

## RALEIGHDOWNTOWNER

MID-APRIL 2007

RALEIGH EVENTS, FOOD, ART, ENTERTAINMENT, AND MORE





#### **AROUND TOWN** Who did we find in downtown Raleigh?



**LINDA EVANS** We interview one of the stars of the upcoming *Legends* 

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#### **■** Mid-April

Need ideas for redesigning your downtown house or condo? Inside you'll find tips, tricks and ideas that might help with your next home makeover.

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July: It's Not Easy Being Green

ON THE COVER:

Downtown condo in Park Devereaux \$359,000 1760 sq ft, 2 br, 2.5 ba Offered by The Glenwood Agency 919.828.0077

#### **RALEIGHDOWNTOWNER**

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## Best Bets for Making Over Your Home

By Marshall Rich

aleigh is a great city for real estate. Whether you're looking for a place to live or just interested in making a good profit from buying and selling, the city of oaks is hot. Existing home sales are once again on the rise in the first quarter of 2007, making Raleigh a terrific

place to invest.

Why exactly is Raleigh such a great city to invest, you might ask? Because people continue to move here at a very rapid pace, creating an ever-growing demand. Let's digress a little and break down why people choose to move to Raleigh in the first place.

Raleigh is home to great job opportunities, top-notch universities, a highly ranked school system, first-rate health care, a low cost of living, a booming real estate market, and plentiful recreation and entertainment options. In Raleigh, you feel the rumble of the economy, the warmth of community pride, and the vibration of astounding growth. Many people move to Raleigh because of the strong economy and the plethora of career opportunities. People stay in Raleigh because it is the ideal environment to raise a family and to live, work, and play...plus, the people are nice too!!

Now let's discuss a few of the most effective ways you can capitalize on this explosive growth by updating and remodeling your home.

#### **CURB APPEAL**



Any home begins with its curb appeal, and by that I mean how pleasing or attractive your home is from the street. Any realtor worth their salt will tell you that curb appeal can make or break home sales. How to improve it? Start with landscaping...your dollar goes along way here. I recommend consulting a professional landscape installation that can create the yard of your dreams. On a budget? Fertilize the grass to keep it green and healthy, and if there are bare areas, use a grass patching mixture of seed and fertilizer to fill them in. Also, try a fresh round of mulch for edging.

This easy task always makes yards shine. Triple-shredded hardwood is my favorite and seems to last the longest; however, pine straw also works well. Be sure to clear any vegetation or debris that may be hiding or shading your home too much. Next concentrate on the exterior of your home...does it need fresh paint? Sometimes it may just need power washing. Exterior ferns and flower boxes also add charm to the exterior of some homes.

#### **KITCHEN AND BATHS**



Moving inside, you'll want to focus on the kitchen and bathrooms in your home. An updated kitchen sells homes quickly and brings a higher return on your investment. Kitchens should be light, bright and functional. An easy fix for some kitchens is having your cabinets painted and refaced with solid wood doors. This is a much cheaper and efficient way to get new looking cabinets. New countertops and back splashes go a long way as well. For homes under 250K, a nice Formica countertop will suffice and they even have some styles that look surprisingly like granite. Granite, Silestone, or other solid surface brands such as Corian are all great choices for higher end homes. Lastly, appliances can really make a kitchen. My personal preference is all stainless steel, but if that is not affordable, I at least recommend updating any dated appliances to a matching color. Nasty kitchens and old appliances are a sure turn off for buyers. For bathrooms, sometimes just having the floor tiled and a new vanity installed is all that is needed. A great tip for old tile in older homes is to use an electric sander with a very light grit; it will buff tiles into looking new again.

#### FLOORING AND PAINT

Next let's focus on flooring and interior paint. Without question, hardwoods throughout are the floor of choice these days. If your hardwoods are aged, I highly recommend having them refinished before selling you home to obtain the best resell. I cannot tell you how many homes I see for sale that have gorgeous hardwoods hiding underneath 20 year-old carpet that the homeowners don't bother to remove. Perception is reality. When you make improvements like painting the interior walls with a fresh coat and having old nasty carpet either replaced or removed, the home tends to be perceived more positively. This means a buyer is likely

**Continued on Page 3** 



to pay more for it.

#### **MAJOR RENOVATIONS**

Lastly, you can choose to do major renovation work to your home, which can be for either investment purposes or merely for your own enjoyment. In the more coveted locations inside the beltline, additions to homes have become very common. They are prevalent here because of the high price per square foot of real estate. In Five Points for example, homes are selling from \$200 to \$230 a square foot. The average cost to build an addition is depending on your taste and of course

closer to \$150 a foot or less, as a rough average...it could be more or less

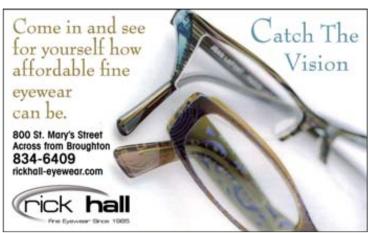


your builder. This leaves at least \$50 a foot as profit for the homeowner. For instance, if you were to add 1000 square feet to a home Five Points, you can expect the cost to be around \$150,000—depending of course on the complexity of the work and how well the addition is done. However, you can expect the value of you home to more than likely increase by at least \$200K. The equity created is the reason you see so many houses being remodeled in the higher end areas of Raleigh. If you are considering a major renovation or addition, it is very important that you choose a reputable contractor. One way to do this is by visiting the Home Builder's Association of Wake County website (www.hbawake.com) and going to the Remodeler's Council to find info about various remodeling companies. You can even participate in tours to see some of their work. Another way is to pay attention to contractors doing the work in your area; builders generally work off referrals and happy customers, so a lot of con-

tractor's yard signs in the same area is usually a good indication of quality. Last but not least, do not hesitate to get multiple bids, and I don't recommend using the cheapest....you get what pay for in this game. I hope that this has provided a launching point for improving your home or investment property.

Marshall Rich attended UNC-CH where he received a BA in Personal and Business Communications. He became licensed in real estate in 1999 and began working for Fonville-Morisev Builder Marketing Group. After two years of successfully selling new construction, he branched out and started a development company called Titan Development. Eventually, he focused solely on brokerage with Rich Realty Group. Marshall has been married for six years and has a baby girl on the way. Contact Marshall at 919.697.5320 or marshall@richrealtygroup.com.





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## The Steps of an Interior Design Makeover

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By Cynthia Muccio

e've all had times in our lives where some rooms in the house just seem out of place, or not as appealing as you think they should be. These are the times when you are ready for a redesign, and interior designers, such as Mary Larsen, become extremely valuable resources. The need for a redesign is not a statement of inadequacy or inability, it is simply more helpful to get an outsider, with a trained eye, to assist you in turning your room around.

#### THE REDESIGN METHOD

Ms. Larsen was kind enough to take some time and give us a basic rundown of her method for turning that incomplete room into a beautiful haven for your home. The first step, as a designer, is to meet with the homeowner. As the homeowner, this is your time to set your limitations with the designer, while remembering that the fewer limitations you give, the better your chances of truly transforming your room. At this point the designer should become familiar with your hopes for the look and purpose of the room in order to guide their design decisions.

After clearing the room, you must place the largest piece that will go in the room. A professional designer is incredibly helpful at this point, assisting you in "seeing placements" that you may not have thought of. Next you follow by centering the rug and setting conversation groups with the rest of the "hard pieces."

After all the hard pieces are in, you must think lighting. "People often think they need to do something drastic when actually all they need is a few lamps," Larson advises. Lighting can make all the difference in the room with the correct levels and number. Throughout this whole process, you must be careful to "refrain from jump-

Throughout this whole process, you must be careful to "refrain from jump-

Interior designer Mary Larsen (right) with recent redesign recipient Rebecca

The next step is removing everything from the room. According to Ms. Larsen, this is the absolute most important step in redesigning your room. Clearing the room not only "gives you a fresh look and eye", but also "keeps you from getting blocked into thinking things have to be where they are." People often skip this step, and never realize that moving that heavy couch or bed from where you've always had it might be the transforming factor for the room. People sometimes believe they need a new couch or bed, and while this may be true, it will not fix the look of the entire room.

ing ahead of yourself." The moment you begin thinking about where you're going to put that mirror or artwork before finishing these steps, you lose your focus, and may not get the best setup for your room. "You don't want to put up a beautiful piece of artwork, and then cover it up with a lamp."

After all of this, you can move on to the artwork, followed by the accessories. Choose your focal wall for the room, and start by decorating it, moving around the room wall by wall as each is completely finished. "Remember that it is good to have places where your

eyes can rest," and that you can pull from other rooms in your furniture and decorations. It's better to have one completely finished room, and four underway, than to have five incomplete rooms

To finish, make sure you sit in every seat in the room. That way, you have the opportunity to see everything your guests will see when they visit, and won't accidentally leave an offset picture or a blank spot in their line of sight.

#### ABOUT MARY LARSEN

With a shining resume, Ms. Larsen recently participated in the Extreme Home Makeover with Ty Pennington that recently took place in Mordecai (covered in the Raleigh Downtowner, December 2006). She commented that it was an "extremely out-of-the-box" and wonderful experience. "It was easy to get caught up in the job and then be shocked by remembering that this was for someone to live in."



Mary was chosen to work in the recent local version of Extreme Home Makeover with host Ty Pennington

As a designer, Ms. Larsen offers various services, including traditional design, redesigns, and even a 2-day intensive design class. For the redesign service, she will bring lights along to help you see the change light can make in your room, with no obligation to buy them. The purpose of the redesign is to "help you make your things work."

She makes it a point to use the items you already own first, and only worry

about bringing in new things when necessary, in contrast to many designers who will bring in all new items from the start. As Rebecca, a recent recipient of one of Ms. Larsen's redesigns, said, "She makes you feel good about yourself. She proved to me that I had picked good things, I just needed help finding a place for them." The redesigns are a wonderful option, as the owner gets almost instant gratification from their makeover, using item they already own.



The family house in Mordecai in which Mary decorated several rooms for the Extreme Home Makeover team

The classes are two-day intensive redesigns, in which students start by learning the details of the process outlined above, as well as learning about the business side of design. It is a wonderful experience for potential interior designers. The classes can be helpful to those interested in determining whether to follow design as a potential career, or to those simply interested in learning good methods for redesigning their own homes.

In all design processes, Ms. Larsen also offers the capability to hire someone to find you new items, if that is what you are after, to save you the trouble of searching for something to match your new rooms. So if you're ready for a home makeover for a single room, or for your whole home, consult a professional designer such as Ms. Larson, and enjoy your new home makeover!

## Mordecai Home Makeover

To the second se

By Patrick Young, for Charlie and Ashley Young

urs is an improbable home renovation success story. As with most successes, it involves a lot of help and a fair amount of luck. This is about our experience buying a true "fixer-upper" — and trying to bring style and comfort to our new downtown home without breaking the bank. In January 2005 my wife Ashley and I bought a 1951 bungalow on Frank Street on the east side of Mordecai. My family all thought we were crazy – but we knew we wanted the charms of downtown living, but needed to do it on a budget.

The good news was the neighborhood was definitely on the upswing. The bad news was that the home was only 870 square feet. More significantly, the home had been occupied only by its original owner and had clearly not been updated since its Eisenhower-era heyday. It was going to take a lot of work to bring it into the 21st century.

Right from the beginning, we did our homework and made a series of good decisions that made our experience in housing renovation affordable and successful:

#### 1) Make plans to live somewhere else

I was married to this house for 3 and 1/2 months– married perhaps, but we couldn't live together. Dust, fumes and a general mess were involved – along with long nights and weekends. If you're undertaking any kind of moderate to major structural work, renting a place or stay with family and friends.

#### 2) Get naked

This isn't as fun as it sounds. It just means that you should strip down any area of your house to its basic structural components, rather than trying to do "façade treatments" on old, outdated and/or decaying material.

This has two advantages: you may find some hidden architectural jewels plus it helps to discover underlying problems with electrical, heating or plumbing equipment that may have been hidden.

For example, by stripping away some horrid wood paneling, my wife and I found an original brick-faced furnace that we converted into bookshelves. On the other side, when we stripped away old drywall, we found significant electrical and plumbing system deficiencies.

#### 3) Focus on bathrooms, kitchens and opportunities for more space

Probably 95% of our time and money was spent in these areas; the parts of the house that needed the most TLC. The original kitchen was a tiny "galley" kitchen, that had the 1970s version of a bonus room appended on, separated by a load-bearing wall.

We hired an engineer to help design an affordable composite (microlam) truss to hold up the ceiling and then tore out the wall, creating a modern and much more spacious kitchen area.



Charlie and Ashley's kitchen still in its 60-year-old 1950s glory



The kitchen with the appliances and counters removed



The remarkable kitchen transformation after the installation of new appliances/counters, and adding extra space

Pre-fab kitchen units from Lowes, some nice hand-me-down appliances, and a 3' by 3' "window" into the living room finished the job.

In the bathroom, we were able to salvage the tub – a big cost savings – and found some beautiful, but discontinued boxes of floor tiles from the Habitat for Humanity Reuse Center. "Salvage what you can, replace what you have to"

We also added 350 square feet of living space by converting the attic. We removed the old "pull down" attic door, installed stairs and drywall, lighting, electrical and insulation to make a comfortable bonus room out of a musty attic.

#### 4) Make cosmetic and cheap changes to exterior and main living areas

Cleaning the vinyl siding and putting in some low cost, but high value cosmetic improvements, such as planting flowers and putting in a new walkway were key on the exterior. Painting and putting in new molding in the bedrooms was all that was needed to make these rooms look fresh.

#### 5) Get permits and do work to building code standards

This is a tempting step to avoid but don't – the future buyer of your home will catch any permitting or code deficiencies if the City or County doesn't catch you first.

#### 6) Rely on the pros for major structural, mechanical, plumbing and electrical issues

They're specialists in their respective fields and know what they're doing. Sometimes you're better off spending money early to avoid costly headaches later.

#### 7) Expect and prepare for the unexpected

No matter how much you plan, there's always something that breaks, takes more time than you expect, needs more parts, or your project can just take a completely unexpected down-

At the end of the day, we spent about \$15,000 for our home makeover – about \$10K on materials and \$5K on labor that have cost \$30,000 if we hadn't done a lot of the work ourselves. Following these simple rules can help make your dream of affordable downtown living come true. Good luck!

■RD

## Don't Forget the Yard Work

By Mirabel Kennedy

I hate yard work. It goes back to my childhood when my father abused me and my mom was a willing accomplice (read on...). Every Saturday morning I would wake up, knowing what was to come: Dad snuck my bedroom then boomed cheerfully, "rise and shine, grass needs cutting!" Ohhhh, the abuse! I swore my parents had kids just the enslave them to the rigors of <gasp> yard work! The sweat, the dirt, the grass stains on my sneakers. Now, in my neighborhood, when professionals arrive in tractor trailer trucks to mow a lawn, no homeowner dares allow their child near a wavward rock or tuft of weed.

I hate yard work to this day and gladly summon a battery of specialists to manicure and landscape my half-acre inside the beltline. Several years ago a realtor friend of mine gave me an important piece of advice. "Okay, so you won't have a dazzling garden of a yard but at least give your yard a 'cared for' look: prune shrubs, rake up old leaves, put down fresh mulch (i.e. clean up!)."

This advice is seconded by landscape professional Ben Case, president of Down to Earth Landscape Designs, who when I asked him, as I did other professionals, "what makes the most change in yard appearance for the



least amount of money?" He responded that, in addition to pruning and fresh mulch, add some color!

Realtors, he said, seem to like a lot of color in the yard as an advantage to selling a house. I took my realtor friend's advice to heart. With the help of a friend it's not that hard to keep things tidy. But now older age has turned my lack of motivation for anything more to a decided lack of energy. My patio is flanked by large tropical trees, all silk, all perfect, forever verdant. Strategically placed pots of arranged flowers are all silk, chosen with the season in mind-and they

are changed out with the season. Actually there's a "politically correct" reason for my choosing silks for accent pieces: prior to making my purchases experts were forecasting a summer drought that year. But beyond wanting to do my small part for the ecosystem, I also like to add a bit of whimsy here and there with fun yard art (concrete figurines-which actually are becoming highly collectible—peeking out from shrubs).

My feeling is that if you haven't the green thumb for an artistic growing yard, just aim for an artistic yard. Still, pine straw covers a multitude of sins but remember pine straw is cherished by ticks. Dog run areas, by the way, should be kept clean of weeds, brambles and low bushes. Open space with a few shade trees are perfect with a rocky border between fence and yard (ticks don't like to cross rocks).

Perhaps the greatest trend in yard art according to Ben and also Evan Blewett of LandArts, LLC is the addition water features such as the everpopular koi pond and pondless waterfalls. "Running water, "said Evan, " is so relaxing that people really do enjoy this aspect" of literally turning their yards into extensions of their living

rooms. Now, the uppercrust terrace or patio includes a full-scale kitchen complete with mega-grill and warming oven. As to what will give you the "biggest bang for the buck" in the yard Evan proclaimed, "plantscaping!" I tend to agree. I'm a firm believer in butterfly bushes and azaleas but lest there be a drought over summer it's best to put these plants in the ground in the fall of the year.

As for planting, expert Mike Lamar of A1Planting.com advises that one of the biggest mistakes the home gardener makes is to use too little soil to plant. "They'll dig the hole, either add some extra potting soil to the hole or just use the dirt they've dug out but typically the plant is resting too low in the ground. When I plant I make sure to add a landscaping soil (potting soil is a good substitute) so that the plant is literally atop a mound."

To each of these experts I asked what in their respective opinion was the biggest mistake most home gardeners make when "rehabbing" their yards. Beyond what Mike Lamar said, Evan Blewett cited "terracing a slope: it's much more beautiful to see a natural slope with interesting ground cover or flowers cascading down it than a series of manmade walls!" Ben Case advises against going to a garden center and buying everything in sight that's blooming. Make sure what plant best fits your yard as to soil and light. What's magnificent before you buy can become drooping misery after you buy (rather like finding a mate). Now get outside and enjoy your yard!

#### **Professional Resources**

Down to Earth Landscape Designs, 875-8008 or raleighlandscape.com

A1Planting.com 266-3494 or alplanting.com

LandArts, LLC 303-0787 or land-arts.net

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#### THIS MONTH'S READER REWARDS

- · Two tickets to opening night of Broadways Series South's production of Legends, starring Joan Collins and Linda Evans. Tickets are great seats in the Dress Circle/Orchestra sections. www.broadwayseriessouth.com
- Four \$25 gift certificates to Primp Salonbar near Glenwood Avenue. Go ahead, cheat on your stylist! www.primpsalonbar.com
- Free \$75 on-site landscape design consultation from Down to Earth Landscapes in Raleigh. www.raleighlandscape.com
- Three \$25 gift certificates to the Blue Martini, located in the Powerhouse District. Lots of daily specials, great



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music, and never a cover charge. www.bluemartiniraleigh.com

- Two \$25 gift certificates to the Amra's, located in the heart of Glenwood South. Live music, spirits, stogies. www.amrasraleigh.com
- Two \$25 gift certificates to the The Underground Restaurant & Bar, located on West Morgan Street, beside City Limits Saloon. Great food, drinks and music. www.comeunderground.com
- Four \$10 tickets to the Temples and Tombs exhibit at the North Carolina Museum of Art.

www.ncartmuseum.org

#### Congratulations to last issue's readers who won all of these great Reader Rewards below.

- · Two pairs of Dress Circle tickets to opening night of Broadways Series South's production of Legends
- \$100 gift certificate to Body Balance Therapy
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- \$100 Gift Certificate to Simpson's Beef & Seafood
- Two \$50 tickets to the Grape's Fusion Wine Dinner
- · Four \$25 gift certificates to Primp Salonbar
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## chef profile

## Nina Psarros of Nina's



Nina was born in Palermo, Sicily literally in the kitchen

By Fred Benton

To the people of Suffern, a village in Rockland County, New York, Nina Psarros was known as "the pearl of Suffern." But since Nina's Ristorante opened here in 1999, now Nina is known as the "goddess of Italian cooking." But titles and accolades (and there are plenty of those!) don't matter to this ebulliant chef-owner and culinary instructor who's as much at home in the kitchen as she is working her dining room, hugging longtime customers and welcoming newbies. To this Sicilian native, food is family tradition and everyone who partakes of this gustatory communion is instantly

"family." I didn't know Nina and her husband Chris well until my recent visit to Nina's Ristorante in North Raleigh. Now I truly consider them great friends; they just have that effect on people. But I also got another enlightenment: Nina's is only a 15 minute drive from my home inside the beltline on Buckingham Road: after a few turns it's practically a straight shot down Leadmine Road, Easy!

Nina was born in Palermo, Sicily literally in the kitchen. Her mother, smelling the wonderful odor of freshbaking bread, just moments shy of labor, managed to get out of bed to go claim a piece of the family baking: in the kitchen Nina, apparently in sync with her surroundings, decided then and there to make her appearance; and she did-with her mother on the floor. The baking bread, by the way, burned. And maybe for this reason Nina, having deprived her family of baked bread that day, decided to make up for it by cooking like a dream and true to her Sicilian roots.

Her putanesca sauce screams with strident flavor, her stuffed calimari is the reason squid exists and eggplant becomes a friend in so many dishes. But my heart belongs to her canelloni which are like savory clouds, so exquisitely light as are the angelhair pasta dishes she prepares. Nina's life began in a kitchen, much of her life is spent in her commercial kitchen "but." she stressed, "I'll be damned if I'm going to die in one!" She's a doting grandmother and devotee of the arts, looking forward to sharing Carolina Ballet's "Swan Lake" with her daughter and 2 year old granddaughter. Nina

also has plans for a book that weaves her cherished family recipes into family history and anecdotes: her table is her stage-a happenstance of great cooks everywhere.

But home is where you'll find Nina the happiest. Oh don't worry, she loves her restaurant and points out that she and Chris spend so much time there that her "restaurant is my home and all my customers are her paying guests," and to paraphrase the great French culinarian and perhaps the world's greatest literary gastronome, Brilliat-Savarin, Nina "takes charge of their happiness" while under her roof.

That is Nina Psarros.

#### Nina's Ristorante

8801 Leadmine Road in Harvest Plaza Shopping Center (close to the intersection of Strickland and Leadmine Roads) 845-1122

Dinner: Monday-Thursday, 5 to 10 pm, extending to 10:30 pm on Fridays and Saturdays.

Reservations recommended.



#### BETTER LIVING

Fred Benton, Raleigh Downtowner City Style Editor and host of radio's "Better Living" is pleased to recommend the following as "better living" businesses of particularly high standards and quality.

York, Simpson, Underwood Realtors Our roots in the Triangle community run deep. To learn more about the residential real estate company, voted "Best In The Triangle" visit www.ysuhomes.com

Angus Barn - Glenwood Avenue, close to RDU International Airport, 787-3505. The premier steak house in North Carolina: the legend of the fine cuisine here continues every evening. Award-winning wine cellar. Reservations recommended.

Capital City Grocery - 10 Franklin Street, Seaboard Station, 833-7096. Best meat counter in Raleigh! Certified Angus beef plus prepared meat entrees. New fashioned grocery shopping with old-fashioned service. My grocery store of choice, capitalcitygrocery.com

Bistro 607 - 607 Glenwood Avenue, 828-0840. Chef-owner Heath Holloman is, in my opinion, one of the most talented chefs in the area! Pay special attention here to foie gras preparations and farm-raised salmon dishes. Open for lunch and dinner. Reservations strongly recommended. Bistro607.com

**42nd Street Oyster Bar** - 508 West Jones Street, Raleigh, 831-2811. Best fried oysters ya ever smacked lips over! 42ndstoysterbar.com

EVOO - 2519 Fairview Road (at corner of Oberlin Road), 782-EVOO. This neighborhood-feel eatery serves up exceptional Mediterranean cuisine under the watchful eye of well-respected and loved chef Jean Paul Fontaine. Open for lunch and dinner. 782evoo.com

larrysbeans.com - Your web site for premium "fair trade" coffees: can't live without their El Salvador Dali coffee blend or this time of year, the holiday blend. Larry's Beans purveys to only the finest coffee houses. 828-1234

The Point at Glenwood - 1626 Glenwood Avenue at Five Points, Raleigh, 755-1007. Neighborhood ambiance. Try Frank Winslow's popular lasagna, made a little different than most.

NoFo - 2014 Fairview Road, Five Points, Raleigh. The café for breakfast, brunch, lunch & dinner. And the retail for provisioning the luxurious larder and, cooking accouterments to turn functional

and cooking accontenients to thirl interiorial kitchens into art spaces, nofo.com. 821-1240

Nina's Ristorante - 8801 Leadmine Road,
Harvest Plaza, 845-1122. Owned and operated by
"mom and pop" Chris and Nina Psarro. Nina, to
me, is the Goddess of Italian cookery, Nina's Ristorante is critically acclaimed as the best Italian restaurant in the area!

Seaboard Wine & Tasting Bar - Seaboard Station, Raleigh, 831-0850. Uptown ambiance with focus on exceptional European wines with knowledgeable staff. Complimentary wine tasting, Saturdays, noon to 4 p.m. seaboardwine.com

Seaboard Imports - Seaboard Station, Raleigh, 838-8244. My favorite store! Fun and funky to chic sophistication home and personal decorating. Fashion statement jewelry.

Sew Fine II Draperies and Interiors - Sutton Square Shopping Center, 5850 Fayetteville Road, Durham, 806-3638. Wildly creative to subdued refinement. Visit sewfine2.com

Physique Transformation, 845-6596

"If you're not actively surviving, you're passively dying" It was those words that motivated me to trainer Barry Bragg who owns and operates this company. I'm out of shape and don't want the typical gym. Barry is a superb nutritionist. Young or young-at-heart, this is the place for you if you want to "actively survive..." physique-transforma-

Horizon Cellars - 466 Vineyard Ridge, Siler City, 919-742-1404. All this vintner's wines have reaped gold in competitions. Check out gold in com horizoncellars.com competitions.

The Black Mountain Inn - Best place to stay in western NC (about 15 miles east of Asheville). Former guests include Helen Keller and F. Scott Fitzgerald. Pet-friendly! 828-669-6528

If you would like to propose your enterprise as a better living business to be included on this list please write betterlivingnc@yahoo.com or call 782-5276





## Three Short Stories From Raleigh's History

By James M. Sutton, Jr. Raleigh City Museum Director of Education and Outreach

When the government decided to move from New Bern due to the westward expansion of the State, the officials in charge of selecting a new capital city didn't pick a city at all. The official legislation included only the instructions that a new capital be founded within ten miles of Isaac Hunter's Tavern in Wake County. The result was the birth of Raleigh. Members of the State Legislature from Fayetteville (which was also in the running to become the new capital) were quite upset. One gentleman claimed, "the town when established will never rise above the degree of a village".

He was almost right.

While the city grew rapidly in the early years due to legislation requiring all State officials to live in Raleigh, a wave of fires devastated the area in the early 1800s. One of these fires claimed the newly renovated State House in 1831, and many believed that the government was going to give up on the fledgling town in favor of Fayetteville. In fact, some of those who lost their homes to fire were so sure that the government was going to move that they rebuilt in Fayetteville rather than Raleigh. Later an experimental railroad (the first in North Carolina) was built to move stones from a rock quarry directly to Union Square. The railroad helped convince the government that it was possible to rebuild and they used it to build the new Capitol Building in 1840.

While Raleigh suffered in the early 1800s it was spared the fate of many southern cities in the 1860s.

Union General William Sherman had made something of a name for himself when he burned nearly every city he captured in his march through the South. When he reached Raleigh, Confederate General Robert E. Lee had already surrendered. Sherman saw no need to burn the city and gave orders that it was to be spared. However, he was indirectly responsible for the destruction of the Governor's Palace. After he (and later General Grant) slept there, no self-respecting North Carolina governor would go near - believing it to be tainted. Eventually, the building fell into disrepair and was demolished. In 1891, the current Executive Mansion was built.

The Raleigh City Museum is committed to preserving all aspects of Raleigh History. You can find these and many other stories in our core exhibits: It Started With 1,000 Acres, and Charting Our History. The museum is located in the Briggs building at 220 Fayetteville Street and is open Tuesday through Friday from 10am - 4pm and Saturday from 1pm - 4pm. For more info, call 832-3775 or log onto www.raleighcitymuseum.org.

All images courtesy Raleigh City Museum



Just north of downtown, this building is believed to have been the last remains of Isaac Hunter's Tavern. It remained standing until the 1970s.



The old State House was destroyed by fire in 1831. Following its demise, many questioned the wisdom of keeping the capital in Raleigh. (The second State House is shown here)



The old Governor's Palace stood at the foot of Fayetteville Street where the Progress Energy Center for the Performing Arts is today.

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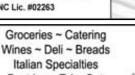
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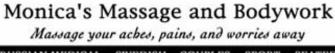
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## RD Interview with Linda Evans

## Starring in Broadway Series South's Legends



By Crash Gregg

inda Evans began her acting career while still in high school. She is internationally recognized for portraying Krystle Carrington on the highly acclaimed television series "Dynasty" and has received five People's Choice Awards, a Golden Globe Award for Best Actress in a Dramatic Television Series and a Best Actress Emmy nomination for her work on that series. She has been recognized as one of the world's "Ten Most Beautiful Women" for four consecutive years by Harper's Bazaar Magazine.

Ms. Evans resides in Washington, where her personal concerns extend beyond the entertainment world. An avid and dedicated environmentalist, she has taken up the cause nationwide. She is also the author of a popular self-help book, *Linda Evans' Beauty and Exercise* and is currently giving lectures around the country on women's wellness issues.

The Downtowner interviewed Linda and even with her mega-star status, we found her to be extremely gracious, down-to-earth, and a pleasure to speak with.

**Crash:** How did your acting career begin?

Linda: When I was 15 I went with a girlfriend who was going out for a commercial and had asked if I would go with her. When there were about six girls left, the director came out, pointed at me, and said "I'll see you now." I said "I'm just with my girl-

friend" but I ended up getting the commercial.

Crash: And what happened to her? Linda: The director promised me he'd give my girlfriend a commercial, because I knew she'd hate me if I stole hers. He ended up giving me several other commercials, and my girlfriend gave me her agent.

**Crash:** How did you get into the film business after that?

**Linda:** My girlfriend's agent asked if I could walk and talk and say lines and I told him I had in Junior High. So he sent me out for my first speaking part with John Forsyth and I got it. So my career sort of started without me.

**Crash:** What did you want to do before that day?

**Linda:** I wanted to get married and have kids and start a family. To live the American dream.

Crash: Could you describe the show and your character a little for us?

Linda: "Legends!" is a feel good kind of play. It's a comedy by James Kirkwood about two rival legendary actresses that absolutely loathe each other. They are talked into getting together in New York by the director convincing them that Paul Newman wants to do a play with them. What happens after that is hysterically funny with lots of twists and turns along the way. It's a very clever play.

**Crash:** What is the biggest difference you've noticed between live productions and TV or film?

Linda: They are like night and day.

In film work, you do 3 minutes at a time, not necessarily in order, and quite a few versions of it. They then take it all into the editing room, choose the portions they want, put music to it, and you see it and think, "wow, did I do that?" In a play, you begin at the beginning and no matter what happens during the play, you go on. You just perform.

**Crash:** What about the audience involvement?

Linda: I had no idea that the audience was such a big part of the play. How they respond affects the whole nature of the play. It was my biggest nightmare to perform like that in front of thousands of people, but has become my greatest joy. I had no idea how wonderful audiences really are. They are very receptive, and they make it an awful lot of fun. Now I understand why people love doing theatre.

Crash: How is the chemistry onstage between you and Ms. Collins?
Linda: It's really great. [Laughs] We don't have to convince the audience that we're rivals that loathe each other because they already know us from the nine years of Dynasty.

Crash: I recently read that you have a pet product that you're introducing soon. Can you tell us more about it?

Linda: Well, the pet product is a new pet door that is really rather extraordinary. Not only does it feel and work better than any other pet door that has ever been made, but it has a type of weatherproof door outside the door that is so cute you can't believe it. It is going to absolutely revolutionize the pet industry.

Crash: Have you been to NC before?

Linda: I've actually been here quite a few times and really enjoyed it. The last time was with [New-Age piano virtuoso] Yanni while he was on tour. Before that, I was here promoting the environment with President Bush for "Take Pride in America."

**Crash:** What do you have planned after 'Legends!'?

**Linda:** I think I'm going to go home and never leave my house. [Laughs] I'm just going force myself to bed and stay there for a long time.

SOME OF LINDA'S FAVORITES:

Food: Cheese, in any form.

How she likes to relax: Being near any kind of water. Beach, river, stream, lake... I love nature.

Actor/actress she's worked with: Steve McQueen/Barbara Stanwick.

**Role:** Dynasty, because it gave me such a great experience.

**Line from 'Legends!':** "Speaking of husbands, would you be so kind as to tell me why you took mine?"

LEGENDS! starring Joan Collins and Linda Evans will be playing at Raleigh Memorial Auditorium and will play May 1-6, 2007; Tuesday through Saturday evenings at 8pm, Saturday & Sunday at 2pm, and Sunday at 7pm.

Ticket prices range from \$23.00-\$63.00. Tickets can be purchased at www.broadwayseriessouth.com, 919.834.4000, all Ticketmaster Outlets and the Progress Energy Center Box Office. For group tickets call 919.857.4565.



## let's do lunch

## 42<sup>nd</sup> Street Oyster Bar



By Fred Benton, City Style Editor

Downtowner partner Crash Gregg, Ann-Cabell Baum Anderson, president of Glenwood Agency Real Estate and I gathered for lunch one early afternoon at 42nd Street Oyster Bar. For Ann-Cabell, the restaurant as an entity was like dining with an old friend; in her younger, halcyon days she and her friends would gather in the bar at 42nd Street and listen to the various bands playing there. And before dates, she and her friends made a tradition of sitting at the oyster bar and downing one juicy bivalve after another to the point, she confessed, they were so full that the aforementioned dates took a proverbial swan dive into the murky depths of "maybes" and "missed opportunities." I, myself, have my own history with the Oyster Bar, beginning, I can remember, when the 42nd Oyster Bar, was a ramshackle dive my parents would venture into launched on the pad of several cocktails. Back in the 50s, 42nd Street Oyster Bar was an interesting derelicts of egalitarian eclecticism-where plumbers and bank presidents, law clerks and legislators rubbed shoulders and sucked at shells.

But what draws me to the new, improved 42nd Street Ovster Bar isn't the music, the superb people-watching or the steamed oysters: it's the fried oysters that does the trick for me! Whenever I write or speak about 42nd Street Oyster Bar, the line describing the fried ovsters never changes: best fried oysters ya ever smacked lips over! So, I admit I've been in a delectable rut for many years, however when I spoke to owner Brad Hurley about our lunch time foray through the menu I promised I was going to venture to other gustatory regions beyond the fried.

And with the help of Crash and Ann-Cabell I did just that. For an appetizer Ann-Cabell and I shared a combination of Oysters Rockefeller and Oysters Casino. The Rockefeller preparation, true to the classic, was liberally topped with spinach accented with bacon and Parmesan cheese-and plenty of it! You needed a spoon to get all the savory goodness. The Casino, with a brunoise of sauteed onions, green and red bell peppers and bacon added a snazzy accent to the subtle baked oysters (six Rockefeller, \$9.55; six Casino, \$9.55). For my entree I decided to stray from what I've considered the "norm" here at 42nd Streetseafood!— to order a half-pound cheeseburger (\$8.55). I figured I'd take a few munches of this trite lunch time food and go on to more deluxe items. In truth, I couldn't stop eating this burger! It was delicious!- one of the best burgers, to me, in the Triangle. For my "side" I chose collard greens (okay, I wanted fries but for your sakes I decided to forgo those for the collards in order to report on them.) Again, another best! And . upon tasting the collards herself, Ann-Cabell eagerly agreed with me. The collards were redolent with ham and ham-flavor. Ann-Cabell ordered the house salad (\$5) and a huge assemblage of fresh greens and other veggie goodies(lots of sliced fresh mushrooms) was placed in front of her. She kept pointing out the size but I was too much in piggy-heaven with my cheeseburger to pay much attention. Crash, for his part, ordered Norfolk Shrimp



Fred, Ann-Cabell and our waitperson, Ann Sutton

(\$13) which was shrimp sauteed in white wine, butter and lemon juice. I sampled a shrimp and I liked the idea that the white wine and lemon juice was nicely pronounced without being dominant: you knew it was therewhich is the whole idea of "Norfolk" style. For a take-home treat I opted for the Seafood Salad (\$10.55) which was a lavish presentation of boiled shrimp, lump crabmeat and scallops. In fact the next time I have a cocktail party I think I'll order this salad to go, go home, put in on a silver tray and put toothpicks beside it-it's that much seafood! The Seafood Salad has got to be the best deal on the menu.

For dessert (and isn't there always room?) I went with the decadent apple pie, made in-house) topped with vanilla ice cream and rum sauce—loved it!, Crash chose key lime pie (excellent definitive flavor) and Ann-Cabell ordered the berry sorbet and didn't get too upset when Crash and I couldn't keep our spoons out of it!

A sign behind the oyster bar reads, "Fish any fresher would still be in the ocean." That, to me, whether for a firstrate lunch or dinner, sums up 42nd Street Oyster Bar. As restaurants go, it's an old friend that never disappoints. In my opinion, the whole Glenwood South development began when other restaurateurs saw how popular 42nd Street Oyster Bar was and they wanted their piece of the pie. The genius of the late-Thad Eure, Jr. was never off the mark. And high marks for the service too at 42nd Street, represented on the day of our lunch by manager Rob Pippen and waitperson Ann Sutton.

History of the 42nd Street Oyster Bar

In 1931, J.C. Watson took over a grocery store at the current location of the 42nd St. Oyster Bar. Dr. Louis West, affectionately known as "Tick" West, talked Watson into serving oysters to his customers. When prohibition ended in 1933, J.C. Watson's grocery store was the first business in Raleigh to sell draft beer in a frosted mug and his business became very popular.

About the same time that prohibition ended, a group of Raleigh doctors attended a medical convention in New York City. The unofficial leader of the group was none other than Dr. Tick West. The story goes that Dr. West and his colleagues spent quite a bit of time having fun and enjoying beer on 42nd Street. When they returned to Raleigh, they would call each other at the end of a hard day and say - I'll meet you after work at 42nd St. So after 1933, J.C. Watson's grocery store became known as the 42nd St. Oyster Bar.

Jack Raynor and Bob Black continued to operate the business as the 42nd St. Tavern until the lease expired in September of 1985. The building then remained vacant until reopening in 1987 as the 42nd St. Oyster Bar by Thad Eure, Jr., Melvyn Simpson, and Brad Hurley. This opening fulfilled a long-time dream for Eure. In 1940, when he was in grammar school, he recalls that the first restaurant meal he ate away from home was at the 42nd St. Oyster Bar. Said Thad, I can remember Daddy telling Mother he was going to the restroom but he would really go around the corner and up the steps to get a beer in the bar.'

All in all, the 42nd St. Oyster Bar is one of the truly famous eating establishments in North Carolina. In spite of all the stories and myths about the place, people could always come and have great steamed oysters and cold beer. The famous old place has developed the reputation of being one of the most enjoyable restaurants to frequent in the southern part of the United States."

#### QUICK BYTES: 42ND STREET

508 W. Jones Street 919. 831. 2811

Mon-Fri: 11:30 am to 3 pm; Mon-Thur: 3-10 pm, extending to 11 pm on Fri; Sat: 5 to 11 pm;

Sun: 5 to 10 pm

**Reservations:** Yes

Average Lunch Check: \$10

Take Out: Yes

Off-Premise Catering Available: Yes

Noise Level: Moderate

Private Dining/Meeting Space: No

Wireless Internet: No

Low Carb Menu Choices: Yes, plenty

Vegetarian Choices: Yes

Best For Ladies Lunch/Gentlemens Lunch: Both Smoking Area: Bar (food service available there)

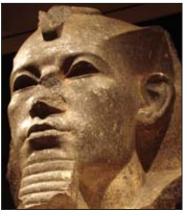
Full Bar: Yes

Outdoor Dining: No

**Web Site:** 42ndstoysterbar.com **Parking:** Plenty of parking lot space

## Egyptian Treasures at the NCMA









A few of the breathtaking Egyptian objects on display at the Temples and Tombs exhibit at the North Carolina Museum of Art
Photos by Crash Gregg

ow through July 8th, the special exhibition Temples and Tombs: Treasures of Egyptian Art from the British Museum brings 85 objects representing nearly three thousand years of Egyptian history to the North Carolina Art Museum. The works in stone, wood, precious metals, and papyrus reveal the exquisite workmanship of the ancient Egyptians.

#### **HOURS**

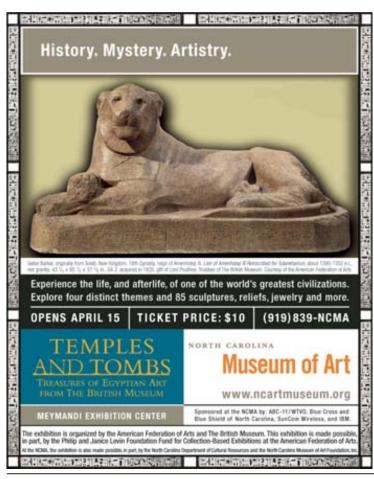
Tuesday–Thursday and Saturday, 9 am–5 pm Friday, 9 am–9 pm Sunday, 10 am–5 pm (The Museum is closed on Mondays)

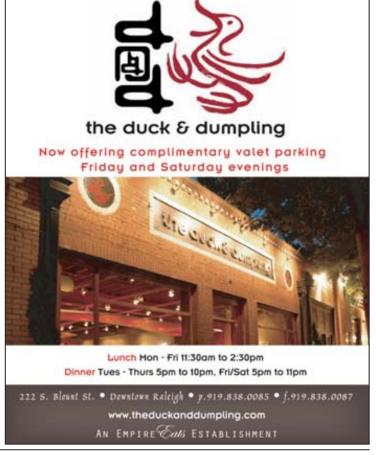
#### ADMISSION

Tickets are required for the Temples and Tombs exhibition. Tickets are issued for a specific date and time and are subject to availability. Advance ticket purchase is strongly recommended.

- General admission: \$10
- Students, seniors, groups of 10 or more: \$8
- · Children 6 and under: Free

Buy tickets online at www.ncartmuseum.org or by calling the Museum Box Office at 715-5923.















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## TOWNAROUNDTOWNAROUNDTOWN





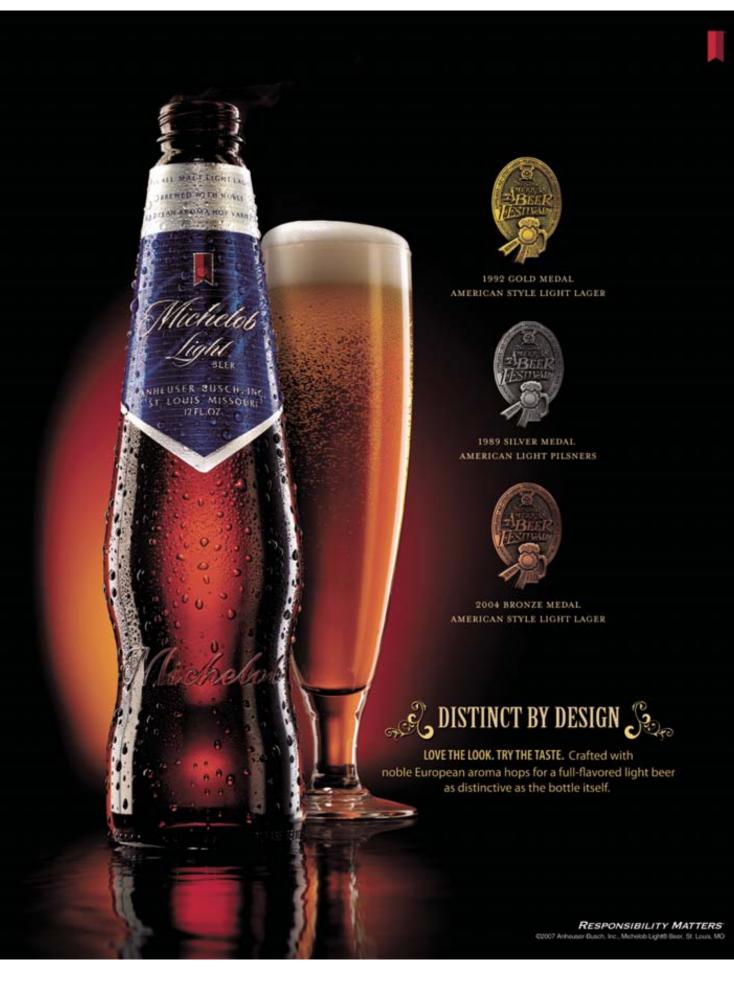








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#### **FASHION, Continued from Page 16**

season. These traditional one-piece suits get modernized with plunging necklines, embellishments and halter ties. If you're bottom-heavy, go for maillots in dark, matte colors or with detail along the bustline to draw the eye upward.



Black halter maillot with ring detail – by Lenny

Details, details, details. Appliqués, bows, buckles, crochet, embroidery, lace, ruching and ruffles accent the summer's hottest swimsuits, and beads, stones and various other ornaments dangle from string ties and O-rings. These embellishments instantly grab attention, so be mindful of their placement when choosing a suit.

Be bold! **Bright colors**, including sunny oranges and yellows, comple-

ment tanned and darker skin tones. However, if you want to play it safe, go for white-hot styles. And for the fair-skinned, classic black is always a best bet.

Retro- and vintage-inspired swim-



Multicolor, retro print "Acapulco" maillot – by Milly



Pink and orange dot print mini skirt and multicolor "Acapulco" mini skirt with bows – by Milly

**suits**, featuring psychedelic swirls and polka dots, look fabulous in both full-coverage and itsy-bitsy styles.

Allover patterns keep the eye from focusing on any one spot, so select swimwear in these prints to divert attention away from problem areas.

To maximize your fabulousness when laying by the pool or on the beach, be sure your swimsuit fits snugly all over. It seems simple, but we've all seen what can happen when the wrong size is selected. To get the best fit, start with a larger size than you might normally choose and work your way down.

Most importantly, don't forget to protect yourself – sunscreen is summer's most essential accessory. Cute coverups like sarongs, tunics and matching mini skirts also help shield the sun's

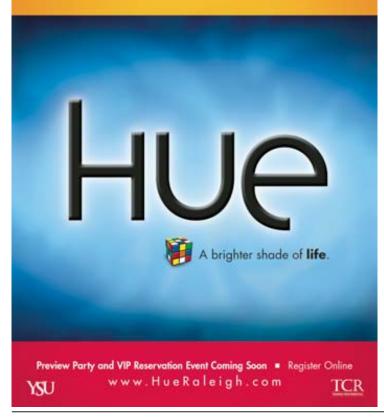


Green and brown dot print "Trista" gathered tunic – by Milly

rays - and help you easily transition from surf to turf.

The swimsuits featured on this page are available at Uniquities Mix in North

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## fashion

## Soaking Up the Sun in Style

By Alyssa Willard

pring has h a r d l y s p r u n g, and summer temps are already upon us. With the warmer weather, pools across the Triangle

are opening, and sunbathers are heading to the beautiful North Carolina coast to relax away the hours on the beach.

If you're anything like me, it becomes increasingly hard to focus during these sun-filled days. I find myself daydreaming about laying on a lounge chair with drink in hand, where the only work I'm doing is on my tan. However, then the harsh reality hits that 1) I'm in the office, 2) the weekend is an eternity away and 3) I have yet to begin this year's search for the perfect swimsuit.

To help with the hunt, here's what's hot – and most flattering – in swimwear for 2007:

Pick a 'kini...any 'kini. Whether a tankini (bikini with a longer, tank-style top), hankini (tankini-style top with handkerchief hem), bandini (bikini with a bandeau-style top) or monokini (bikini with top and bottom pieces connected, or a one-piece with large cutouts), you can't go wrong this season with the 'kini. And – as always – string bikinis remain in style.



Blue and green print "Monaco" cinched bandini - by Milly

In the right fit, **tankinis** are great for most body types and especially for women with long torsos (the horizontal break in coverage helps the body look more proportional).

**Bandinis** are wonderful for minimizing a full bust, so small-chested women should avoid these suits because of their flattening effect.



Blue halter top and ring brief – by Shoshanna

Monokinis are super-sexy (i.e. designed for fashion, not function) and perfect for women with hourglass figures; however, forgo this style if you don't want unusual tan lines (also note: in European countries, a monokini refers to a bikini bottom worn topless!).

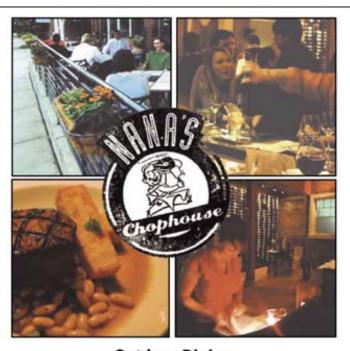


Blue halter maillot - by Lenny

The ever-popular **triangle-top string bikini** enhances small busts, and choosing tops with light padding and/or underwires helps provide shape and fullness.

Maillots are also making a splash this

Continued on Page 17



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= Performing Arts

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= History

#### ON STAGE CALENDAR

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#### 25-29 April



**High School Musical** Presented by North Carolina Theatre's Kids on Broadway, Broadway Series South Theatre and Wake County **Public Schools** 

Over New Years break, basketball allstar, Troy, and book worm, Gabriella, meet while singing karaoke together. It doesn't take them long to discover their mutual love for music even though their extracurricular activities make them worlds apart. When school starts back they both decide to audition for the upcoming high school musical but neither of them imagined the uproar they would cause and how they would turn their school upside down! This show is perfect for the whole family and teaches the important message of "being true to yourself."

Tickets on sale now! Reserved seats available for NCT season ticket hold-

Wednesday, April 25: 8pm Thursday, April 26: 10:30am, 8pm Friday, April 27: 10:30am, 8pm Saturday, April 28: 11:30am, 3pm, 8pm Sunday, April 29: 2pm and 7pm www.nctheatre.com

#### 1-6 May



Legends! Legenus: Broadway Series South

Starring Joan Collins and Linda Evans LEGENDS! is a comedy by Tonyaward winning author, James Kirkwood (author of A Chorus Line), centers on two somewhat desperate and waning movie stars named Sylvia (Joan Collins) and Leatrice (Linda Evans). Both actresses are courted by an unscrupulous young producer to star together in a Broadway show, despite the fact that they have hated each other for decades. He convinces both ladies to go along by misleading them into believing that they will be starring in the show with Paul Newman.

Tues-Fri 8:00 pm, Sat 2:00 pm, 8:00 pm Sun 2:00 pm, 7:00 pm www.broadwayseriessouth.com

#### 12-20 May



North Carolina Theatre

Rydell High's spirited class of 1959 is back with its hot-rod loving boys and their "think pink" ladies. Beloved favorite tunes such as "Summer Nights," "We Go Together" and "Greased Lightnin" will make you remember why Grease...is the word. Saturday, May 12: 8pm Sunday, May 13: 2pm

Tues-Fri, May 15-18: 8pm Saturday, May 19: 2pm and 8pm Sunday, May 20: 2pm and 7pm www.nctheatre.com

#### 29 May- 3 June



Continued on Page 20

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Lunch & Learn

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12:00pm

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5.15.07 Happy Hour Event

Big Easy

5:00-7:00pm

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5.18.07 Biker's Breakfast

Fayetteville St. 7:00-10:00















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#### BLUE MARTINI MUSIC CALENDAR

Wed. Apr 25- Voodoo Flute Thu. Apr 26- Chop Shop

Fri. Apr 27- Robbie Reid

Sat. Apr 28- Fat Daddy Band Sun. Apr 29- Open Blues Jam

Mon. Apr 30- Russ Thompson Tue. May 1- Open Mic Night Wed. May 2- Voodoo Flute

Thu. May 3- Big Rick Fri. May 4- Skeeter Brandon

Sat. May 5- Chop Shop Sun. May 6- Open Blues Jam

Mon. May 7- Russ Thompson

Tue. May 8- Open Mic Night Wed. May 9- Voodoo Flute

Thu. May 10- Electric Church

Fri. May 11- Josh Preslar Band Sat. May 12- Big Rick

Sun. May 13- Open Blues Jam

Mon. May 14- Russ Thompson Tue. May 15- Open Mic Night

Wed. May 16- Voodoo Flute

Thu. May 17- Prime Rib Blues Band Fri. May 18- The Heaters

Sat. May 19- Tad Walters

Sun. May 20- Open Blues Jam

#### **Continued from Page 19**

#### **SWEET CHARITY** Broadway Series South

Starring Molly Ringwald.

Sweet Charity is a quirky, romantic, urban musical comedy about a dance hall hostess with a heart of gold. It includes such songs like "Big Spender," "If My Friends Could See Me Now," "Where Am I Going?" and "There's Gotta Be Something Better Than This." The Neil Simon-Cy Coleman-Dorothy Fields show from 1966 was a triumph for creator-director-choreographer Bob Fosse and actress Gwen Verdon. The 1969 film starred Shirley MacLaine as the innocent Charity.

Tuesda-Saturday 8pm Sunday 7pm Saturday, Sunday 2pm

#### **MULTIPLE DAY EVENTS**

#### April - October



Moore Square Farmer's Market Downtown Raleigh

Every Wednesday 10:30am-2pm The market, which will take place every Wednesday from 10:30am until 2:00pm from April through October, is located in downtown Raleigh under the oak trees in Moore Square near Blount Street and the City Market

#### 17 March - 28 April



ArtSpace Exhibitions
Gallery 1: Thomas Kerrigan & Mike Lavine, A Sense of Place, through March 3; New Works through April 28

#### 15 April - 8 July



Temples and Tombs: Treasures of Egyptian Art from The British Museum - NC Art Museum

Temples and Tombs will present 85 renowned masterworks and seldomseen treasures from The British Museum's exceptional collection of ancient Egyptian art. Sculpture, relief, papyri, jewelry and cosmetic implements, as well as funerary items in a variety of media, will provide a glimpse of more than 3,000 years of Egyptian history, from the Old Kingdom's Third Dynasty (ca. 2686 BC) to the Roman occupation of the fourth century AD.

Tickets: Regular admission, \$10; Students, seniors, groups of 10 or more, \$8; Children 6 and under, free www.ncartmuseum.org (919) 839-6262

Box Office: (919) 715-5923

#### **DAILY EVENTS**

#### 25 April ~ Wednesday

Educational Concerts
North Caroline Symphony 10:30 a.m. at Meymandi Concert Hall

#### 26 April ~ Thursday

Grant Llewellyn & Jennifer Chang
North Caroline Symphony 8:00 p.m. at Meymandi Concert Hall

#### 27 April ~ Friday

North Carolina Wind Orchestra 8:00 p.m. Meymandi Concert Hall

#### 28 April ~ Saturday

Low Country Boil Loaves and Fishes 3:00-7:00 p.m. at Tara Farms (715 Newton Rd)

This year's event celebrates 25 years that Loaves and Fishes has served the children of Southeast Raleigh, providing academic enrichment and family support for those children who need extra help to reach their potential and succeed. Every year, our Low Country Boil provides much needed financial support to continue our efforts on behalf of these children. The event includes live music, children's events, fabulous auction items, Moe's Southwest Grill, and Low Country Boil Fare

www.loavesandfisheschildren.org

#### 29 April ~ Sunday

Educational Concerts **North Caroline Symphony** 10:30 a.m. at Meymandi Concert Hall

Pacifica Quartet with Wu Han Pacifica quanto Guild

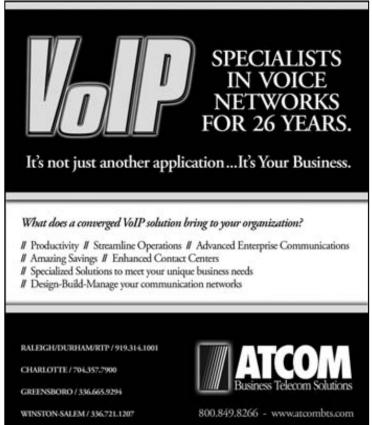
Fletcher Opera Theater www.progressenergycenter.org

#### 1 May ~ Tuesday



Artspace Paints Fayetteville Street

**Continued on Page 21** 





#### **Continued from Page 20**

2:00-6:00pm

Come outside and get inspired! On Saturday, April 21st from 2:00-6:00 PM come downtown and experience the creative energy of Artspace on Favetteville Street.

Artspace paints the town with over 30 artists working outside and displaying their finest new work. Catch a glimpse of local celebrities as they have their portraits painted. Enjoy an art filled afternoon with live music, a wine tasting, art activities for children, and some great local art and food. Bring the family and immerse yourself in an exciting afternoon filled with creativity!

Artspace Paints Fayetteville Street will take place on Fayetteville Street between Davie and Hargett Streets. For more information call Artspace at 919.821.2787

#### 5 May ~ Saturday

8th Annual K9-3K Dog Walk and Senior Dog 1/2 K Walk To Save Lives:

Celebrating 40 Years of Saving **Animal Lives** 

Moore Square Downtown Raleigh

- · 2:00 pm Festivities Start
- 4:00 pm 3K Walk through downtown Raleigh
- 4:15 pm 1/2 K Senior Dog Walk sponsored by Falls Pointe Animal Hospital, Oberlin Animal Hospital & Glenwood Animal Hospital
- 5:30 pm-9:00 pm Bark After Dark presented by Michelob Ultra in City Market and continues the celebration in City Market with live music, beer and food. And the best part? This street party is open to the DOGS as well as their owners.

Minimum Fundraising Amount, Individual Registration Fee:

- Adults: \$30
- Children (8-16 years old): \$20
- No minimum for children age 7 and under.
- Family Pack (family of 4 or more): \$30 first two adults, \$10 each additional family member

Other donation options are available as a virtual walker or as a member of the cheering section via the online registra-

www.spcawake.org/dogwalk\_2007.html

#### 8 May ~ Tuesday

Triangle Youth Orchestra & **Symphony Spring Concert Philharmonic Association** 

7:00 at Meymandi Concert Hall www.philharmonic-association.org

#### 11 May ~ Friday

Friday Favo....
N.C. Symphony Friday Favorites Raleigh

11:30 a.m. at Meymandi Concert Hall www.ncsymphony.org

#### 12 May ~ Saturday



Superstar Bernadette Peters Supersian Donne

7:00 p.m. at Meymandi Concert Hall Tony Award-winning actress Bernadette Peters has dazzled audiences on Broadway, on television, in concert and in the recording studio. Her portrayal of Mama Rose in the record-breaking Broadway revival of Gypsy was electrifying. Buy tickets early for this sure-tosell-out concert!

For more information about the NC Symphony, visit: www.ncsymphony.org or call 919-733-2750

#### Triangle Brass Band w/Jim Miller 8:00 p.m. at Fletcher Opera

Theater www.trianglebrass.org

#### 17 May ~ Thursday

**Hue Preview Party** 

Blue Martini, 116 N. West Street 6pm-10pm FREE Discover your solution for Downtown Living. Get to know Hue while enjoying food, drinks and live music www.HueRaleigh.com

#### 19 May ~ Saturday

The Music of Pink Floyd - A Rock Symphony N.C. Symphony

Sat 8:00 p.m. Meymandi Concert Hall www.ncsymphony.org

#### **Downtown Raleigh Home Tour**

Hosted by the Raleigh Urban Design Center, Moore Square 11am - 5pm

You'll receive a tour package and map. Then on May 19, follow the Self-guided tour to see the diversity of Raleigh's urban living options. www.raleighdowntownliving.com

ARTSPLOSURE MAY 19 & 20, 2007 SAT: 11am-7pm - SUN: 11am-6pm

In and around Moore Square, Downtown Raleigh, For more info call 919,990.1158 . To volunteer call 919,832,8699 or visit www.artsplosure.org

Sponsored by: Progress Energy, WRAL TV 5/Mix 101.5, Time Warner Cable, The News & Observer, WakeMed, Sunkist, Target, City of Raleigh, City of Raleigh Arts Commission, NC Arts Council, United Arts Council of Raleigh and Wake County

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www.loavesandfisheschildren.org

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#### GREAT DOWNTOWN RENTAL OPPORTUNITIES

Several wonderful rental properties are available in the Downtown area from \$875 to \$1500 / month. Please call Maria at The Glenwood Agency at 919-828-0077 or visit anneabell.com

#### PENTHOUSE PARAMOUNT CONDO



Just yards from the heart of Glenwood South. Hardwood floors, GE Profile appliances, 12ft ceilings, 8ft doors, granite and tile, huge WICs, pool/ patio with arbor & grills, fitness room, game room lounge, 2 covered parking spaces w/storage rm, custom Hunter-Douglas blinds, more!!! \$525,000. Offered by Jason Miller, McNamara Properties, 919-332-1663 www.mcnamaraproperties.net

#### OFFICE SPACE FOR RENT GLENWOOD SOUTH

Downtown Raleigh / Glenwood South - Office for Rent! 6 offices in Building; 10ft. ceilings; 211 N. Boylan Ave. Hardwoods and Fresh paint. Adorable! 1500 sq. ft.; \$2200/month Call The Glenwood Agency 919-828-0077

#### 150 ST. MARY'S - NEAR THE BOYLAN HEIGHTS DISTRICT

2 BR, 2.5 BA Townhouse. Lovely 2-story floor plan with generous space. Private patio in rear. Contact Maria at The \$1350/month Glenwood Agency. 919-828-0077

#### WALK TO 5 POINTS



210 E. Aycock St. Great location. Built 1946. MBR Suite w/ sunroom. Hardwoods throughout. 3BR/2BA Pictures & Floorplans at www.peterRumsey.com Peter at Prudential 971-4118

#### GLENWOOD SOUTH CONDO FOR SALE

Decadent 2bed/2.5bath just stories above the amazing nightlife of Glenwood South! Great kitchen, HUGE bedrooms, entertainment space! The Glenwood Agency at 919-828-0077

#### PARKER BUNGALOWS



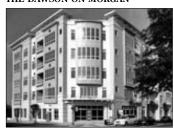
Cameron Village Area: 3 Custom craftsman style homes for pre-sale. Starting at \$525,000. Peter 971-4118 & Debra 349-0918 at Prudential

www.peterRumsey.com www.DebraSmith.com

#### DOWNTOWN BOUND?

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**Continued on Page 24** 





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Bloomsbury Estates, new condos adjoining historic neighborhood with dramatic skyline views, Melissa Simpson, 919.582.1709

Hudson, luxurious urban downtown condos, Jewell Parker, 919,582,1745

RBC Plaza Condos, unprecedented living in downtown Raleigh's tallest building, Jackie Savage and Neal Hussey, 919.227.7323

The Village at Pilot Mill, single family homes from \$350K, John Butler, 919.838.5050

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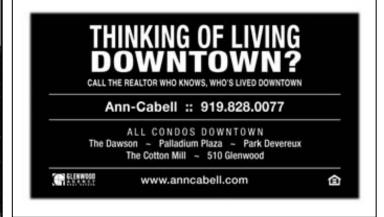
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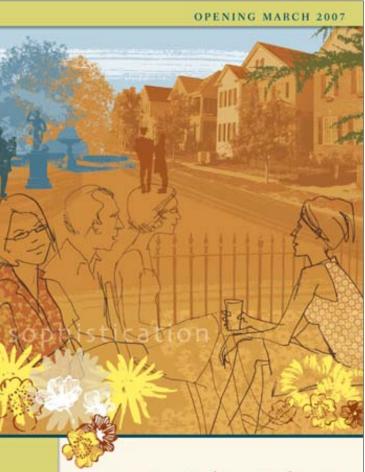
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## TRAVEL: 1950s Simplistic Retro

## The Beach Getaway That Time Forgot



n Salter Path on Bogue Banks, about midway between Atlantic Beach and Emerald Isle on Highway 58, sits a motel that time seemingly has forgotten. The feel of the place is decidedly 50s-60s, a friendly "mom and pop" (owned and operated by Peggy and William Smith) with legions of devoted fans drawn to a motel that isn't linked to a chain, that has the charm of the motels that use to dot roadsides several decades ago that appealed to the individualist.

Writing so much about pet-friendly motels and hotels, I have stayed in many high-rise budget "centers of hospitality." After investigating guest comments I have concluded both through those comments and also from my own experience that sometimes bed linens are not changed (can you believe that?!) when the room is rerented. Whether this is a planned economy move on the part of management or laziness of the housekeeping staff I can't say. But at William and Garland, Peggy cleans all the rooms herself and they are spanking clean. I used to fault most Americans for being so clean-minded, meaning cleanliness in a restaurant, for example, is far more important to most Americans than the food or service whereas in Europe it's just the opposite. This is why chains flourish in this country: we know what to expect, so the local dive is best left alone; let's head to

Wendy's! Ugh! But when it comes to motel/hotel rooms, chains, usually on the "economy" level, don't guarantee cleanliness, I hate to report. But I have come to treasure William and Garland both for affordability and cleanliness. The motel is located on the beach side of Hwy. 58 but isn't beach front: you'll have a lengthy stroll along a beautiful nature walk to the beach (one of the few downsides). However there is a public access in Pine Knoll Shores close to Salter Path, once the location of the famous Iron Steamer Pier, that is particularly good if you're handicapped. At this public access, the beach is a short walk from the parking area, and you don't have to climb any hills. Plus Salter Path has a slew of restaurants: high on my list, right next door to William and Garland, is the Big Oak Drive-In which offers the best shrimpburger on the coast!

About the rooms, from the motel website (http://wgmotel.hypermart.net): "We offer traditional motel rooms, efficiency rooms, and (efficiency) mobile home rentals. In addition, all rooms are equipped with refrigerators, microwaves, and cable TV. Our guests are near the beach with access via a beautiful nature trail walkway and we accept clean, quiet pets for the nominal fee of \$5 per pet per night. Best of all, you won't find lower rates on Emerald Isle, either in-season (Memorial Day to Labor Day) or off-season!" William and Garland Motel: a retro get-away that has great appeal. I liked this place. For more information go to web site or call 252-247-3733.





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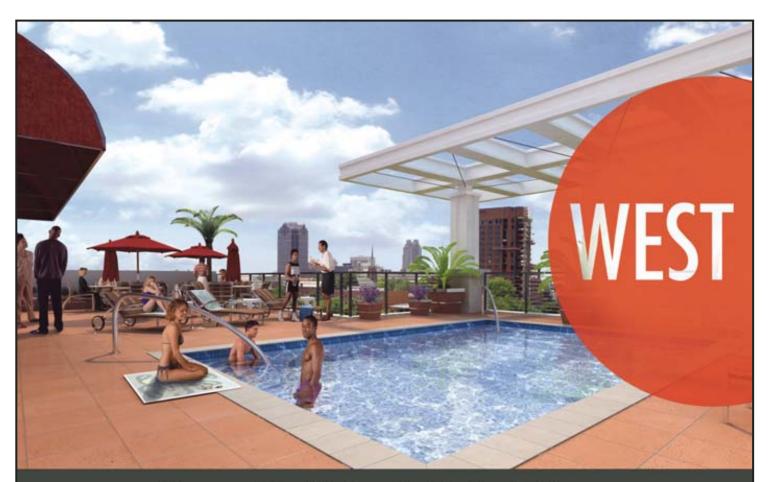
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