he said. "Plus, Scott has been playing piano for years, and played guitar for about five years before switching to

bass. We're thrilled to have Will playing with us; he's a phenomenal drummer."

Sure BYT have the desire to make something of this project, but how do they sound?

Best described as a sugary-sweet, indie version of The Beatles with shades of Wilco, Bright Young Things' few songs show promise. They're also making a splash in the local press. They were featured on WKNC for an hour-long interview last November and played that same month at Tir Na Nog Irish pub as part of WKNC's Local Beer Local Band night.

Though some of its current members either teach or are still in school, the band hopes to get out on the road in support of a five-song EP they recorded at Jeff Crawford's Arbor Ridge Studios late Jan. - early Feb. This disc is scheduled for release in late March, and the band is looking at local labels to see where their talent will take them. According to Smith, "our ambitions run higher than the Raleigh horizon and we look forward to touring."

I caught BYT recently at Tir Na Nog where they played as part of Local Beer Local

Band night—this time with friends and fellow pop-darlings Max Indian. In front of a crowd of about 50, they ran through every song on their EP and sounded well-polished, with Goodyear making a seamless transition into the band. In early March, they played at The Pour House with Strange Faces, a band featured in Dave Rose's music column in the previous issue of the *Raleigh Downtowner*, and Brett Harris, a friend and occasional bandmate of BYT.

When asked about his favorite part of being in a band, Smith modestly replied, "...being able to make music I love with good friends is what I enjoy right now. If Bright Young Things explodes and it takes us places, then great, but for now I couldn't be happier with the music and progress we're making."

Other bands and artists BYT have played with include Gray Young, The Whalewatchers, Prayers & Tears, David Karsten Daniels, and Thad Cockrell.

Look for BYT to become more present in the Raleigh music scene to draw larger audiences. They've got the looks and the hooks to make their dreams happen. 📺



PHOTO COURTESY OF MONICA DAMRON

### Band Bio

Members:

- Scott Andrews—keyboards
- Matt Damron—vocals/guitars
- Will Goodyear—drums
- Cameron Lee—guitar/vocals
- Kalib Smith—bass/vocals

Sound like:

The Beatles meets Wilco  
with sprinkles on top

[www.myspace.com/brightyoungmusic](http://www.myspace.com/brightyoungmusic)

# Civic Art in Early Raleigh

BY AISLINN E. PENTECOST-FARREN, RALEIGH CITY MUSEUM

Public art has always been a topic of interest in Raleigh, and as downtown continues to grow, so does the demand for it. But public art is not a simple issue; tastes, expectations and funding must all be considered when choosing a piece. Raleigh has been home to public art since its earliest days, and two excellent examples of this art are on display at the State Capitol.

The North Carolina General Assembly commissioned two of the earliest works of public art in Raleigh for the Capitol in the 1810s, both depicting George Washington. According to Raleigh historian Raymond Beck, "North Carolina didn't have their own figure on which to hang their hat." "Washington was the first national hero and a popular subject for civic art work across the country during that time."



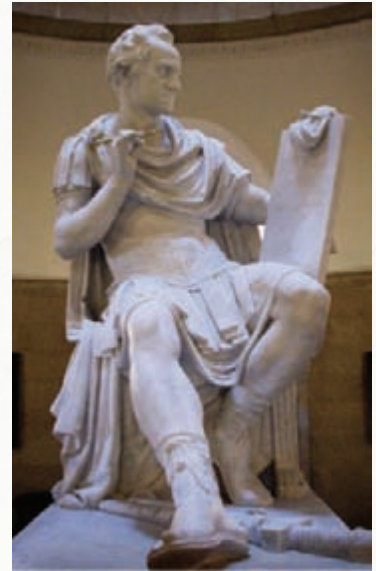
The Assembly chose American artist Thomas Sully to paint a copy of the well-known Lansdowne portrait of George Washington by Gilbert Stuart. Security was tightened around the capitol to protect the artwork, which was completed in 1818.

Around that time, the Assembly also commissioned Antonio Canova, an internationally acclaimed Italian sculptor, to create a marble statue of Washington for the Capitol. After six years, the statue finally arrived in Raleigh on Christmas Eve in 1821. The statue made the long journey across the Atlantic via warship, schooner, steamboat, and finally mule-wagon.

Initially many Raleigh citizens disliked this version of Washington due to his Roman attire. European artists often depicted modern leaders in Greek or Roman style to illustrate the connection between current and past leaders of democracy. Many Raleigh citizens misunderstood this symbolism and were offended. Because of the ongoing discussion, the NC General Assembly passed a law making it an offence to "spit upon, or in any way stain or designedly injure, or in any manner deface" the statue.

However in 1831, only ten years after its installation, a fire engulfed the Capitol and the heat and falling debris destroyed the statue. Luckily four men managed to pull Sully's 250-pound portrait of Washington off the wall and carry it to safety. The NC Museum of Art restored the piece in the 1980s and it hangs in the Capitol today. A broken piece of Canova's statue is also on display near a scale replica of the original.

In 1857, the North Carolina Legislature authorized the purchase of another statue of George Washington for Raleigh's Independence Day celebrations. But this time, they chose a more traditional sculpture. William Hubbard created a bronze reproduction of Jean Antoine Houdon's marble statue of George Washington. Ten-thousand people gathered downtown for the dedication of the new statue and July 4th festivities. Some citizens complained that the statue didn't match the image of Washington they envisioned. News editors defended the piece, explaining



that the statue was based on Washington's appearance as a young man, as opposed to an image of the president in his older years. This statue still stands on the Capitol grounds.

The various Washington pieces at the State Capitol show both enthusiasm and differing opinions concerning public art. While public art has assumed many forms over the years, it continues to serve its purpose in shaping Raleigh's landscape and by sparking discussion. 🗽

*The Raleigh City Museum is located at 220 Fayetteville Street in downtown Raleigh and is open from 10am-4pm Tuesday through Friday, and 1-4pm on Saturdays. Check out our newest exhibit, **Portraits of Raleigh: Images of a City and Her People**, which opened to the public March 6, 2009. If you have any questions, please call 919-832-3775 or check out our website at [www.raleighcitymuseum.org](http://www.raleighcitymuseum.org).*

PHOTOS Left: Marlings State House painting Right: George Washington statue



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Christina with Nick Hagelin and Laura O'Brien from Carolina Ballet at Brooklyn Heights for Nick's birthday



Tracey, Doro and Lee at the Bachelor Bid Benefit

Michelle, Lee and Dede at Solas

Tonia and Carmen at Second Empire



Sam, Fawn and Tommy



Photos on this page are chefs and restaurant owners from the Toast to the Triangle benefitting the Tammy Lynn Memorial Foundation



Solas

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The Mint Restaurant



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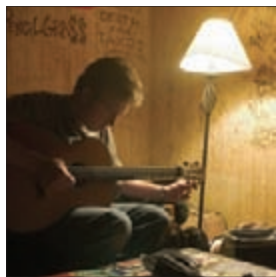


## The Deep South Local Music Review

Each month we look at three local bands within a wide range of music types, from rock to reggae, country to classic. You won't find any negative or bad reviews here, just bands worth hearing in your favorite local music hangout. Enjoy the reviews, check out the bands when they're in town and be sure to mention you read about them in the *Raleigh Downtowner* Deep South Local Music Review.



The Deep South Local Music Review is written by Dave Rose with contributions by Elizabeth Barrett. Dave is the co-founder and co-owner of Deep South Entertainment. Formed in 1995, Deep South Entertainment is a record label, artist management company and concert event production company with offices in Raleigh, North Carolina and Nashville, Tennessee. Deep South is best known locally as producer of the Bud Light Downtown Live summer concert series, featuring national recording artists. Their latest addition to downtown Raleigh is Deep South—The Bar. Elizabeth is a UNC student working part time for Deep South and the Downtown Live concert series.



### Paul Daniel

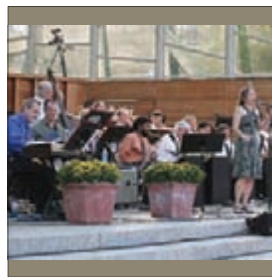
Album: *Shine in Use*  
Genre: Acoustic/Folk Rock  
[www.myspace.com/paulcdaniel](http://www.myspace.com/paulcdaniel)

Paul Daniel's love for music came at an early age as his father—a legendary DJ in NYC—exposed him to it as a child. However, unlike his father, Daniel prefers to make his music with a guitar instead of turntables.

But his father's influence is evident; Daniel draws his inspiration from multiple genres such as rock, blues, country, bluegrass, and folk. His deep baritone vocals and lyrics about life are reminiscent of the early days of the folk revival of the 50s and 60s. Although Daniel attributes his love of music to some of the most legendary players in the business, his sound and style are all his own. In today's competitive music market, he deserves much acclamation for keeping his sound original.

His EP *Shine in Use* showcases his unique sound—not to mention his versatility. The track "Telling the Truth" was a quarter finalist in the Acoustic Channel on OurStage.com in August 2007 even though it was originally ranked at 464.

You can catch Daniel on April 25 at Deep South—The Bar and May 9 at Broad Street Café.



### Raleigh Jazz Orchestra

Genre: Jazz/Orchestra  
[www.raleighjazz.com](http://www.raleighjazz.com)

The Raleigh Jazz Orchestra is a non-profit arts institution in partnership with the Raleigh Symphony Orchestra. The ensemble was founded in 2003 by Dean Olah who is still a trombonist with the group. Over the years, the RJO has maintained its initial goal of creating professional performance opportunities for jazz musicians while preserving and promoting a genre that has played such a significant role in our nation's artistic history.

In 2006 the RJO was directed by Dr. Neal Finn, who brought with him a collection of unique arrangements which set the ensemble apart from the typical stock charts of other groups. His professional credits include performances with jazz artists like Clark Terry, Dave Brubeck, Louis Bellson, Nick Brignola, Carl Fontana, Sunny Wilkenson, and Manhattan Transfer.

The RJO also features local jazz vocalist Susan Reeves. The orchestra's musical selection ranges from early Swing to Big Band hits to original works and honors greats such as Duke Ellington, Count Basie, Stan Kenton, and Woody Herman.

The RJO will be performing at Meredith College this summer, with performances schedule for June, July and August.



### Dakota Darling

Album: *Minutes 'Til the World*  
Genre: Alternative/Rock  
[www.myspace.com/dakotadarlingmusic](http://www.myspace.com/dakotadarlingmusic)

Dakota Darling's debut, *Minutes 'Til the World*, doesn't sound like most of the debuts we've heard. Unlike other starter albums, this one doesn't feature cliché lyrics, forgettable choruses an unpolished instrumentation. With a first album this good, these guys are definitely poised for success.

The Raleigh-based group came together in March 2006 and features former members of Evenfall, Called to Arms and February's Leaving. They draw upon a wide range of influences to create something that you, I and even your mom can enjoy.

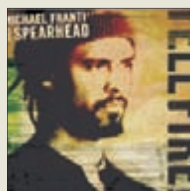
"Say Goodnight," a fan favorite, is definitely a track you can rock out to. But the album isn't limited to any particular genre. In "Love You" the band shows a softer side, bringing in pianos to achieve a contemplative and peaceful tone.

But whatever sound they choose, they always get it right. We like them because they're music is effortlessly good. Keep an eye out for these guys; we think you'll hear a lot more of them in the future.

## What Gen Y & Z are listening to...

BY ELIZABETH BARRETT  
(Deep South Entertainment)

Wonder what music college and high school students are listening to and downloading onto their iPods? Each month we'll give you a quick look as to what you're likely to hear blaring out of dorm room windows on college campuses and out of car windows throughout the Triangle.



### Michael Franti

Album: *Yell Fire*  
Genre: Funk/Roots Music/Soul  
[www.myspace.com/michaelfranti](http://www.myspace.com/michaelfranti)



### The Kooks

Album: *Inside In/Inside Out*  
Genre: Alternative/Indie/Reggae  
[www.myspace.com/thekooks](http://www.myspace.com/thekooks)



### The Hood Internet

Album: *Mixtape Volume Three*  
Genre: Italian Pop  
[www.myspace.com/therealhoodinternet](http://www.myspace.com/therealhoodinternet)





# Hidden Water: Rocky Branch

— BY PETER EICHENBERGER —



That Raleigh—a major city, a capital—was placed near no substantial water course in a time when water provided the primary conduit for communication and transportation remains an enduring, perplexing curiosity, one that never fails to ignite spirited cocktail-hour dissonance among armchair historians and old Raleigh types. Film critic and all 'round Raleigh guy Godfrey Cheshire tells a story of the tussle between Joel Lane, upon whose land Raleigh was created, and his folks who owned land along the Neuse, for the honor (and cash) of providing the site.

The ultimate decision, engendered legendarily over weeks of debate amid copious amounts of the period libation, Cherry Bounce, resulted in the capital city being placed at a high spot on a muddy, mosquito-infested crossroad between Walnut and Crabtree creeks. My personal choice would have been where Lillington now sits on the map by 401 South, which would have put us in the ranks with San Antonio, D.C., and NYC.

But just because you can't toss roses into the water as you stroll with your sweetie along our own little sweet-tea Seine doesn't mean the water isn't there. Raleigh has its own water courses, smaller to be sure, but in no way lesser life-lines to the rest of the world than the Mississippi. A drive along Capital Boulevard or Glenwood South puts one in close proximity to the world of nature, however hemmed in, channeled, diverted by development, and in some cases actually buried

by city. But the waters are there, alive, and providing habitat for the flora and fauna that soften the hard grey edges of urban life.

One of the most remarkable turnarounds has been Rocky Branch, running parallel along Western Boulevard through NCSU, Pullen Park and Dorothea Dix. As children, we sought its cool, dark refuge in the heat of summer under the dense canopy of trees and laid storm-washed planks in the low spots with which we attracted and captured (for a few minutes) frogs the size of dinner plates. One year our idyllic life was brought to a grinding, silted end as Raleigh placed its landfill where there are now the Dix soccer fields. In an instant our splashing cool, forest-green refuge was converted to a trench-leaching toxic effluent.

Time, changing patterns of use and a general rising of consciousness brought the needle swinging back around. Today, a partial restoration via N.C. State and Sea Grant's Barbara Doll has resurrected Rocky Branch to near what I remember—a soft, dark quiet playground for songbirds, herons, muskrats and the like. By extension, Raleigh's burgeoning and successful greenway program has begun to restore and repair centuries of damage and misuse.

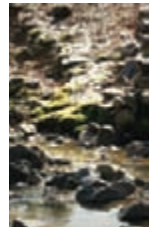
We would do well by getting to know and educate ourselves about Raleigh's waterways, to become more aware of how much our individual actions affect our water, to get to know the web of water that pervades our little town. Perhaps not to the extent of our total immersion in the old days—that may be asking a bit much—but simply

knowing where the creeks are and where they end up could alter the relationship between you and your world, for the betterment of both.

Schedule a walk just to see how much life there is along these overlooked water courses. Close encounters such as a simple stroll along our burdened streams could well engender a greater sense of symbiosis between yourself and nature. Amid the hurley-burley of modern life, it sometimes becomes all too easy to relegate "nature" to those trips to the beach or the mountains, to be inured to the fact that it's really all around us, all the time.

Anything you throw out in the yard or the street eventually winds up in one of our creeks: cigarette butts, paint, silt and the goo produced by cars (one of the worst offenders). If you're a do-it-yourselfer, collect old coolant and motor oil and take them to the hazmat collection drop-off at the nearest auto shop. Take a look at the underside of the family nag from time to time to check for oil leaks. I wouldn't expect oil leakage to become a category on a state automobile inspection, but perhaps some courageous state legislator might take up the banner and champion the environment by adding it.

Sustainability is more than just a buzz word for the new millennium. Let's take care of the biosphere, and it will take care of us. Get to know the natural world as a friend and the mother that she is. 🌿



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## Champagne and a Movie BY MATT FERN



The other day while I was working at Seaboard Wine Warehouse, a regular customer came in and asked what kind of wine I'd recommend for her and her husband to enjoy while sitting on the couch eating popcorn and watching movies. After I got over my initial jealousy of wanting to be doing the same thing instead of working, I wondered, "What would I drink in this situation?" The answer was easy; I'd choose sparkling wine. I know, I know. You're thinking that Champagne and sparkling wines are strictly for special occasions like birthdays or anniversaries. But trust me; popping a cork for a Sunday afternoon of movies is the next best thing to popping popcorn. Other than price, there's a fundamental difference between Champagne and Sparkling wine. Champagne is region-specific with a governed method of production that was actually discovered by accident. Only wines produced in the region of Champagne, France can be labeled as such. However, this doesn't mean that other sparkling wines are necessarily of a lesser quality. In fact, there are world-class sparkling wines that are produced outside of the Champagne region using the same method (typically be listed on the bottle as "Method Champenoise" or "Methode Traditional"; in layman's terms this simply means that the introduction of the bubbles happens inside the bottle.) During the fermentation process of wine there are several bi-products: heat, alcohol and carbon dioxide. Most still wine is first fermented in open-top vats which allow the heat and carbon dioxide to escape. If fermentation happens in a closed vessel—such as a bottle—the carbon dioxide becomes trapped, which creates a naturally sparkling beverage.

The more popular and cost-effective production of sparkling wine is the Charmat method. This involves the fermentation of wine in bulk tanks which is then bottled under pressure. Since it utilizes a cost-effective process, you might think the product may be well below world-class. Not so. Prosecco, one of the stand-outs from this group, is very popular as it is the base wine for the Bellini, a drink which combines peach nectar and this fruity, quaffable wine. Prosecco (which is the name of the grape, the wine and the place) is often drunk in Italy as an afternoon pick-me-up, an idea I certainly won't argue with.

I know there are a few people reading this and saying, "But sparkling wines give me a headache." To those of you who fall into this category, I have two things to say: first, boy do I feel sorry for you; and second, try a sparkling wine produced in the one of the previously mentioned methods. A perfect starter is Spanish Cava which is produced by Methode

Champenoise—although that's almost never printed on the bottle. The reason I suggest this one is that most Sparkling wines we buy for New Year's and other celebrations are generally of a lesser quality. They're used for that quick midnight toast and then put away for Mimosas the next day. Many Cavas are wonderfully complex with aromas of apples and almonds that pair well with a wide array of foods.

Since most of these sparkling wines have been compared to the namesake Champagne in some way or another, I guess I should elaborate on it. Since the wines produced in this area are regarded as the best in the world, people try to recreate similar flavor



profiles by using the same grape varietals. Only three grapes are allowed in a bottle labeled "Champagne": Chardonnay, Pinot Noir and a lesser-known red grape, Pinot Meunier. Many Champagne houses will create a cuvee or blend of at least two of these grapes, with the exception of Blanc de Noirs, which is all Pinot Noir, or Blanc de Blancs, which is all Chardonnay. While I've covered a lot, this isn't even the basics in terms of Champagne; it deserves an article unto itself. Or better yet, why not come to Seaboard Wine so we can chat more about it in person? ☞

*Matt Fern is a wine schlep at Seaboard Wine Warehouse, a wait person at Poole's Diner and a person who thinks you should discover the amazingly diverse world of Sparkling Wine by making every sip a celebration.*

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## DOWNTOWN SNAPSHOT

From the Downtown Raleigh Alliance

 Downtown Raleigh continues to be transformed by investments being made in both the private and public sectors. \$700 million in new construction projects were completed during 2008 alone. This is part of \$2.5 billion worth of downtown developments underway including mixed-use commercial and residential developments, and significant civic and public infrastructure projects. New projects and businesses are helping to recreate



**DAVID DIAZ**  
President and CEO  
Downtown Raleigh Alliance  
www.YouRHere.com

our city center and build upon the assets that make our communities proud. We are confident that new developments can help instigate future investments, in effect serving as catalysts for nearby blocks. While new developments are certainly both exciting and newsworthy, I believe we must help address a variety of issues that impact residents, workers and visitors. One example the DRA is working on involves a 'parking perception' problem. There are over 35,000 parking spaces available for employees and visitors yet many people think there is not enough parking in downtown. You will learn more about a variety of parking-related issues in next

month's edition of the Downtowner, including location and availability of parking and plans by the City of Raleigh to place meters on certain downtown streets. The DRA has helped solicit input from business and property owners on the meter issues specifically.

For the first time, the Downtown Raleigh Alliance will host the 5th Annual Downtown Raleigh Home Tour on Saturday, May 16 from 11 am-5 pm. The Home Tour is a self-guided tour of urban living from condos and lofts to townhomes and single family residences. Our goal for the Home Tour is to raise the public's awareness of the uniqueness of a downtown lifestyle. The Tour will give people an opportunity to experience the diversity of living options in the heart of our city. An array of homes will be showcased, some for sale, some on display. This year there will be a special emphasis on homes that have not been on the Tour in previous years.

A snapshot of the commercial and residential markets downtown helps build the case for developing more Class A commercial office space as well as building up a residential base throughout downtown. And momentum in these sectors could support future growth in several submarkets.

### Downtown Stats Update

There are over 280 street-level shops, restaurants, and service businesses operating in downtown Raleigh. 96 percent of those businesses are independently owned or operated. The multi-tenant commercial occupancy rate for Class A space during the fourth quarter of 2008 was a healthy 94 percent, and 111 condominium units sold (an increase of 53 percent from the previous quarter). These are very positive indicators for downtown, especially during challenging economic times.

# BIZ 1QUESTIONS

## Smedes York—Chairman of the Board, The York Companies

**S**medes York is the Chairman of the Board of The York Companies which includes York Properties and McDonald-York Construction. Founded by Smede's grandfather, C.V. York in 1908, their headquarters were moved to Raleigh in 1910. His father, J. "Willie" York continued the family business passing the reins on to Smedes, who plans on keeping the business in family, with his son George eventually taking over.

After graduation from Broughton High School, Smedes received a Bachelor of Science in Civil Engineering degree from N. C. State and a Master of Business Administration degree from the UNC-Chapel Hill. He played on the basketball team at NC State under Everett Case. Smedes served as Lieutenant in the U. S. Army Corps of Engineers, receiving an Army Commendation medal in 1966 for his service in South Korea. He spent time in elective office as Raleigh City Councilman from 1977 to 1979, and then as Mayor of the City of Raleigh for two terms from 1979 to 1983. In 2007 Smedes was inducted into the Raleigh Hall of Fame for his commitment and service to the community.

His family includes Rosemary, his wife of 41 years, and his sons George and William. George graduated from Wake Forest University and received his MBA from UNC Chapel Hill. He is Executive Vice President of York Properties. William is now working on his PhD in Cognitive Science at Indiana University and may work with George on future York projects.

### 1 How has Raleigh changed since you were mayor in 1983?

**SMEDES:** The population has almost doubled since then, but a lot of the issues related to growth and the revitalization of downtown are still the same. I think a lot of the change is positive. The central part of the city is stronger than it was and a lot of what we hoped would happen downtown has come about. Outside of downtown, the suburban areas have expanded. I think if I was mayor today I would have a similar platform as I had before.



### 2 Are there any lessons you learned while playing basketball under the legendary Everett Case?

I enjoyed playing under Everett, and in fact, I still play a little three-on-three. I think what I learned most was discipline and time management. They were both useful in college as I was taking civil engineering courses while playing basketball and being an active member of my fraternity.

### 3 What has been your proudest moment in your professional career?

I can't name just one moment. I love that I got to work with my dad and now today my son George. The aspect of having a family business—which began in 1910 with my grandfather—that has continued and transitioned from generation to generation is the thing I'm most proud of, professionally.

### 4 Do you have any favorite restaurants in downtown Raleigh?

18 Seaboard is certainly one of my favorites. I also like Irregardless, Piccola Italia in Cameron Village and the Globe. I generally stick to restaurants close to work, but there are a lot of good restaurants downtown that are worth venturing out for.

### 5 What's your favorite food?

It probably has to be chicken. Even when I go to Angus Barn, I usually order chicken. Seafood is a close second though.

### 6 Do you have a favorite movie?

I enjoy movies and I actually see a lot of them. But my all-time favorite is definitely *Dr. Strangelove* starring Peter Sellers.

### 7 How do you prefer to read your news—in print or online?

In print. Occasionally I'll find a story online, but I prefer newspapers because they're portable; you can take them everywhere and read them anytime.

### 8 What's your favorite spectator sport and favorite sport to play?

I enjoy watching both basketball and golf. In college I was lucky enough to get tickets to the Grand Masters Golf Tournament when Arnold Palmer was just becoming famous and have renewed them every year since. For playing, it's definitely basketball.

### 9 What kind of changes do you envision for downtown Raleigh in the next 10-20 years?

I think we'll continue to see a lot of what we're seeing now. Raleigh is very fortunate in that we have a great street system downtown; everything is easy to understand and navigate. I think there will be an influx of more businesses and people as well as more transit in and around downtown.

### 10 Do you have any suggestions for bringing in more retail downtown?

I don't think we'll see a full-line grocery store any time soon, and I also doubt we'll see a lot of clothing stores. Our downtown is geared more toward restaurants and entertainment so I think we should embrace what works and expand on it. There are a lot of clothing stores and grocery stores in Cameron Village and North Hills, and people usually prefer shopping there as opposed to downtown because they want a lot of options at the same destination. I believe we'll continue to see a lot of continued activity and growth in downtown. 📍



Bob Young had two choices in the late 90s: move his family to North Carolina to join his business partner Marc Ewing or remain in Connecticut and start the business there. For Young, the choice was an easy one. But it wasn't NC's climate and proximity to both the beach and mountains that sold Young, but rather the area's talent—a lot of which came from the state's nationally-ranked and recognized colleges and universities. Raleigh's upward growth rate, diversity and large number of small businesses also made it an ideal place to start Lulu. With all these pros,



Young, the CEO and founder of Lulu.com, had no reservations about moving his family and business to NC, and more recently, to Raleigh.

Lulu's new offices are located in the former NC Equipment Co. building on Hillsborough Street, which is best known for the big yellow bulldozer sign perched on its roof. Even though the historic building has been completely renovated, Young insisted that the tractor stay. "In addition to the possibilities for expansion this tremendous building affords us, the proximity to NC State and the other fine colleges and universities in the area offers Lulu excellent



**BUSINESS PROFILE BY COURTNEY WRIGHT**

recruiting opportunities," says Lulu spokeswoman Gail Jordan. The 28,800 square-foot building offers plenty of room for expansion, and giving the growth in recent years, Lulu will most likely need it.

Young created the privately-held Lulu Inc. Enterprises in 2002 to offer an affordable online marketplace for authors and readers and remove many of the traditional barriers that stood in the way of writers finding a publisher. Lulu.com provides an easy-to-use method to create various printed materials including business solutions, calendars, magazines, and even movies and music. Lulu.com's main focus, however, is books. Lulu.com is an alternative to the conventional publishing model; it strives to make printing and distribution more accessible and pass more of the profit to authors.

Lulu.com is a print-on-demand service, so each copy of a book is actually printed as it's ordered. New technology eliminates the need to run huge batches of the same book in order to lower costs. What makes Lulu unique is its front-end service to the writers. Via lulu.com, anyone can upload a complete book with no initial cost. Lulu charges for a variety of optional supporting services like editing, cover design, ISBN assignment, marketing, and distribution assistance. Authors dictate the selling price of their book and keep 80 percent of the revenue from its sales, minus Lulu's printing cost.

Young, perhaps better known as the co-founder and former CEO of Red Hat, thought of the idea after writing his own book. While he says "it wasn't very good," *Under the Radar: How Red Hat Changed the Software*

*Business—and Took Microsoft by Surprise* initially sold 200,000 copies at roughly \$25 each. After the publisher gave Young his profit, Young was left wondering what happened to rest of the half million his book generated.

He decided to investigate and learned of the huge costs associated with book publishing: bulk printing, distribution, advertising, and warehousing. Unless a book is a bestseller, the costs leave little profit for the publisher, let alone the author. "Most authors who write a worthwhile book never get published," Young says, "But not because their book is bad or isn't valuable to someone, but because it's not valuable to enough people for traditional publishers to profit." A book that sells only 5,000 copies, for example, wouldn't make enough money to justify its short shelf-life. "But the 5,000 people who would have bought and read that book would have received a great deal of benefit," says Young.

Young's mission with Red Hat, which provides open-source Linux-based software, was to shift control away from the vendors and into the hands of the users, which in Red Hat's case was making software freely downloadable and its code open for viewing and modification. (In Red Hat's early years, Microsoft had threatened to lock down a complete monopoly on software through its Windows operating system.) Young is applying that same idea at Lulu by taking power away from the publishers and giving more of it to authors, thereby giving them control of pricing and distribution as well as editorial and copyright authority.

"I'm an entrepreneur by instinct and by training," Young says. His approach in business comes down to problem-solving, which means taking a look at societal problems and figuring out new approaches in order to solve them. For Young, "it's about believing you're making the world a better place." 📖





## New Downtown Businesses



### Boylan Bridge Brewpub

201 S. Boylan Avenue  
803.8927  
www.boyланbridge.com  
The Boylan Bridge Brewpub features craft beer brewed onsite, wine by the glass, and various pub food. The atmosphere is bright and open and is "conducive to conversation, business, and social interaction." The outdoor deck seating offers one of the best views of the downtown Raleigh skyline.



### European Espresso & Wine Cafe

222 Glenwood Avenue, Suite 121  
521.5434  
www.eurocafe222.com  
Housed underneath the 222 condos in the Glenwood South area, European Espresso and Wine Cafe features over 80 wines by the glass and bottle, champagne, ports, coffees & cordials. Food includes a light menu, cheese platters, caviar, foie gras, smoked salmon, antipasto, and other delicacies.



### The Flying Biscuit Cafe

2016 Clark Avenue  
833.6924  
www.flyingbiscuit.com  
The Biscuit is known for its breakfast and brunch menu as well as its dinner as well. Try their scrambled eggs or tofu, or go for something different like

their chipotle-barbecued salmon topped with green-tomato relish served with coconut rice. In Cameron Village beside the Cameron Bar and Grille.



### Foundation

213 Fayetteville Street  
896.6016  
www.foundationnc.com  
Housed in a dug-out crawl space beneath the One Exchange Plaza building (which also houses The Mint), Foundation serves only NC draft beer as well as various wines and liquor. They make their own ginger ale, colas and tonic from methods not seen in decades. The exposed stone-walls and wood structure give Foundation a flavor that matches its homemade fountain drinks. The bar is non-smoking and will have outdoor seating by early summer.



### Get Dressed

600 N. West Street  
(former Purple Armchair location)  
828.1919  
Get Dressed is a new concept in consignment shopping that offers an economical and practical clothing alternative for every member of your family with the added bonus of having a personal wardrobe consultant free of charge. They will also be offering one-of-a-kind locally crafted and fairly traded clothing and accessories. Get Dressed intends to help you find clothing that complements your physique, reflects your lifestyle and best conveys your true and best sense of self.

### Hipsteria

18 Glenwood Avenue (in the Carter building)  
389.0828  
www.hipsteriamodern.com  
"So cool it's out of control."



They offer premium mid-century modern, Danish modern, contemporary home furnishings and accessories, as well as original art. At Hipsteria, you don't have to be an expert to get a great deal. All our pieces are high quality, in excellent condition, and priced fairly. The Hipster and our sales staff are eager to assist you in finding the right piece for your home, and can help you integrate mid-century furnishings with your existing decor.



### Jibarra Restaurant

327 W. Davie Street (The Depot)  
755.0556  
www.jibarra.net  
Located in the rejuvenated depot building in the warehouse district across from the Pit, Jibarra takes traditional Mexican dishes, uses modern cooking techniques and presents them in a contemporary way. Sample from their tremendous tequila menu and a unique Spanish and South American wine list.



### The Remedy Diner

137 E. Hargett Street  
835.3553  
www.theremedydiner.com  
"Cures What Ales You." Over-the-counter remedies include all-day breakfast, sandwiches, salads, vegetarian options, daily specials, and a substantial beer list.

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## BETTER LIVING

**BEST OF THE BEST!** And now our new READER POLL!! (see below)  
Fred Benton knows the Triangle! Benton, long-time lifestyle journalist covering the Triangle for over 20 years, has definite ideas about businesses that he feels are particularly consumer-friendly and offer superlative product and service. This list is the sole property and decision-making of Fred Benton and BetterlivingNC Productions and is not affiliated with the Raleigh Downtowner. This list is a companion information guide that Benton presents on WCKB radio and is heard throughout southeastern NC.

**Angus Barn** - Glenwood Avenue, close to RDU International Airport, 787-3505. *The BEST steaks!*

**42nd Street Oyster Bar** - 508 West Jones Street, Raleigh, 831-2811. 42ndstoysterbar.com *BEST Seafood Salad!*

**The Point at Glenwood** - 1626 Glenwood Avenue at Five Points, Raleigh, 755-1007. *BEST Reuben Sandwich!*

**Lilly's Pizza** - Five Points, Raleigh, 833-0226. lillyspizza.com *BEST pizza! BEST house side salad! BEST beer selection!*

**Nina's Ristorante** - 801 Leadmine Road, Harvest Plaza, 845-1122. *BEST NY-style Italian!*

**Trish the Dish Catering** - Raleigh, 852-0369. *Fabulous fun food for the budget-minded!*

**Cafe Tiramisu** - North Ridge Shpg Ctr, near Ace Hardware, Falls of Neuse Road, 981-0305. *BEST stuffed pork chop! BEST fried cheese souffle!*

**William and Garland Motel** - Hwy.58, Salter Path, 252-247-3733. *BEST budget-friendly family accommodations on the Crystal Coast!*

**The Black Mountain Inn** - 828-669-6528. *Best in Black Mountain! Pet-friendly!*  
www.blackmountaininn.com

**Waraji Japanese Restaurant** - Duraleigh Road, corner of Duraleigh and Pleasant Valley roads, 783-1883. *"If you knew sushi like I know sushi." BEST sushi! warajirestaurant.com*

**larrybeans.com** - 828-1234. *Your web site for BEST coffees.*

**The Lamplight Inn** - Henderson 252-438-6311. *Pet-friendly; great breakfasts! www.lamplightbnb.net*

**Springfield Inn** - a bed and breakfast, 252-426-8471, springfield@springfieldbb.com. *In Hertford, BEST breakfast! Farm-fresh everything!*

**Dakota Grill** - 9549 Chapel Hill Road (Hwy. 54), intersection with Cary Parkway, 463-9526. *BEST exotic burger (double bison burger), and BEST chili for pepperheads.*

**Simpson's Beef & Seafood** - at Creedmoor and Millbrook roads, 783-8818. *BEST prime rib! BEST coconut shrimp!*

**Apex Chiropractic** - Apex, 362-9066. *I could hardly walk. Acupuncture saved my life!*

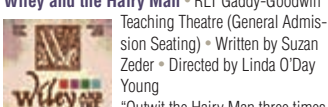
**Broadway Series South** - Progress Energy Center for the Performing Arts, 831-6060. *BEST dramatic arts performances; stellar 09 season that includes "Chorus Line" and "Wizard."*

**READER EMAIL POLL:** What is your favorite restaurant in Raleigh?  
Please send your vote to betterlivingnc@yahoo.com.

EVENTS CALENDAR

Brought to you by 42nd Street Oyster Bar and its commitment to the performing arts and artists in Raleigh. 919.831.2811 | 508 West Jones Street, Raleigh

**March 13-29**  
Raleigh Little Theatre Presents



**Wiley and the Hairy Man** • RLT Gaddy-Goodwin Teaching Theatre (General Admission Seating) • Written by Suzan Zeder • Directed by Linda O'Day Young  
"Outwit the Hairy Man three times and he won't scare you ever again," promises Wiley's mother, the best conjure woman in the backcountry. This African American tale follows the young fatherless boy and his faithful Hounddog on their adventure into the swamp where Wiley learns to rely upon his own wit and conquers two villains—the Hairy Man and his own fear. The magic of this play is not fairy dust—it is the earth and mud of the mysterious Tombigee Swamp.

Tickets available through [www.etix.com](http://www.etix.com) or from the RLT Box Office at 919.821.3111.

**March 14**  
NC Symphony Presents  
**A World of Music, Young People's Series** • Meymandi Concert Hall • Featuring: Paperhand Puppet



Intervention • Joan Landry, Assistant Conductor  
Take your entire family on a musical adventure

around the globe as we explore sonic traditions from all corners of the planet and enjoy the breathtaking large scale puppetry visuals. The Young People's Series concerts are designed for children of all ages and provide meaningful classical music experiences in a fun, relaxed setting.

**March 20-21**  
NC Symphony Presents



**Tchaikovsky's Fourth**, Duke Medicine Classical Raleigh Series • Meymandi Concert Hall • Artist: Marc-André Hamelin, piano • Featuring: Stefan Sanderling, guest conductor; Marc-André Hamelin, piano  
"Tchaikovsky's symphony careers from blazing sunlight to dark and troubled waters. Shostakovich's

first concerto is a virtuoso vehicle for French-Canadian pianist Marc-André Hamelin and Principal Trumpet Paul Randall." —Grant Llewellyn

Program: Anatol Liadov: Kikimora Shostakovich: Piano Concerto No. 1 Tchaikovsky: Symphony No. 4

For tickets or for more information, call the NC Symphony Audience Services at 919.733.2750 or visit [www.ncsymphony.org](http://www.ncsymphony.org).

**March 27-29**  
NC Symphony Presents  
**Blue Skies and Golden Sands**, Fidelity Investments Pop Series • Meymandi Concert Hall • Artists: Blue Skies Golden Sands Ensemble



• Program: A Journey Down the Coastal Carolinas: a program of Early American Gospel, Rhythm and Blues, and Beach Music.

• Featuring: Grant Llewellyn, Music Director; Frank Stasio, narrator; Arnold Richardson, Native American flute; Jeff Warner, vocalist and concertina; Heidi Kulas and Tyler Mercereau, dancers; Laurelyn Dossett, vocalist and songwriter of "Remember My Name" • The Gospel Jubilators: Daniel Massenburg, Talbert Myers, James Shipman, Robert Sherrill, Rudolph Floyd, Harry Leak • The Monitors: Bill Myers, Clark Mills, Jr., Sam Lathan, Jerome Morgan, Gerald Hunter, Robert Knight, Donald Tuckson, Fred Moye, Willie Dupree, Mollie Hunter • Legends of Beach: Jackie Gore, Johnny Barker, Jeff Grimes, Gerald Davis, Mark Black, Tony Davis, Rusty Smith, Scott Bailey, Seth Carper

**March 31-April 5**  
Broadway Series South Presents  
**Chitty Chitty Bang Bang**



You'll believe a car can fly! *Chitty Chitty Bang Bang* is everything you could want in a musical—and more. Sensational sets, stunning special effects, an irresistible story, and an unforgettable Sherman Brothers

score, including memorable classics like "Truly Scrumptious", "Hushabye Mountain", and, of course, the Oscar®-nominated title song, all add up to a Broadway blockbuster the whole family will love.

For more information about the show, visit [www.stomponline.com](http://www.stomponline.com). Tickets available at [www.broadway-seriesouth.com](http://www.broadway-seriesouth.com).

**April 9-12**  
Carolina Ballet Presents

**Bernstein and Robbins: American Music and Dance** • Choreography: Jerome Robbins • Composer: Leonard Bernstein • Raleigh Memorial Auditorium



This full-evening program celebrates two masters of American music and dance. Fancy Free, the story of

three sailors on leave during WWII in New York City, is the legendary first collaboration between Jerome Robbins and Leonard Bernstein. Created by these two geniuses while in their early 20s, it has been hailed by many as the great American masterpiece. This is the first time Carolina Ballet has presented a ballet by Broadway's Jerome Robbins, choreographer of West Side Story, Fiddler on the Roof, Gypsy, Funny Girl and many more.

For tickets, call the BalletLine at 919.719.0900, visit the box office at the Progress Energy Center for the Performing Arts at 2 East South Street, or visit [www.ticketmaster.com](http://www.ticketmaster.com).

## COME HERE!



**Hair O' the Dog**  
a benefit for the SPCA of Wake County

**Saturday, March 28th from 1-7 pm**

**101 Lounge + Café, Downtown Raleigh**  
corner of Blount & Davie Streets

**DON'T SIT!**

**COME PLAY!**

It's a dog-friendly event for people wanting to celebrate the efforts of the SPCA of Wake County with food, spirits, live entertainment, and canine art -- all at **101 Lounge + Café** in Downtown Raleigh.

Start at the **101 Lounge + Café**, where you will enjoy signature mixed drinks, beer, wine, and tasty treats from 101's menu including gourmet pizza. **Non-alcoholic drinks, coffee, and juices will also be offered.**

Like original art? View and take home a piece of tax-deductible canine art created by man's best friend.

Hit the streets on foot to complete a **punch card** of pet-friendly downtown businesses. Once your card is complete, drop your card back by **101** to **win fabulous door prizes.**

Enjoy the *sights, tastes, smells,* and *sounds* that make a *difference* in the lives of **homeless and unwanted animals** in Wake County.

**COME HERE!**

**Adults \$25**

**Children \$5**  
under 12 only

\* One canine per ticketed attendee

Questions? Contact Megan:  
✉ [HairOtheDog2009@gmail.com](mailto:HairOtheDog2009@gmail.com)  
☎ 919.389.2615

Purchase tickets online: [www.spcawake.org](http://www.spcawake.org)

The NCMA Contemporaries and Downtown Raleigh Alliance Present




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**FRIDAY**  
**APRIL 3**  
**6-9 PM**

Entrance fee  
**\$20 per team in advance**  
**\$30 day of event**

For more information, visit [www.YouRHere.com/FirstFriday](http://www.YouRHere.com/FirstFriday)



**April 9-26**


Burning Coal Theatre Presents  
**1960** by Ian Finley and the Burning Coal Theatre Company • Director Marc Williams  
 In the summer of 1960, a group of men met at the Murphey School Auditorium in Raleigh. They would decide that night a course of action for the city that would forever change the town, its people, and its way of life. Join Burning Coal as we explore the events of that hot summer evening, as well as the events surrounding it that led to this momentous decision. This play is based on spoken-word interviews with people who were there, those who lived to tell the tale. For tickets call 919.834.4001 or order tickets online at [www.burningcoal.org/tickets.html](http://www.burningcoal.org/tickets.html).

**April 10-26**

Raleigh Little Theatre Presents  
**Lend Me a Tenor** • RLT Sutton Main Stage Theatre  
 (Reserved Seating)  
 • Written by Ken Ludwig  
 A madcap backstage farce. The great Italian tenor and ladies' man Tito Merelli (II Stupendo to his fans) is scheduled to perform the part of Othello for the Cleveland Opera Company. The action takes place in the star's upscale Cleveland hotel suite before the

show. Entrances and exits get tangled up with mishaps and mistaken identities, complete with lots of slamming doors. Winner of two Tony Awards, including Best Play in 1989, an Outer Critics Circle Award and a nomination for England's prestigious Olivier Comedy of the Year Award.

**April 14-19**

Broadway Series South Presents  
**HAPPY DAYS—A New Musical**  
 Happy days are here again with Richie, Potsie, Ralph Malph and the unforgettable "king of cool" Arthur "The Fonz" Fonzarelli. Based on the hit Paramount Pictures' television series, **HAPPY DAYS—A New Musical** reintroduces one of America's best loved families, the Cunninghams, and the days of 1959 Milwaukee complete with varsity sweaters, hula hoops, and jukebox sock-hoppin'.  
 The famed drive-in malt shop and number one hang-out, Arnold's, is in danger of demolition, so the gang teams up to save it with a dance contest and tv-worthy wrestling match. This perfectly family-friendly musical will have you rockin' and rollin' all week long.  
 Show playing in Raleigh Memorial Auditorium. Groups of 15 or more receive exclusive benefits. Tickets on sale now at [www.broadwayseriesouth.com](http://www.broadwayseriesouth.com).

**April 17-19 & 23-26**

Theatre in The Park Presents  
**LIFE X 3** by Yasmina Reza • Directed by Carnessa Ottelin •  
 From the playwright of ART, two couples face off in three different versions of the dinner from hell. Praised as "compact, cool and clever" by Christopher Isherwood of Variety, Reza uses the acidic exchanges of her characters to illuminate their inner desire for love and acceptance.

**April 18**

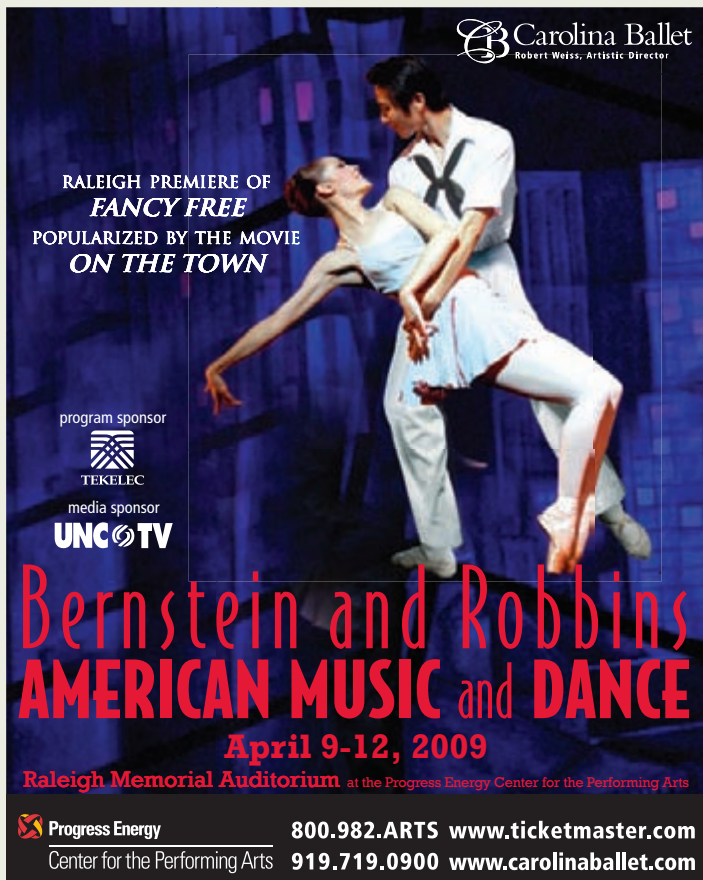
**SPCA K9 3K Dog Walk** • Moore Square Downtown Raleigh 200 S Blount St • 10:00am Festivities Start  
 Challenge your dog to pass the AKC Canine Good Citizen Test (\$5 test fee). Get your dog microchipped for \$25.  
 11:00am 3K Walk through downtown Raleigh Walk If you do not think your dog can walk 1 mile, please join the fun 1/2K dog walk around Moore Square!  
 11:15am 1/2K Senior Dog Walk Counterclockwise around Moore Square.  
 12:15pm Dog Contests start at the Main Stage Stay until 2:00pm!  
 Relax with your dog in the beautiful Moore Square area of downtown Raleigh, enjoy the vendors in our Vendor Village, visit the booths of other animal rescue groups, and browse the stores in historic City Market.

**April 25**

**Triangle Walk MS** • RBC Center  
 Walk MS is a day to celebrate the power of our community coming together to create a world free of multiple sclerosis. Learn more or register at [walknct.nationalMSSociety.org](http://walknct.nationalMSSociety.org) or call 1-800-FIGHT MS.



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Robbie Tillotson, *Two Women*, pastel on paper, Now thru April 1

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